Perioperative Antibiotic Prophylaxis in Trauma

Chest Tubes and Clean Operative Cases

- **No Penicillin Allergy**
  - Cefazolin 2 gm IV x 1 dose
  - If patient >120kg, Cefazolin 3 gm IV x 1 dose

- **Penicillin Allergy**
  - Clindamycin 600mg IV x 1 dose

* For emergent chest tube placement or operative cases, the order should be entered as “stat”. However, for non-emergent chest tube placement or operative cases, the antibiotic should be ordered to be given 30 minutes prior to incision.

Abdominal Trauma, Clean Contaminated, Contaminated and Dirty Cases

- **No Penicillin Allergy**
  - Hollow viscus injury: Cefoxitin 2g IV Q8h x 3 doses (first dose pre-operatively)
  - No hollow viscus injury: Cefoxitin 2g IV x 1 dose pre-operatively

- **Penicillin Allergy**
  - Hollow viscus injury: Clindamycin 600mg IV PLUS aztreonam 2g IV Q8h x 3 doses (first dose pre-operatively)
  - No hollow viscus injury: Clindamycin 600mg IV PLUS aztreonam 2g IV x 1 dose pre-operatively

* Extended therapy is not needed with gross contamination or in cases of penetrating injuries to the thoracolumbar spine with associated intraperitoneal injuries.¹

* Patients receiving blood transfusions of 10 units or greater may require repeat antimicrobial dosing. Doses may be repeated approximately every 10 units of blood during massive transfusion.

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Rationale

It is important to first determine whether to pursue prophylactic antibiotic coverage or treatment of active infection. If true infection is suspected, patients should be managed in accordance to the antimicrobial stewardship protocol and quarterly antibiotic rotation. If prophylactic coverage is desired, the above protocol should be followed.

There is some controversy surrounding the use of prophylactic antibiotics in patients receiving chest tubes, however, adequate data exist to support their use. A single dose of narrow, gram positive coverage is warranted.3-5

In patients without hollow viscus injury, a single, preoperative, prophylactic dose of antibiotic is adequate; in patients with hollow viscous injury, antibiotic administration should be initiated as soon as possible. Antibiotic therapy should be continued for no longer than 24 hours, as prophylaxis beyond 24 hours is not associated with a risk of surgical infections, but rather an increase in nosocomial infectious complications and resistant infections.2-6,7

The post-operative infection rate following surgery for abdominal trauma with hollow viscus injury is between 10 and 15%.8 Demonstrated risk factors for infection include hollow viscus injury, presence and degree of intestinal contamination, patient age, transfusion requirement, and shock. The microbiology and bacterial load differ throughout the gastrointestinal tract; the concentration of bacteria increases in proximal to distal direction.

Broad spectrum, prophylactic antibiotic coverage should be directed against gram positive, enteric gram-negative and anaerobic bacteria.9 Common pathogens include:

- Streptococcus
- Enterococcus
- Enterobacteriaceae
- Bacteroides
- Peptostreptococcus
- Clostridium

Many regimens have been proven to be efficacious in this setting. Second-generation cephalosporins and extended spectrum penicillins are as effective as regimens which include aminoglycosides and in addition, offer the convenience of single agent therapy. Aminoglycosides are no longer recommended due to suboptimal activity in this patient population. Agents whose spectra include coverage of enterococcus species may be more efficacious than those that do not.10

References


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