

## Vanderbilt Care Partner Academy

### Course Calendar

Note: To access skills videos go to <https://www.vumc.org/vanderbilt-nursing/quick-links> . Select Elsevier Clinical Skills (formerly Mosby's). LogIn: Enter your VUMC ID Password: hello

Day	Site	Class Topic	Lab/Clinical
Week #1 – Day #1 Mon.	Light Hall, Main Campu s	Medical Center Orientation	
Week #1 – Day #2 Tue.	3401 West End Ave., Suite 270	Class Rules Professionalis m HIPPA Legal/Ethical Implications Effective Communicati on Diverse Populations Patient Safety	Skills: <ul style="list-style-type: none"> <li>• Effective Communication</li> <li>• Professional Behavior</li> <li>• Privacy</li> </ul>
Week #1 – Day #3 Wed.	3401 West End Ave., Suite 270	Restraints Good Body Mechanics Patient Positioning Safe Patient Handling Pressure Injuries	Video/Skills: <ul style="list-style-type: none"> <li>• Hand hygiene content</li> <li>• Body Mechanics</li> <li>• Body Mechanics -- <a href="https://www.youtube.com/watch?v=Zq97LFOSbVI">https://www.youtube.com/watch?v=Zq97LFOSbVI</a></li> <li>• Smooth Moves Equipment</li> <li>• Gait Belt -- <a href="https://www.youtube.com/watch?v=K2eHYjRN5sY">https://www.youtube.com/watch?v=K2eHYjRN5sY</a></li> <li>• Ambulating the patient -- <a href="https://www.youtube.com/watch?v=q06JnuYhB2Y">https://www.youtube.com/watch?v=q06JnuYhB2Y</a></li> <li>• Turning and Repositioning the Person</li> </ul>

		Personal Hygiene Bed Making Maintaining a Clean Environment	<ul style="list-style-type: none"> <li>• Moving the Person – <a href="https://point-of-care.elsevierperformancemanager.com/skills/670/videos?skillId=GN_14_1B#scrollToTop">Skills: Transfer of Patients: Stretcher to Operating-Room Bed (Perioperative) - CE (elsevierperformancemanager.com)</a></li> <li>• Bathing -- <a href="https://point-of-care.elsevierperformancemanager.com/skills/670/videos?skillId=GN_14_1B#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/670/videos?skillId=GN_14_1B#scrollToTop</a></li> <li>• Bedmaking -- Occupied: <a href="https://point-of-care.elsevierperformancemanager.com/skills/345/videos?skillId=GN_14_6#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/345/videos?skillId=GN_14_6#scrollToTop</a> Unoccupied bed <a href="https://point-of-care.elsevierperformancemanager.com/skills/346/videos?skillId=GN_14_6a#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/346/videos?skillId=GN_14_6a#scrollToTop</a></li> </ul>
Week #1 – Day #4 Thur.	3401 West End Ave., Suite 270	Infection Control/Isolation Nutrition Bowel/Bladder Elimination Sterile Technique Perineal Care Urine Specimen Collection	Video/Skills: <ul style="list-style-type: none"> <li>• Donning/Doffing PPE -- <a href="https://point-of-care.elsevierperformancemanager.com/skills/19404/videos?skillId=AM_105#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/19404/videos?skillId=AM_105#scrollToTop</a></li> <li>• Feeding</li> <li>• Intake/Output</li> <li>• Military Time</li> </ul> Video/Skills: <ul style="list-style-type: none"> <li>• Giving the Bedpan -- <a href="https://point-of-care.elsevierperformancemanager.com/skills/614/videos?skillId=GN_33_1&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/614/videos?skillId=GN_33_1&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>• Giving the Urinal -- <a href="https://point-of-care.elsevierperformancemanager.com/skills/401/videos?skillId=GN_32_1&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/401/videos?skillId=GN_32_1&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>• Helping the Person to the Commode</li> <li>• Applying Incontinence Products</li> </ul> Foley Catheter Insertion/Removal -- Female: <a href="https://point-of-care.elsevierperformancemanager.com/skills/690/videos?skillId=GN_32_2B&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/690/videos?skillId=GN_32_2B&amp;virtualname=vuebl-tnnashville#scrollToTop</a> Male: <a href="https://point-of-care.elsevierperformancemanager.com/skills/689/videos?skillId=GN_32_2A&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/689/videos?skillId=GN_32_2A&amp;virtualname=vuebl-tnnashville#scrollToTop</a>

