**Nasal Saline Irrigation in Pediatric Rhinosinusitis: A Systematic Review**

The treatment of rhinosinusitis—both acute and chronic—in children remains controversial. Results from randomized controlled trials examining the effects of antibiotics have demonstrated mixed results, and few studies have rigorously addressed the efficacy of adjunctive treatments such as decongestants, antihistamines, and nasal saline irrigation (NSI).

**Aim 1:** This study aims to determine whether NSI is effective in reducing symptoms and improving quality of life in pediatric patients with either acute or chronic rhinosinusitis.