

Vanderbilt Fatigue Scale-Child (VFS-C)

This scale is designed to assess listening-related fatigue in children.

Sometimes people feel tired from listening and trying to understand. We would like to know how you feel when you listen in different places.

Please read each sentence and circle the SINGLE response that best describes how often you feel or act that way in a typical WEEK.

ITEM	NEVER	RARELY	SOMETIMES	OFTEN	ALMOST ALWAYS
1. I want to “zone out” in very noisy places.	0	1	2	3	4
2. It is hard for me to concentrate when lots of people are talking.	0	1	2	3	4
3. My brain gets tired after listening all day.	0	1	2	3	4
4. I get worn out from listening at school.	0	1	2	3	4
5. Trying to listen at school stresses me out.	0	1	2	3	4
6. I use a lot of energy trying to listen in class.	0	1	2	3	4
7. I want to go to sleep after a long day of listening.	0	1	2	3	4
8. I give up trying to listen when I get tired.	0	1	2	3	4
9. I get so tired from listening that I don’t want to do anything else.	0	1	2	3	4
10. I feel worn out when I have to listen carefully.	0	1	2	3	4

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Scoring information

Summed Scoring

VFS-C Total Score: To calculate a score simply sum the responses to each item. VFS-C Total scores can range from 0 to 40.

Item Response Theory (IRT) Scoring

We are currently developing R code to allow for IRT scoring of data sets. Once completed the code will be available for free download.