

VANDERBILT  UNIVERSITY
MEDICAL CENTER



I/DD ECHO

Government Resources for Adults

Janet Shouse

Disclosures

- Target audience: Family practitioners, internists, nurse practitioners, physician assistants, clinical case workers, psychologists
- Objective: To improve the knowledge of primary care providers who care for adults with intellectual and developmental disabilities
- Speaker Disclosure: **Janet Shouse** has no relationship with any commercial firm having products related to topics discussed at this conference. Actual disclosure forms are available upon request.

Funding Sources for Adults with IDD

❖ Supplemental Security Income or SSI

1. Must meet the disability criteria per the Social Security Administration
2. Be unable to work at a substantial level
3. Have limited countable resources/assets
4. Offers access to TennCare
5. Important that ID is documented before age 18 or DD is documented before 21

See: <https://www.ssa.gov/ssi/>

Additional Funding Sources

❖ Social Security Disability Income or SSDI

1. Adult may qualify for SSDI based upon his/her own work record.
2. Child/Adult may qualify based on parent's work record if a parent is deceased or drawing retirement benefits.
3. SSDI will provide Medicare.
4. Often adults with IDD will be "dual-eligible."

See: <https://www.ssa.gov/benefits/disability/>

Additional Resources

- ❖ SNAP-Supplemental Nutrition Assistance Program provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being.
<https://www.tn.gov/humanservices/for-families/supplemental-nutrition-assistance-program-snap.html>
- ❖ ABLE TN-A savings program designed to help Tennessee residents with disabilities put aside money to pay for qualified expenses.
 - A person diagnosed with a disability before age 26 may qualify.
 - Allows tax-free earnings, no impact on federal benefits, such as SSI, investment options, easy to contribute.
 - Can pay for “qualified expenses,” anything related to the disability.

Additional Resources

- ❖ Tennessee MAPs-Medicaid Alternative Pathways to Independence helps individuals with IDD get the tools, technology, and support they need to meet the goal they set for themselves.
 - For anyone with IDD who has graduated high school or will graduate within three years.
 - Cannot be enrolled in ECF CHOICES, CHOICES, the Katie Beckett Program, or 1915(c) Waivers.

<https://www.tn.gov/didd/for-consumers/maps.html>
- ❖ Tennessee Family Support Program—ranges \$500-\$4,000 a year
 - Families who have school-aged or younger children with severe disabilities
 - Adults with severe disabilities who choose to live with their families
 - Adults with severe disabilities not supported by other residential programs funded by state or federal funds
 - Services can include: Respite care, day care services, home modifications, equipment, supplies, personal assistance, transportation, homemaker services, housing costs, health-related needs, nursing and counseling.

Tennessee has 5 Adult Waiver Programs

- Department of Intellectual and Developmental Disabilities (1915(c) waivers):
 - ❖ Comprehensive Aggregate Cap Waiver-closed to new enrollment
 - ❖ Statewide Waiver-closed
 - ❖ Self-Determination Waiver-closed
 - TennCare (1115 waivers):
 - ❖ CHOICES-Probably not applicable
 - ❖ Employment and Community First CHOICES

ECF CHOICES Overview

- **Who is it for?**
 - People with intellectual and other developmental disabilities
 - People of all ages—children as young as 5
 - 5,832 receiving services (as of Sept. 2023)
 - Technically there is no longer a waiting list. Families are told if they need services immediately a slot will be available for them.

ECF CHOICES Offers

- Services that people with IDD and their families said they need most
- Supports for families caring for a person with IDD
- Supports to help people with IDD achieve employment and independent living goals
- For people who choose not to work or need more support to live in the community - residential and other day services to help them achieve their goals
- Consumer-direction options

ECF CHOICES

–Eligibility Criteria:

- ❖ Must meet medical (level of care) eligibility
- ❖ Must meet financial eligibility, but primarily serves those receiving Supplemental Security Income (SSI) and have TennCare

ECF CHOICES Benefit Groups

- Essential Family Supports (Group 4)
- Essential Supports for Employment and Independent Living (Group 5)
- Comprehensive Supports for Employment and Community Living (Group 6)
- Intensive Behavioral Family Supports (Group 7)
- Comprehensive Behavioral Supports for Employment and Community Living (Group 8)

ECF CHOICES

- **So why are these groups 4, 5, 6, 7 and 8?**
 - Tennessee offers the original CHOICES waiver program
 - That CHOICES program serves older individuals (age 65 and up) and people with disabilities over 21 with significant physical disabilities
 - Groups 1, 2 and 3 are under that CHOICES program

