



Heart Month

Join Health Plus for Count on Your Heart Events

Know Your Numbers

Have your blood pressure, height, weight, and body mass index checked at locations on and off the Vanderbilt Campus. Participants during the month of February will be entered into a prize drawing!

Winners will choose one of the following prizes:

Fitbit Versa Lite



Cuisinart Compact Juice
Extractor



ArtNaturals Sound Machine & Essential Oil Diffuser
with Mindfulness Cards

