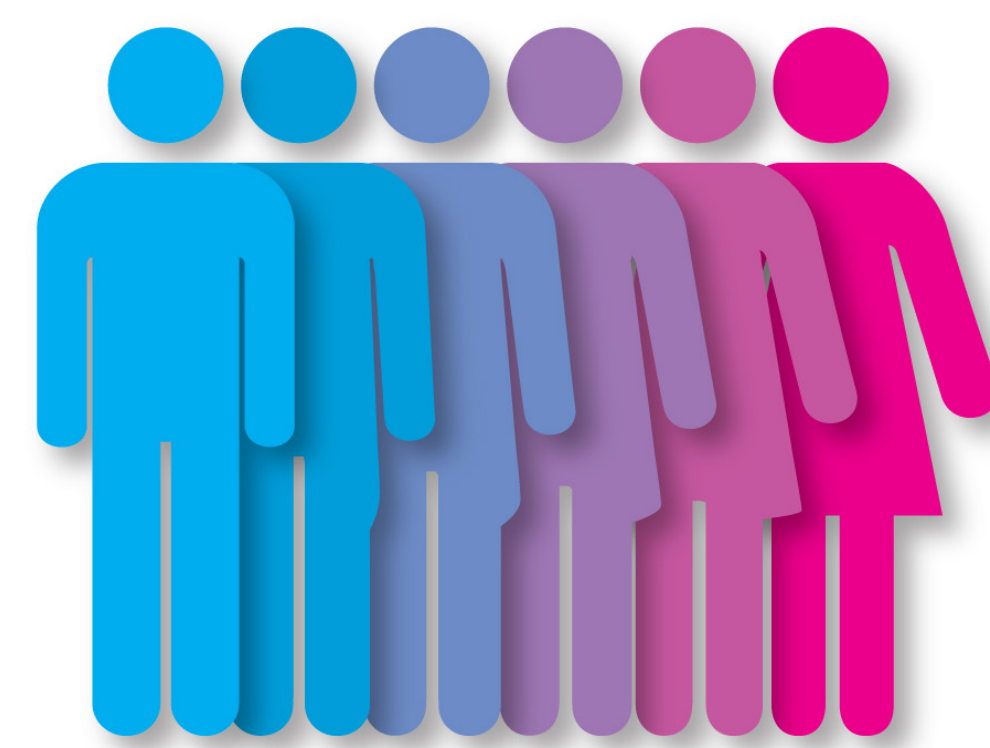


### Health Disparities: Rationale for Change

#### Transgender Patients

- are currently underserved
- are more likely to delay care due to fear of discrimination or past negative experiences
- face challenges in finding friendly and knowledgeable providers
- experience higher rates of depression, anxiety, and suicide
- are affected by higher incidence of HIV/AIDS
- experience violence at much higher rates