ECF CHOICES Services

- **Employment Supports**
- 14 types of job services

- **Wrap-around services**
- Independent Living Skills Training
- Community Integration Support Services
- Community Transportation
-
- **Other Long Term Supports**
- Respite
- Personal Assistance

- Supportive Home Care
- Family Caregiver Stipend
- Community Living Supports
- Community Living Supports-Family Model
- Assistive Technology, Adaptive Equipment and Supplies
- Minor Home Modifications
- Specialized Consultation and Training
- Adult Dental Services
- Self-advocacy supports

How to apply?

- Applicants can use a self-referral form on the TennCare website to apply for the program
 - The online self-referral form is an easy-to-fill-in questionnaire
 - You answer questions about yourself or person you are helping
- No medical or financial documents are needed for the self-referral form (those will be gathered later)

<https://www.tn.gov/tenncare/long-term-services-supports/employment-and-community-first-choices/self-referral-form.html>

Housing Options

- Independent living
- Housing Choice Voucher—very limited, huge waiting lists
- Public Housing—limited, waiting lists
- Inclusive Housing—very rare, long waiting lists
- Segregated Housing—limited, private pay only
- Supported Living/Community Living Supports
- Intermediate Care Facilities/Individuals with Intellectual Disabilities

Contact Information

- Janet Shouse
Janet.shouse@vumc.org
- or
- 615-875-8833

(Email is much preferred!)

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Thank you!

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I/DD ECHO

Tennessee Disability Pathfinder

Linda Brown

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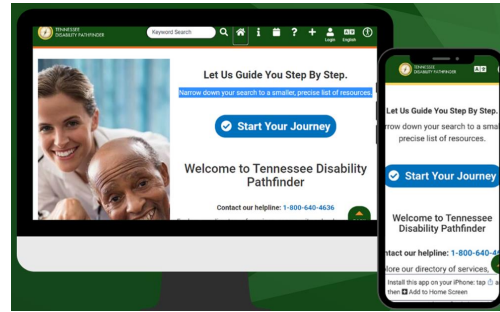
TENNESSEE DISABILITY PATHFINDER

Your Guide on the Path to Community Services

A One-Stop Center for Disability Information & Supports



**Phone / Email
Helpline**



**Website of
Information &
Resources**



**Multicultural
Services**



**Community
Engagement**



(800) 640-4636



tnpathfinder@vumc.org



www.tnpathfinder.org

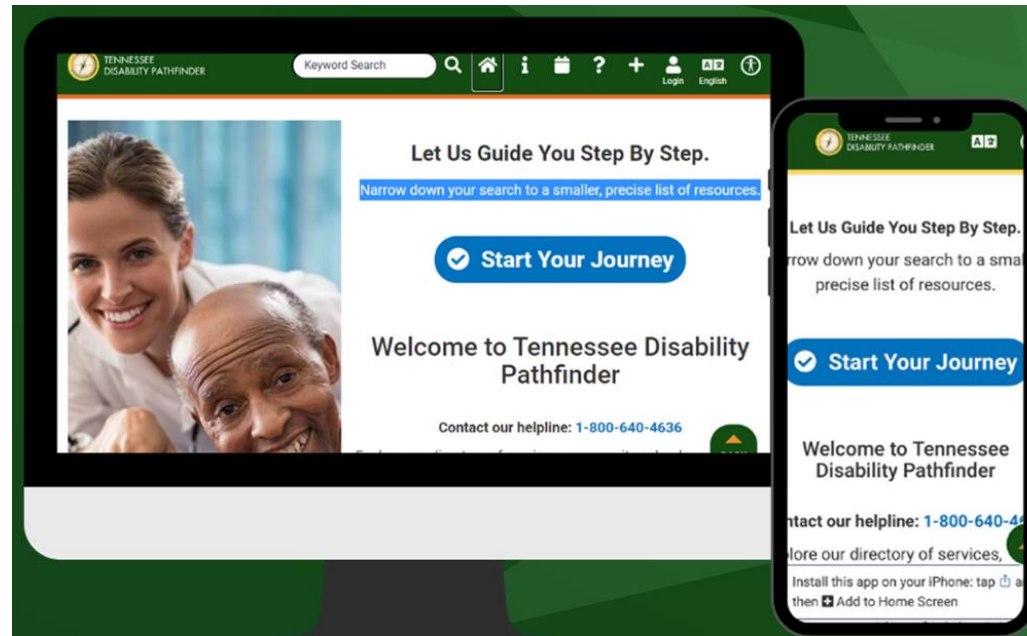
Statewide Multilingual Information & Referral/Assistance

Mission: Tennessee Disability Pathfinder (“Pathfinder”) helps people with disabilities, their family members, the community, and professional support partners find and access resources, support, and services available to meet their needs.

