VANDERBILT VUNIVERSITY MEDICAL CENTER

Transforming patient care through professional practice

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A newsletter from the office of the Executive Chief Nursing Officer

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IN THIS ISSUE

Spotlight on Magnet Site Visit

Spotlight on DAISY Award recipients

Annual VUMC Culture Survey returns in May

FIRST MAGNET SITE VISIT IS COMPLETE

Nurses at Vanderbilt Adult Ambulatory Clinics hosted appraisers from the American Nurses Credentialing Center last month as part of the Fourth Magnet Designation process.

The purpose of the March 28-30 site visit was for the appraisers to confirm and validate the submitted information and culture of the ambulatory clinics by listening to as many nursing and staff members as possible. It is the culmination of more than two years of comprehensive planning and preparation, including the creation of a lengthy, evidence-based Magnet document and education efforts for nurses throughout the clinics.

Operating from a Command Center located at Monroe Carell Jr. Children's Hospital at Vanderbilt, all aspects of the visit were coordinated, from developing a schedule for the appraisers to organizing staff meetings.

The visit marks the first of four site visits. Dates will be announced later for site visits to Vanderbilt University Hospital, Children's Hospital and Vanderbilt Psychiatric Hospital.

Photo gallery, next page.

Happy Spring, everyone! We have just finished the Magnet Site Visit. Appraisers from the American Nurses Credentialing Center were very complimentary of our Adult Ambulatory Clinics. I celebrate all our ambulatory nurses and VUMC team members who made the visit possible. Thank you.

In this issue, please read about our latest group of recipients of The DAISY Awards. It is such an inspiration to read about the remarkable nurses in every corner of our organization. Please join me in congratulating them.

Lastly, this issue has details about our annual VUMC Culture Survey. I invite you to participate, to share your thoughts, concerns and kudos. It is a pleasure to work with all of you.

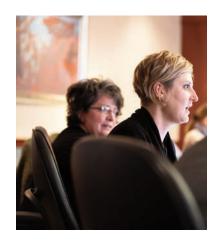
Enjoy this issue,

Marilyn Dubue

SPOTLIGHT ON MAGNET SITE VISIT













SPOTLIGHT ON DAISY AWARD RECIPIENTS

Brittney Baer, BSN, RN Unit: VICC Clinical Trials Entity: Vanderbilt Adult Ambulatory Clinics

From the nomination: "When my stepmom's Non-Hodgkin lymphoma relapsed, she qualified to be a recipient of a CAR-T therapy clinical trial at VICC. Our family met Brittney on the first day as she explained the clinical trial, the impact of CAR-T, and what we could expect as next steps. ... From Day 1, Brittney was our main contact with the most loving heart and the ability to share complex information that we



could all understand. Over the next 2 years, Brittney provided comfort, explanation, coordination of care with the CAR-T team. ... Our family is forever grateful for the beautiful comfort and love she shared."



Tom Cooper, MSN, RN Unit: Intensive Care Unit Entity: Vanderbilt Tullahoma-Harton Hospital

From the nomination: "Tom Cooper assisted on a patient who only spoke Spanish, despite not being his primary nurse. This particular patient was indigent ... and non-English speaking. Tom came repeatedly to comfort the patient and translate for the primary team. The patient had a very serious infection in his foot due to uncontrolled diabetes. At the time of discharge, despite having gotten all of the charity services we could for him, the patient was still left with approximately \$200 in out-of-pocket costs

for his six weeks of antibiotics. Tom Cooper gave the patient \$300 of his own money out of his wallet to help this patient pay for his medications once he left the hospital. This was done without anyone asking him."