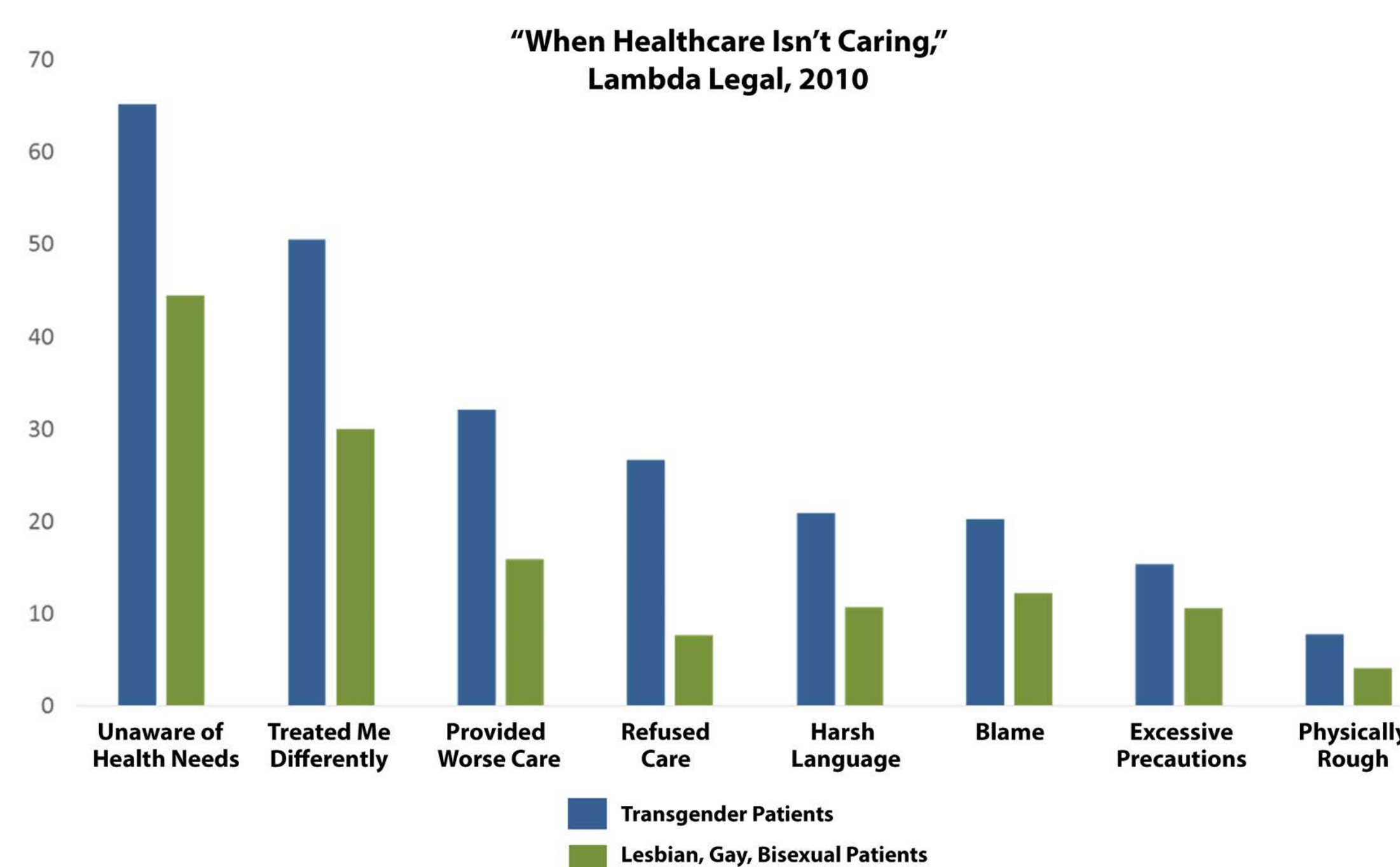
#### From the 2015 U.S. Transgender Survey:

- 25% of transgender patients experienced a problem with insurance in the past year related to being transgender.

- 25% of patients who sought coverage for hormones were denied, and 55% of those who sought coverage for gender-affirming surgeries were also denied coverage.

- 33% of transgender patients report having at least one negative experience with a health care provider in the past year, such as verbal harassment, refusal of treatment, or having to teach a health care provider about transgender people to receive appropriate care.

- 23% of transgender patients did not see a provider when they needed to because of fear of being mistreated. 33% did not see a provider because of cost.



### Design for Patients and Families

The Clinic for Transgender Health at Vanderbilt University Medical Center brings together specially trained experts to provide and coordinate comprehensive care for transgender and gender nonconforming adults.



#### Clinic for Transgender Health: Why Choose Vanderbilt?

- **Gender-affirming services:** Our clinic is an extension of the nationally recognized Vanderbilt Program for LGBTQ Health. This program has earned VUMC a 100% rating on the Human Rights Campaign's Healthcare Equality Index (HEI) for the past seven years. It includes the groundbreaking Trans Buddy program, which connects patients to advocates for their medical care.
- **Personalized care:** We recognize that each person is unique. We take time to meet patients, understand their goals and create a personalized care plan. Working as a team, our specialists thoroughly evaluate patients' physical and emotional health to make sure they get the care they need.
- **A leader in research:** Vanderbilt specializes in innovative research. We have access to the latest science about transgender health and are creating opportunities for our patients to participate in new projects.
- **Care for children and teens:** Our colleagues in pediatric endocrinology offer family-centered care in the Transgender Clinic at Monroe Carell Jr. Children's Hospital.

When design is complete, Clinic for Transgender Health services will include:

- Initiation and management of hormone therapy
- Urologic surgery consultation and follow-up care
- Gynecologic surgery consultation and follow-up care
- Plastic surgery consultation and follow-up care
- Coordination of care with other Vanderbilt specialists
- Coordination and referral for behavioral health services
- Coordination of primary care by Vanderbilt doctors or other primary care providers