We serve people of **ALL** ages, types of disabilities/health conditions, and languages spoken - bilingual (English<>Spanish) staff and use of interpreter services.

One-on-one assistance provided by qualified staff with personal and professional experience

Navigating the Website





Let Us Guide You Step By Step.

Narrow down your search to a smaller, precise list of resources.

[Start Your Journey](#)

tnpathfinder.org

Disability Pathfinder

636

Trainings for the disability community.

on. You can narrow your search by

they are displayed. Learn more about using this

website in our [FAQ Introduction](#).

[Sign Up for Feedback Surveys](#)

Seek. Discover. Connect. Inform.

[Events Calendar](#)

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TO TOP**

Navigating the Website

Start Your Journey → 5 Search Filters

1. Topic of Interest
26 Categories of Resources
2. Stage of Life
Prenatal/Infancy • Early Childhood • School Age • Transition / Young Adult • Adulthood • Aging
3. Diagnosis
18 choices of broad (physical disability) and specific (Down Syndrome) disabilities
4. Payment Options
(Best to leave blank for most accurate results)
5. Service Area
Statewide, Region, or County



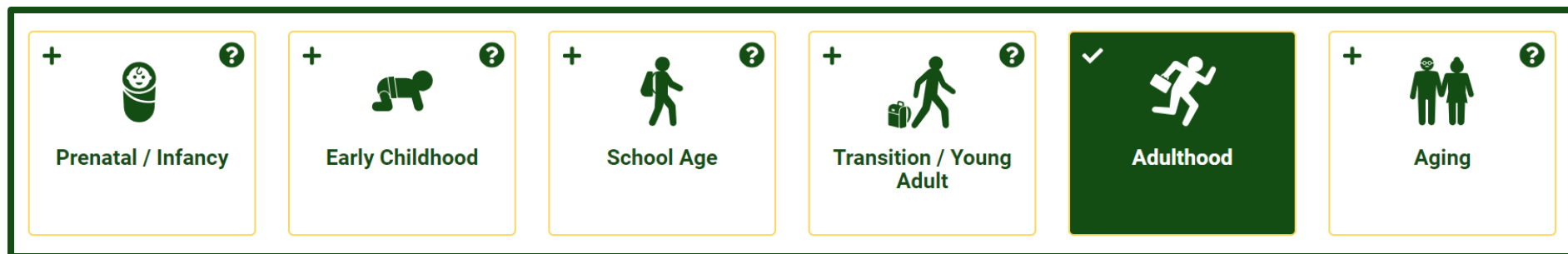
The more selections, the narrower the search results

Step 1: Topic of Interest



















- Addictions
- Advocacy
- Basic Needs
- Bullying
- Communication
- Direct Care
- Education
- Employment
- Equipment
- Family / Youth Support
- **Financial Assistance**
- Guardianship / Alternatives
- Healthcare
- Housing / Homelessness
- Information / Resources
- Insurance
- Intervention
- Legal
- Personal Finance
- Recreation / Entertainment
- Respite Care / PAC
- Sexuality
- Social Skills / Inclusion
- Technology
- Transportation
- Veterans

The screenshot shows a website interface with a search bar at the top labeled "Search Topics of Interest". Below the search bar is a grid of topic icons, each with a plus sign and a question mark in the top right corner. The icons represent: Addictions, Advocacy, Basic Needs, Bullying, Employment, Equipment, Healthcare, Housing / Homelessness, Information / Resources, Insurance, Recreation / Entertainment, Respite Care / PAC, Sexuality, and Veterans. A callout box points to the top right corner of the icons, stating: "Type service or resource (e.g. social security) needed to determine Topic of Interest". Another callout box points to the question mark icon, stating: "Not sure the meaning of a topic? Click ? In top right corner of icon for details". A modal window titled "Financial Assistance" is open, showing the following text: "Programs and services that provide financial help." followed by a dashed line, "Financial Assistance is getting help to better understand handling money and finding programs to help pay some bills. This could be for care, food, utilities, and other basic needs." followed by another dashed line, and "Tags: Bills, Charitable Foundation, Education Scholarships, Family Training Scholarships, Financial Assistance, Medication Assistance, Social Security, Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI)." A "Close" button is located at the bottom right of the modal window.

