

Travel Immunizations at the Student Health Center

Immunization	Recommendation	Schedule	Immunity	Out of Pocket Cost	If on Student Insurance
Hepatitis A	All travelers	0, 6 months (accelerated schedule: 0, 7, 21 days w/booster at 1 year)	Detectable at 2 weeks, full at 4 weeks; second shot confers long-term immunity	No charge	No charge
Hepatitis B	All travelers who might be exposed to blood or body fluids	0, 1, 6 months (accelerated schedule: 0, 7, 21 days w/booster at 1 year)	Some after first 2 doses; long-term after complete series	\$50 each	No charge
Twinrix (combination Hepatitis A&B)	May be used in place of separate hepatitis A & B vaccines	0, 1, 6 months (Accelerated schedule: 0, 7, 21 days w/booster at 1 year)	Smaller dose of hepatitis A, so slower onset of immunity than with hepatitis A vaccine	\$100 each	No charge
Typhoid	All travelers to less developed nations	Oral: 0, 2, 4, 6 days	Oral: within 1 week after completing series, lasts 5 years	\$45 oral	No charge
		Injectable: once	Injectable: within 2 weeks after injection, lasts 2 years	\$60 injection	No charge
Rabies	Recommended if participating in extensive and prolonged outdoor activities (biking, hiking, camping), especially in rural areas of less developed nations	0 and 7 days	Long term	\$165 each	No charge
Polio booster	All adult travelers to high-risk parts of the world (Parts of Asia and Africa) <u>or</u> if no childhood records are found	One injection	Long term	\$45 each	\$15 each
Measles, Mumps, Rubella (MMR)	All travelers without proof of two vaccines. Third vaccine may be recommended for travelers to high-risk areas, which vary	One injection	Long term	\$80 each	No charge
Meningitis vaccine	Adult travelers living in dorm or barracks environment for prolonged periods of time and/or travelers to certain parts of Africa.	One injection	Approximately 5 yrs	\$110 each	No charge
Japanese Encephalitis	Travelers visiting certain parts of Asia and far northern Australia (need also depend on activity and duration of travels)	0 and 28 days	Immunity duration unknown—may need booster every 2 years	\$160 each	No Charge
Yellow Fever	Travelers to certain parts of Africa, Central America, and South America	One injection	Lifelong. However, some countries require a booster after 10 years.	\$205 – AT VUMC TRAVEL CLINIC	Not Available at Student Health

Updated 9/13/22- Prices subject to change.

Malaria Medications

Drug	Usage	Dosing When to Start and Finish?	Side-Effects
Malarone	In chloroquine resistant areas	Once daily, start 2 days prior, continue while traveling, and for 7 days after traveling	Mild nausea is typical
Chloroquine	Only in chloroquine sensitive areas	Weekly, start 2 weeks prior, continue while traveling and for 4 weeks after.	Well-tolerated, May worsen psoriasis
Doxycycline	Useful in most areas	Daily, start 2 days prior, continue while traveling and for 4 weeks after	Nausea, sun sensitivity
Mefloquine	Useful in most areas	Weekly, start 2 weeks prior, continue while traveling and for 4 weeks after	Psychiatric side-effects (sleep and mood issues)

Cost of these medications varies based on your insurance coverage and deductibles.

Please check with your insurance for coverage questions or your pharmacy for cost details.