Emily Buckingham, BSN, RN Unit: Medical Intensive Care Unit Entity: Vanderbilt University Hospital

From the nomination: "I met Emily that morning and soon found out that I would be chemically sedated and mechanically ventilated for a period of time. It was a busy shift for Emily. I could see it in her purposeful, focused pace. The stride, the eyes forward, the efficiency and the intensity. I've been there, I know that look. Yet, Emily stopped and took time to have some meaningful conversation with me regard



ing my care over the next 48-72 hours. We even discussed a few specific hand gestures, etc. that we might use to communicate. What she may not have realized, I was looking for hesitation in her voice, a twitch of her eyebrow, or pause in her response that might indicate weakness or uncertainty. What I found was an exceptionally strong, compassionate nurse that left me with no doubt that she could and would be the nurse that I needed her to be at any point during this uncertain time."

SPOTLIGHT ON DAISY AWARD RECIPIENTS

Kimberly Kramer, RN Unit: Vanderbilt Center for Women's Health Entity: Vanderbilt Adult Ambulatory Clinics

From the nomination: "I was 37 weeks pregnant and having lots of episodes of sharp pain in my abdomen throughout the day. ... Kim came in and as usual was very attentive. Towards the end of the non stress test, my baby had a significant deceleration. Kim jumped into action and got immediate help. Within minutes they had an ambulance there to take me to the hospital. Thankfully I delivered a healthy baby the next day at VUMC. I cannot express how grateful I am."





Lauren Smith, BSN, RN Unit: Pediatric Cardiac Intensive Care Unit Entity: Monroe Carell Jr. Children's Hospital at Vanderbilt

From the nomination: "One of our long-term patients became very unstable with sepsis and it was ultimately determined that she would not survive. The parents were really struggling and (understandably) having a hard time determining/understanding what the end of their child's life might look like and how they would be a part of it. The child's mother initially did not even want to touch or hold the baby at all. Lauren sat with the mother for hours, listening to her concerns as she expressed her grief, sup-

porting her and gently encouraging her. Ultimately the mother decided to hold the baby before she passed, which was incredibly powerful for the mom. Without Lauren's patience, guidance, understanding and love for both the patient and their family, that memory would not have been made."

Yamri Woldemariam, RN Unit: Labor & Delivery Entity: Vanderbilt University Hospital

From the nomination: "I was in quite a bit of pain from my C-section, and I was worried about my daughter. One of the NICU doctors called to say my daughter was not doing well ... I truly thought I was going to lose my daughter that night. I was inconsolably crying, and Yamri was there to help me through the most challenging, terrifying, and heartbreaking night of my life ... I wanted to go to the NICU but didn't know



how to get there, as I could not walk that far post C-section. Yamri said she would take me herself, and she took me as quickly as she could. ... I had never experienced the compassion that Yamri showed me that night, and I will never forget her kindness. I think of her every day and wish that I could see her again and introduce her to my daughter."

SPOTLIGHT ON DAISY AWARD RECIPIENTS



Candace Yoes, RN Entity: Vanderbilt Bedford County Hospital

From the nomination: "Candace is the most caring and loving nurse. Anybody in the world could ask for her because if you're not happy or comfortable, she will do anything in the world to make sure that you receive the very best care. Right before I had to have my leg amputated, she talked about her daddy who had to have his leg amputated and encouraged me that everything would be OK. I trust her more than any other nurse. And I am so grateful for the care that she has always given me."



WANT TO NOMINATE A NURSE?

Scan the QR code or go to www.VUMCDAISY.com.



ANNUAL VUMC CULTURE SURVEY RETURNS IN MAY

It's time again for the VUMC Culture Survey, which combines three surveys — engagement, the safety culture survey and nursing excellence survey into one.

Based on your role, you will be invited to participate in your part of the survey from May 3-17. The survey includes all entities that make up the organization, including those on campus and all Vanderbilt Health clinics and regional hospitals.

The survey, which is available on your computer or mobile device, is your opportunity to use your voice to share what is working well and what needs to be improved. The survey questions cover areas and topics employees have indicated are important to them.

Engagement is important to VUMC as research shows that engaged employees are more likely to stay in their current jobs and feel they can make a difference, leading to better organizational outcomes. Employee survey results are confidential, and individual responses will not be shared with leadership.

The survey, including the nursing excellence portion, will take about 45 minutes to complete. If you are unable to complete it in one sitting, you can save it and return later. Thank you for your participation.