Step 2: Stage of Life



Step 3: Diagnosis

 + Aging-related ?	 + Attention Deficit Hyperactivity Disorder (ADHD) ?	 + Autism Spectrum Disorder (ASD) ?	 + Behavior Concerns ?	 + Blind / Low Vision ?	 + Deaf / Hard-of-Hearing ?
 + Dental ?	 + Developmental Delay ?	 Down Syndrome	 + Fetal Alcohol Spectrum Disorder (FASD) ?	 + Genetic Disorders ?	 + Health / Medical ?
 + Intellectual Disability ?	 + Learning Disability ?	 + Mental Health ?	 + Physical Disability ?	 + Speech Impairment ?	 + Traumatic Brain Injury ?

Step 4: Payment Options

Payment Options ?

<input type="checkbox"/> Call for Details	<input type="checkbox"/> Private Insurance
<input type="checkbox"/> CHOICES Waiver	<input type="checkbox"/> Private Pay
<input type="checkbox"/> DIDD Waiver	<input type="checkbox"/> Sliding Scale
<input type="checkbox"/> ECF Choices	<input type="checkbox"/> TEIS (Tennessee Early Intervention System)
<input type="checkbox"/> Katie Beckett Waiver	<input type="checkbox"/> TennCare
<input type="checkbox"/> MAPs (Medicaid Alternative Pathways to Independence)	<input type="checkbox"/> TriCare (Military Insurance)
<input type="checkbox"/> Medicaid (outside TN)	<input type="checkbox"/> VA Benefits
<input type="checkbox"/> Medicare	<input type="checkbox"/> Vocational Rehabilitation
<input type="checkbox"/> None / Free	

Step 5: Service Areas

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z Show All

<input type="checkbox"/> Select All Counties	<input type="checkbox"/> Clay	<input type="checkbox"/> Grundy	L	O	<input type="checkbox"/> Sullivan
<input type="checkbox"/> Select All West TN	<input type="checkbox"/> Cocke	H	<input type="checkbox"/> Lake	<input type="checkbox"/> Obion	<input type="checkbox"/> Sumner
<input type="checkbox"/> Select All Middle TN	<input type="checkbox"/> Coffee	<input type="checkbox"/> Hamblen	<input type="checkbox"/> Lauderdale	<input type="checkbox"/> Overton	T
<input type="checkbox"/> Select All East TN	<input type="checkbox"/> Crockett	<input type="checkbox"/> Hamilton	<input type="checkbox"/> Lawrence	P	<input type="checkbox"/> Tipton
A	<input type="checkbox"/> Cumberland	<input type="checkbox"/> Hancock	<input type="checkbox"/> Lewis	<input type="checkbox"/> Perry	<input type="checkbox"/> Trousdale
<input type="checkbox"/> Anderson	D	<input type="checkbox"/> Hardeman	<input type="checkbox"/> Lincoln	<input type="checkbox"/> Pickett	U
B	<input type="checkbox"/> Davidson	<input type="checkbox"/> Hardin	<input type="checkbox"/> Loudon	<input type="checkbox"/> Polk	<input type="checkbox"/> Unicoi
<input type="checkbox"/> Bedford	<input type="checkbox"/> Decatur	<input type="checkbox"/> Hawkins	M	<input type="checkbox"/> Putnam	<input type="checkbox"/> Union
<input type="checkbox"/> Benton	<input type="checkbox"/> Dekalb	<input type="checkbox"/> Haywood	<input type="checkbox"/> Macon	R	V
<input type="checkbox"/> Bledsoe	<input type="checkbox"/> Dickson	<input type="checkbox"/> Henderson	<input type="checkbox"/> Madison	<input type="checkbox"/> Rhea	<input type="checkbox"/> Van Buren
<input type="checkbox"/> Blount	<input type="checkbox"/> Dyer	<input type="checkbox"/> Henry	<input type="checkbox"/> Marion	<input type="checkbox"/> Roane	W
<input type="checkbox"/> Bradley	F	<input type="checkbox"/> Hickman	<input type="checkbox"/> Marshall	<input type="checkbox"/> Robertson	<input type="checkbox"/> Warren
C	<input type="checkbox"/> Fayette	<input type="checkbox"/> Houston	<input type="checkbox"/> Maury	<input checked="" type="checkbox"/> Rutherford	<input type="checkbox"/> Washington
<input type="checkbox"/> Campbell	<input type="checkbox"/> Fentress	<input type="checkbox"/> Humphreys	<input type="checkbox"/> McMinn	S	<input type="checkbox"/> Wayne
<input type="checkbox"/> Cannon	<input type="checkbox"/> Franklin	J	<input type="checkbox"/> McNairy	<input type="checkbox"/> Scott	<input type="checkbox"/> Weakley
<input type="checkbox"/> Carroll	G	<input type="checkbox"/> Jackson	<input type="checkbox"/> Meigs	<input type="checkbox"/> Sequatchie	<input type="checkbox"/> White

