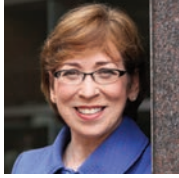


NURSING

VANDERBILT UNIVERSITY
MEDICAL CENTER

Transforming patient care through professional practice

January 2023



A newsletter from the office of the Executive Chief Nursing Officer

Marilyn Dubree, MSN, RN, NE-BC, FAAN

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KRAUSE RETIRING FROM MONROE CARELL

After nearly four decades of service to children and families, Kathie Krause, MSN, RN, NNP-BC, NEA-BC, Chief Nursing Officer for Monroe Carell Jr. Children’s Hospital at Vanderbilt, is set to retire.

Krause became CNO of Monroe Carell in 2015, which marked a return to Vanderbilt, where her career began, or as she likes to say, the place where she “grew up.” She first worked as a neonatal intensive care nurse from 1984 to 1991, leaving as other nursing opportunities arose before her return to Monroe Carell 24 years later.

“When I started my career as a NICU nurse here in 1984, I never thought I’d leave. And when I left, I never planned to come back. But when I returned to Monroe Carell, I knew I’d never leave again,” Krause said.

“And now here I am, leaving the place that first taught me to be a nurse, shaped by the people who taught me the value of teamwork, collaboration, leadership and a curiosity to learn, and helped me turn a passion for patients and those who care for them into an amazing and satisfying career. For that, I will forever be grateful to Vanderbilt University Medical Center and Monroe Carell.”

Krause will remain in her role until a successor is named following a

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Happy New Year, everyone! I hope 2023 is off to a great start for everyone.

In this issue, please read about our latest group of recipients of The DAISY Awards. These remarkable nurses in every corner of our organization never fail to be an inspiration to me. Please join me in congratulating them.

Lastly, in this issue, we want to wish a very happy retirement to Kathie Krause, our stellar chief nursing officer for Monroe Carell Jr. Children’s Hospital at Vanderbilt. Kathie

will not be leaving us until her successor is named, so we don’t have to say goodbye right away. Kathie has overseen a major expansion of Monroe Carell and two of the hospital’s four Magnet recognitions. She has been an indispensable leader and we will all miss her very much. Please read more about her above.

Enjoy this issue,

national search, currently underway.

“In her two tours of duty at Vanderbilt, Kathie has been passionate about constantly improving the care of our youngest patients and their families,” said Marilyn Dubree, MSN, RN, NE-BC, FAAN, Executive Chief Nursing Officer for Vanderbilt University Medical Center. “Leading by example, she has elevated nursing practice at Monroe Carell. It has been such a pleasure to be her colleague, and I wish her the very best in all of her next adventures.”

A native of Cleveland, Ohio, Krause’s passion for nursing stemmed from watching her aunt, a now-retired nurse, prepare for shifts at a local hospital. Deciding she wanted to pursue nursing too, she chose to attend nearby Kent State University to earn a Bachelor of Science in Nursing.

It was following a tour of a neonatal intensive care unit where Krause witnessed tiny infants fighting for lives that she found a passion for caring for children.

After graduation in 1984, she moved to Nashville, where her parents had relocated, and began working as a NICU nurse at VUMC, when the pediatric hospital consisted of three floors inside the adult



Krause

hospital. Krause became part of a groundbreaking team, one of eight people who would embark on establishing Vanderbilt’s first pediatric extracorporeal membrane oxygenation (ECMO) program — now one of the most well-regarded ECMO programs in the world. While at Vanderbilt, she also earned a Master of Science in Nursing from the School of Nursing in 1992.

Since returning to Vanderbilt, Krause has built a nursing department focused on putting the needs of children and families at the center of the care and nursing practices.

Additionally, she has prioritized creating the infrastructure to encourage and support professional development of staff and leaders through further education or clinical advancement, specialty certification, the use of evidence-based practice, and national recognition for their work.

“It has been a true privilege to work with Kathie,” said Meg Rush, MD, MMHC, President of Monroe Carell. “She is passionate about excellence in

patient care and equally committed to advancing the practice of pediatric nursing. I treasure her insight from a quality, education and business perspective.”

As part of the Monroe Carell executive leadership team, Krause has led and guided nursing teams through the hospital’s significant growth and ongoing four-floor expansion.

Additionally, she has seen Monroe Carell through two American Nurses Credentialing Center Magnet review processes, one in 2017, and again with the most recent successful survey that resulted in the fourth Magnet designation.

Another proud accomplishment for Krause was helping secure Monroe Carell’s first facility dog, Squid, in 2020, made possible by the generosity of Mars Petcare.

Krause’s impact and achievements are felt by many, including John Thomas, MD, Chief of Staff for Monroe Carell, who highlighted how she was one of his biggest advocates as he entered that role.

“I have learned and grown so much in my position because of the wisdom and problem-solving skills Kathie has graciously bestowed upon me over the last few years,” he said. “I will miss her very much.”

SPOTLIGHT ON DAISY AWARD RECIPIENTS

Loren Collins Smith, RN

Unit: Medical Intensive Care Unit

Entity: Vanderbilt University Hospital



From the nomination: “My 64-year-old healthy mom went in for a routine outpatient procedure, and started seizing on the table. She stopped breathing, and was intubated/rushed to Vanderbilt in an ambulance. As soon as we arrived, it became extremely clear that everyone suspected a massive stroke or aneurysm, and nobody thought she would make it. ... Enter nurse Loren, a bright light in the middle of the worst nightmare of my family's life. She came in exuding compassion and positivity. ... Loren made the most traumatic 48 hours of my life bearable. I firmly believe she was an imperative part of my mom's turnaround and recovery. She is brave and strong and unbelievably kind, just like my mom. She is a light in the darkness.”



