

THINGS TO DO DURING SOUTHEASTERN IMMUNOLOGY SYMPOSIUM 2023 - Nashville

Nashville is a vibrant city and we hope you are able to explore a bit outside of the conference!

All distance & commute estimations are from the conference building: VU [Student Life Center](#)

310 25th Ave S, Nashville, TN 37240

Food and Drink

Early Breakfast/Coffee

- Three Brothers Coffee (\$) (coffee & light breakfast, [0.5 mi / walking distance](#))
- Pancake Pantry (\$) (popular breakfast spot with multiple celebrity sightings; [0.8 mi / walking distance](#))
- Biscuit Love Hillsboro Village (\$) ([0.9 mi / walking distance](#))
- Fido (\$) (coffee & brunch [0.9 mi / walking distance](#))
- Barista Parlor Hillsboro Village (\$) (coffee & pastries [0.9 mi / walking distance](#))
- Frothy Monkey (\$) (coffee & breakfast; multiple locations; original [2.3 mi from campus](#))
- Steadfast Coffee (\$) ([4.2 mi drive](#))

Lunch/Dinner

- Hattie B's Hot Chicken (\$) (famous Nashville Hot Chicken. multiple locations; [Midtown is within walking distance](#))
- Grilled Cheeserie (\$) ([0.9 mi / walking distance](#))
- Bombay Palace (\$) ([0.6 mi / walking distance](#) / Indian / great for takeout!)
- Mas Tacos Por Favor (\$, Guy Fieri-approved cuisine) ([6.6 mi / 15 min drive](#))
- Slim and Husky's Pizza (\$) ([1.1 mi / walking distance](#))
- Hawker's Asian Street Food (\$) ([4.2 mi / 13 min drive](#))
- Five Points Pizza (\$) (two locations: [West](#) and [East](#))
- Emmy Squared Pizza: The Gulch (\$) (who doesn't love Pizza? [1.9 mi](#))
- Barcelona Wine Bar (\$\$) (Tapas & wine, [1.6 mi](#))
- Butcher and Bee (\$\$-\$\$\$) (Mediterranean, [6.0 mi drive](#))
- 5th and Taylor (\$\$\$) (New American, [4.2 mi drive](#))
- Once Upon a Time in France (\$\$\$) ([7.7 mi drive](#))
- The Standard (\$\$\$) (Steakhouse, [1.1 mi](#))

Breweries/Cocktails

- Patterson House (\$\$) (speakeasy with craft cocktails; [1.2 mi walk / drive](#))
- Tailgate Music Row (\$) (wide variety of beers & good pizza [1.8 mi walk / drive](#))
- Bearded Iris Brewing (\$) (two locations; Sylvan Supply is [2.6 mi drive](#) with subdued vibe)
- Monday Night Preservation Co ([4.8 mi drive](#))
- Old Glory (\$) (speakeasy [1.6 mi from campus](#). Look closely to find the entrance!)
- Fat Bottom Brewing ([3.7 mi drive](#))
- Von Elrod's Beer Hall and Kitchen ([3.2 mi drive](#))

Miscellaneous/Confections

- Five Daughters Bakery 12 South (\$ delicious over-the-top donuts) ([2.2 mi drive](#))

Shopping

- 21st Ave/Hillsboro Boutiques (0.9 mi / walking distance)
- 12 South Boutiques (2.2 mi drive)
- [Green Hills Mall](#) (\$-\$\$\$) (3.4 mi drive from Student Life Center)
- [Opry Mills Mall](#) (\$-\$) (13.0 mi drive from Student Life Center)

Recreation &/or Relaxation

- [Radnor Lake State Park](#) (free, 6.7 mi drive)
- [Percy & Edwin Warner Parks](#) (paved and unpaved trails) (9.0 mi / 20 min drive)
- [Shelby Bottoms Nature Center & Greenway](#) (6.7 mi / 16 min drive)
- McCabe Park & Richland Creek Greenway (golf course and ~2.5 mi paved trail loop) (2.3 mi / 7 min drive)
- [Tee Line](#) (\$) (Curling, Bowling, and food/drink!) (5.0 mi / 13 min drive)
- [Bad Axe Throwing](#) (\$) (2.6 mi / 9 min drive)

Nightlife

- Honky-tonks [on Broadway](#): Busy at all hours, but fun to walk around during the day as well.
- East Nashville/Germantown Bars/Cocktail lounges
- We are famous for our bountiful live music! Venues include Rudy's Jazz Room, The Station Inn, EXIT/IN, and The Basement (see below section)
- For additional information about happy hours and neighborhood-specific compilations of bars, we recommend <https://nashvilleguru.com/>

Cultural/Entertainment

- [Ryman Auditorium](#) (\$ [tours](#), and pending their schedule, perhaps [a show](#) \$\$) (2.2 mi drive)
- [The Station Inn](#) (\$ tickets at the door. show at 8:00PM – bona fide Bluegrass!) (1.9 mi)
- [Rudy's Jazz Room](#) (\$-\$ tickets in advance or at door) (2.3 mi drive)
- [EXIT/IN](#) (\$-\$) (0.7 mi / walking distance)
- [The Basement](#) (\$-\$ indie, standing only) (2.2 mi drive)
- [Brooklyn Bowl Nashville](#) (\$-\$ bowling, food, and a show) (3.2 mi drive)
- [National Museum of African American Music](#) (\$ student tickets available) (2.2 mi drive)
- [Frist Art Museum](#) (\$) (1.8 mi drive)
- [Country Music Hall of Fame and Museum](#) (\$\$) (2.3 mi drive)
- [Johnny Cash Museum](#) (\$\$) (2.3 mi drive)
- [Belcourt Historic Theater](#) (\$) (0.9 mi; walking distance)

Tourist/Historical Attractions

- The Parthenon/Centennial Park (free except for [tours of the interior](#)) ([0.8 mi/15 min walk from Student Life Center](#))
 - [Musician's Corner](#) is a free live music festival in the park if arriving in town early (June 10)
- [Nashville Capitol & Bicentennial Mall State Park](#) (free, adjacent to the [Nashville Farmer's Market](#) & [Tennessee State Museum](#)) ([3.1 mi drive](#))
- [Bus Tours of Nashville](#) (\$ for the folks who want to see it all in an hour) ([2.4 mi/10 min drive from Student Life Center](#))
- [Cheekwood Botanical Gardens & Estate](#) (\$) ([6.8 mi/19 min drive](#))
- Great views of the city rich in Civil War history:
 - [Fort Negley](#) (free, [2.7 mi drive](#))
 - [Love Circle Park](#) (free, [1.3 mi / walking distance](#))

Murals

- [Nashville WhatLiftsYou Wings Mural](#) and accompanying murals in The Gulch neighborhood
- [I Believe in Nashville Mural](#) and accompanying murals in the 12 South neighborhood

Neighborhoods of Interest: Additional information about these regions, events, and happy hours can be found on <https://nashvilleguru.com/>

[The Gulch](#)

[12 South](#)

[East Nashville](#)

[Germantown](#)

[Music Row](#)

[Edgehill](#)

[Midtown](#)

[The Nations](#)