Financial Assistance x Adulthood x Down Syndrome x Rutherford x

Any Language

All Providers Resources Events

Random Alphabetical

Save Search Filters Restart Clear Filters

Hide Filters

(20) Search Results



American Red Cross of Tennessee

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

Bookmark
Multiple Locations
(615) 250-4300
www.redcross.org/local/tennessee/about-us/locations/nashville-area.html

Catholic Charities, Diocese of Nashville (formerly Catholic Charities of Tennessee)

MISSION: Following Christ's example, we recognize the dignity of all people and serve our neighbors. Since 1962, Catholic Charities has assisted those in need to discover paths to self-sufficiency and a better quality of life.

Bookmark
Multiple Locations
(615) 352-3087
contact@cctenn.org
www.cctenn.org

CHANT (Community Health Access & Navigation Tennessee) Program, Mid-Cumberland Regional Office

Tennessee Department of Health streamlined three public health programs, Help Us Grow Successfully (HUGS), Children's Special Services (CSS), and TennCare Kids Community Outreach into one integrated model of care coordination called the Community Health Access and Navigation in Tennessee (CHANT). CHANT is a voluntary care coordination service through the Local Health Departments to assist families with coordinating medical and social service needs. Through screening and assessments, CHANT determines the needs of families and begins the...

Bookmark
710 Hart Ln, Nashville, TN 37216, USA
(615) 650-7000
desiree.cobbin@tn.gov
www.tn.gov/health/health-program-areas/tne/early-childhood-program/chant.html

Community Helpers of Rutherford County

Community Helpers of Rutherford County's mission is to help prevent homelessness, maintain a healthy home, and connect people to local resources for the opportunity of long-term financial stability.

Bookmark
1809 Murfreesboro Boulevard, Murfreesboro, TN 37129
(615) 898-0617
chomrcc@chomrcc.org

BACK TO TOP

Keyword Search

Topic of Interest Stage of Life Diagnosis Benefit / Payment Options Service Areas

Financial Assistance x Adulthood x Down Syndrome x Rutherford x social security x

Any Language Providers Resources Events Random Alphabetical Save Search + Filters Restart Clear Filters

(2) Search Results

- Mid-Cumberland Human Resource Agency**

Founded in 1974, the Mid-Cumberland Human Resource Agency is an independent, non-profit organization committed to helping individuals and communities become more self-sufficient. Mid-Cumberland provides services that work toward improving the health, well-being, and economic opportunities of people needing critical support or of those who may have an immediate need.

Bookmark
1101 Kermit Dr, Nashville, TN 37217, USA
(615) 331-6033
mchra@mchra.com
www.mchra.com
- Social Security Administration, Murfreesboro**


Social Security Disability Insurance (SSDI) pays benefits if an individual has worked long enough and paid Social Security taxes. To make things easier on you, many services today can be completed online without a trip to your local office. Supplemental Security Income (SSI) pays benefits based on financial need.

Bookmark
2836 St Patrick Ct, Murfreesboro, TN 37128, USA
(866) 593-3112
www.ssa.gov

Go Back

Mid-Cumberland Human Resource Agency

Last Updated: 5/20/2022



MCHRA, Suite 300
 Physical Address
 1101 Kannel Dr, Nashville, TN 37217, USA
 (615) 331-4033
 mchra@mchra.com
 www.mchra.com

Clear Your Company's Listing Here

Mission Statement

Founded in 1974, the Mid-Cumberland Human Resource Agency is an independent, non-profit organization committed to helping individuals and communities become more self-sufficient. Mid-Cumberland provides services that work toward improving the health, well-being, and economic opportunities of people needing critical support or of those who may have an immediate need.