			<p>Catheter Care: <a href="https://point-of-care.elsevierperformancemanager.com/skills/687/videos?skillId=GN_32_3A&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/687/videos?skillId=GN_32_3A&amp;virtualname=vuebl-tnnashville#scrollToTop</a></p> <ul style="list-style-type: none"> <li>• Sterile Gloving</li> <li>• Catheter Care</li> <li>• Emptying a Urine Drainage Bag</li> <li>• Ostomy Care</li> </ul> <p>Perineal Care -- <a href="https://point-of-care.elsevierperformancemanager.com/skills/342/videos?skillId=GN_14_1a&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/342/videos?skillId=GN_14_1a&amp;virtualname=vuebl-tnnashville#scrollToTop</a></p>
Week #1 – Day #5, Fri.	3401 West End Ave., Suite 270	Vital Signs Oxygenation	<p>Video/Skills:</p> <ul style="list-style-type: none"> <li>• Vital Sign Measurement -- Temperature <a href="https://point-of-care.elsevierperformancemanager.com/skills/19592/videos?skillId=AM_160&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/19592/videos?skillId=AM_160&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>Heart Rate and Pulses <a href="https://point-of-care.elsevierperformancemanager.com/skills/350/videos?skillId=GN_17_2&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/350/videos?skillId=GN_17_2&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>Respirations <a href="https://point-of-care.elsevierperformancemanager.com/skills/19255/videos?skillId=AM_016&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/19255/videos?skillId=AM_016&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>Blood Pressure: <a href="https://point-of-care.elsevierperformancemanager.com/skills/677/videos?skillId=GN_17_5B&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/677/videos?skillId=GN_17_5B&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>Oxygenation <a href="https://point-of-care.elsevierperformancemanager.com/skills/10846/videos?skillId=RC_019&amp;virtualname=vuebl-tnnashville#scrollToTop">https://point-of-care.elsevierperformancemanager.com/skills/10846/videos?skillId=RC_019&amp;virtualname=vuebl-tnnashville#scrollToTop</a></li> <li>• Vital Sign Equipment</li> </ul>

			<ul style="list-style-type: none"> <li>• Applying a Nasal Cannula</li> <li>• Skills Practice</li> </ul>
Week #2, Day #1, Mon.  VUAH ONLY	3401 West End Ave., Suite 270 Heart Saver Suite 100	HeartSaver AED (Groups 1 & 2)  Accuchecks Phlebotomy DC IVs	Skills: <ul style="list-style-type: none"> <li>• Application of heartsaver principles in managing life-threatening situations common in the acute care setting.</li> <li>• Demonstrate proper technique for obtaining an accucheck.</li> <li>• Demonstrate proper technique for peripheral IV removal.</li> <li>• Demonstrate proper technique for obtaining a blood specimen.</li> </ul>
Week #2, Day #2, Tue.	3401 West End Ave., Suite 270	Mock Code  Post-Op Care & Wound Care	Skills: <ul style="list-style-type: none"> <li>• Applying TED Hose and SCDs</li> <li>• Cough and Deep Breathing</li> <li>• Incentive Spirometer</li> <li>• Wound Drains</li> </ul>
Week #2, Day #3, Wed.	2525 West End Ave.,	eSTAR DAY 8:00 – 11:00 Care Partner eStar Modules/Lear ning Exchange Modules eStar MR 12:00 – 5:00 p.m.	Skills: <ul style="list-style-type: none"> <li>• Navigate eStar software</li> <li>• Patient Documentation using eStar Software for Care Partner and Medical Receptionist roles.</li> </ul>

<p>Week #2 Day #4 Thur.</p> <p>VUAH ONLY</p>	<p>3401 West End Ave., Suite 270</p>	<p>Admissions, Transfers, &amp; Discharges Advanced Directives Death/Post Mortem Care Verbal De- escalation</p>	<p>Skills:</p> <ul style="list-style-type: none"> <li>• SBAR Handoff</li> <li>• Obtaining Height and Weight Measurements</li> <li>• Prioritizing Tasks</li> <li>• Clustering Tasks</li> <li>• Room Set-up</li> </ul>
<p>Week #2, Day #5, Fri.</p> <p>VUAH ONLY</p>	<p>3401 West End Ave., Suite 270</p>	<p>Skills Check Off</p>	<p>Skills:</p> <ul style="list-style-type: none"> <li>• Manual Vital Signs (Temp, Pulse, Resp. Rate, BP, O<sub>2</sub>Sat)</li> <li>• Bathing</li> <li>• Bedmaking</li> <li>• Foley Catheter Insertion</li> <li>• Turning &amp; Repositioning</li> </ul>

Week #3, Day #1, Mon.	VUAH	Clinicals	
Week #3, Day #2, Tue.	VUAH	Clinicals	
Week #3, Day #3, Wed.	VUAH	Clinicals	