



You watch my back...I'll watch yours!

Smooth Moves Champion Role

Smooth Moves Champions are selected for their leadership qualities, their commitment to their colleagues and their dedication to keeping themselves, their coworkers and their patients safe. It is an honor to be selected as a Smooth Moves Champion!

Champions are trained to:

- Be a role model for coworkers for their safe practices
- Recognize and communicate the importance of back injury prevention
- Assess patients' handling needs and select the appropriate method of handling
- Use equipment competently in a variety of patient handling situations
- Communicate with their coworkers, managers, and Occupational Health professionals about the program
- Train coworkers in the proper use of patient handling equipment and perform skills check off.

Responsibilities of the Smooth Moves Champion:

- Train coworkers who did not attend a training class, performing skills check on each piece of equipment on the unit.
- Make sure Smooth Moves is discussed regularly at staff meetings and unit board meetings, and communicate feedback, questions and suggestions to the Smooth Moves nurse at Occupational Health.
- Prevent injuries - Speak up if you see a coworker about to try an unsafe lift or transfer, and help them to use the equipment appropriately
- Congratulate coworkers for making safe transfers and lifts
- Communicate with Apparatus immediately if any piece of equipment is not functioning properly
- Contact linen services if your linens are not returned from laundry in a timely fashion