# Stone Fruit, Tomato, and Cucumber Salad

#### Serves 6

## **Ingredients:**

2 small peaches, pitted and diced

2 large plums, pitted and diced

1 stalk celery, sliced

1 cup cherry tomatoes, halved

1 cup cherries, pitted and halved

½ English cucumber, diced

1/4 serrano pepper, very thinly sliced, or to taste

½ teaspoon salt

¼ teaspoon black pepper

2 tablespoons olive oil

1 teaspoon apple cider vinegar

2 tablespoons chopped fresh mint or chives



### **Directions:**

- 1. In a large bowl, combine peaches, plums, celery, tomatoes, cherries, cucumber, and serrano pepper.
- 2. Season with salt, pepper and gently stir.
- 3. Drizzle in olive oil, vinegar, and add the herbs.
- 4. Add more salt and pepper to taste.

## Nutrition Information per serving (1/6 recipe):

Calories: 86, Total Fat: 4.6g, Saturated Fat: 0.6g, Unsaturated Fat: 4g, Cholesterol: 0mg, Sodium: 23mg,

Carbohydrate 11g, Fiber: 2g, Sugar: 9.1g, Added sugar: 0g, Protein: 1.3g

SOURCE: https://www.simplyrecipes.com/summer-stone-fruit-tomato-and-cucumber-salad-recipe-5203447



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