Mitchell Smith, RN

Unit: Surgical Intensive Care Unit

Entity: Vanderbilt University Hospital

From the nomination: “Mitchell was instrumental in resuscitating my mother. He never gave up when the situation was dire and when many would have lost hope. I believe he gave all that he had to give. During the critical time after resuscitation, I do not think he left her side. He did not do this because he was instructed to, but because he chose to. That is the kind of person and professional he is. I truly feel as though the care Mitchell provided to my mother is the same as if she were a member of his own family. When I could not be with my mother, I was comforted knowing Mitchell was with her. I trusted him to give her expert care while being compassionate and supportive.”

Aureata Majors, APRN

Unit: Vanderbilt Health Clinic at Walgreen's - Hart Lane

Entity: Vanderbilt Adult Ambulatory Clinics



From the nomination: “My daughter developed a severe and painful case of swimmer's ear. It was hot, it was Sunday, we were tired and nobody wants to be at a walk-in clinic for urgent care on a hot summer Sunday. Aureata was a beam of light and positivity as soon as she entered the room. Her exam was thorough and responsive. She also brought refreshing humility to the visit, carefully explaining things, including when swimmer's ear would merit a visit to the ER to both my daughter and me. Honestly, my reaction is really to the attitude of caring and interest that Aureata brought in to the exam room that day.”

SPOTLIGHT ON DAISY AWARD RECIPIENTS

Mason Dobson Blatt, LPN

Unit: Medical Infusion Clinic

Entity: Vanderbilt Adult Ambulatory Clinics



From the nomination: The minute Mason called me and my mom back was life-changing. I was shaking like a leaf. Immediately, she put me at ease. She had oil diffusers and mints. She had walls of colorful cartoons. She had the brightest smile. She got me talking and laughing, and the poke was over. ... Over the weeks, I got sicker. She became my strength. I looked forward to seeing her. We became friends. I shared my bucket list for when I got well. She took me on my first plane ride. A ghost hunt. We did karaoke. Things I never would have done. Mason has made me fearless. I'm not afraid of the doctor appointments. I'm not afraid to live."



Beatrice Thompson, LPN

Unit: Vanderbilt Health Walk-in Clinic Cool Springs

Entity: Vanderbilt Adult Ambulatory Clinics

From the nomination: "Beatrice was amazing! I visited the clinic today to receive follow-up testing of my pregnancy hormones. As a momma to three heavenly miscarried babies, I was terrified to walk into the office today for lab work. ... The moment Beatrice opened the door, sweetly called my name, and smiled at me, I knew I was in good hands. It was as if the overwhelming fear and grief began to drain out of me. She lovingly asked questions as we made our way to the treatment room and embraced me with such profound love as I told my story. Sometimes it is hard to describe exactly what makes someone so special and impactful — they just are! Beatrice offered the exact tender kindness I needed and took the time (even on a busy day!) to talk me through my fears and remind me I am not alone."

Jaimie Walsh, RN

Unit: Pediatric Intensive Care Unit

Entity: Monroe Carell Jr. Children's Hospital at Vanderbilt



From the nomination: "My son has been in the PICU for five weeks. He was first admitted with complications from his leukemia treatment. ... She (Jaimie) has truly been unselfish. She has stayed late one-two hours after every shift to transition ... Never once did she complain. One evening as she was doing the handoff she realized that his right chest appeared inflated. She immediately called the resident to come to take a look. She coached (encouraged) the resident to call the attending or fellow to come to take a look. Once they arrive they arrived they quickly performed an ultrasound and uncovered a pneumothorax before it was a problem. She also prevented the RT tech from conducting HIT treatment until we confirmed the diagnosis. Both of these decisions made by Jamie could have saved his life. I will be forever grateful of her training and knowledge to recognize the situation and to quickly act."

SPOTLIGHT ON DAISY AWARD RECIPIENTS

Marianne Broyles, RN

Unit: Adult 4

Entity: Vanderbilt Psychiatric Hospital

From the nomination: “I would like to nominate nurse Marianne from the Adult 4 unit. She made me feel seen and heard and more than that, sincerely cared about. I turned 46 on Thanksgiving day and she made me forget that I was in a psychiatric hospital celebrating my birthday. She was always kind and had a smile on her face and makes you feel like you are not just another patient.”



Chris Aldridge, RN

Unit: Intensive Care Unit

Entity: Vanderbilt Tullahoma-Harton Hospital

From the nomination: “This nurse is special because he holds a gift to help others. The care that I personally saw him give to my father was more than I could express. I was able to leave knowing and believing Chris' words when he would tell me my dad would be OK. He was very forward and most respectful in a way you don't see a lot. I am just thankful for the care that my dad received.”

Holly Bobo, RN

Unit: Intensive Care Unit

Entity: Vanderbilt Bedford County Hospital

From the nomination: “The patient had been confused post-op and cursing at nursing staff, non-combative. Wound care nurses were called for a dressing change per surgeon orders. The patient was unable to assist nurses to roll or turn. The patient had numerous wounds that needed to be assessed, photographed and treated. Holly was ‘the soul of patience’ during the 25 minutes when we worked with the patient. Holly was consoling to the patient, assuring her that we were working quickly. She was both kind and gentle. ... The patient was peaceful and in no distress when all three of us left the patient room. Holly is a joy to work with and has been consistently observed giving her patient the very best care possible. She represents our nursing staff so well.”



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