Age Requirements

Serves all ages

Other Requirements

Proof of income, residency, and identification

Provider Description

Services:

- Meals on Wheels: We provide congregate meals, home-delivered meals, outreach, nutrition education, supportive services, and recreational activities for individuals aged 60 and older.
- In-Home Assistance: A few of the tasks our caring and trained staff provide include:
 - General Household Tasks including cleaning, dusting, mopping, vacuuming, washing dishes
 - Laundry & Changing Linens
 - Meal Planning & Preparation
 - Grocery Shopping
 - Errands & Bill Paying
 - Personal Care including bathing, dressing, grooming, and toileting assistance
 - Medication and Exercise Reminders
 - Sitter & Companionship Services
 - Respite for caregivers
 - Emotional Support
 - Referral Services
 - Case Management Services
- Homemaker: Most commonly staff assist clients with budgeting, bill paying, access to medical care, community resources, legal assistance, general household tasks, and occasional transportation as well as performing additional essential tasks which the client is no longer able to do for him or herself.
- Workforce Services
- Ombudsman: We provide an impartial third party—not an employee of the nursing home or the state agency responsible for inspecting the facility—whose primary purpose is the resolution of problems.
- Community Corrections was created to divert felony offenders from the Tennessee Prison system and to provide necessary supervision and services to the offenders with the goal of reducing the probability of continued criminal behavior while maintaining the safety of the community
- DLI School
- Misdemeanor Management offers many rehabilitation classes and connects the offenders with other resources such as drug and alcohol rehabilitation, educational training and counseling services within their service area.
- Representative Payee Services use the beneficiary's Social Security and/or SSI payments to pay for his/her current needs and to maintain accurate records for the beneficiary and others as required. This ensures that necessities like rent, utilities, and other bills are paid and current for someone who has difficulty in managing money.

Service Areas

Chattanooga	DeKalb
Dickson	Houston
Humphreys	Montgomery
Robertson	Rutherford
Stewart	Sumner
Trousdale	Williamson
Wilson	

Payment Options

Call for Details

None / Free

CHOICES Waiver

Private Pay

Topic of Interest

Advocacy	Basic Needs
Employment	Financial Assistance
Personal Finance	Respite Care / FAC
Direct Care	Information / Resources
Legal	

Stage Of Life

Prenatal / Infancy	Early Childhood
School Age	Transition / Young Adult
Adulthood	Aging

Diagnosis

Autism Spectrum Disorder (ASD)	Attention Deficit Hyperactivity Disorder
Behavior Concerns	Blind / Low Vision
Deaf / Hard-of-Hearing	Developmental Delay
Down Syndrome	Fetal Alcohol Spectrum Disorder (FASD)
Genetic Disorders	Health / Medical
Intellectual Disability	Learning Disability
Mental Health	Physical Disability
Aging-related	Traumatic Brain Injury
Speech Impairment	Dental

Spoken Languages

English

Printer Icon – print page
 Bookmark Icon – save resource
 Question Mark (?) – page information

Contact Information
 Address Shown on Google Map

If provider has multiple locations, additional addresses found in a drop-down box

Search Filters:

- Service Areas
- Topics of Interest
- Payment Options
- Diagnoses
- Stages of Life
- Spoken Languages

Mission / Provider Description: Details about services provided

Footer Information


GET TO KNOW US

About Us

Contact Us

1-800-640-4636

English Español

Powered By: InChoice Navigation

INFORMATION

FAQ

Glossary

Media

Iconography

Accessibility Statement

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**TENNESSEE
DISABILITY PATHFINDER**

Pathfinder Resources Guide



TENNESSEE DISABILITY PATHFINDER

Your Navigator on the Path to Community Services

Need Help – (800) 640-4636 or tnpathfinder@vumc.org

Website – TNPathfinder.org

Multicultural Programs



TENNESSEE DISABILITY PATHFINDER

TNPathfinder.org

Your Guide on the Path to Community Services

Are you looking for information, support, or services for someone with a disability?



THE COMPASS

JANUARY 2023

YOUR ISSUE ON THE PATH TO COMMUNITY SERVICES

WHERE ARE THE RESOURCES

Monthly e-newsletter, **The Compass**, provides disability resources, news, and Tennessee agencies and individuals within the disability community.

[to read the current newsletter issue](#)

[for newsletter archives](#)

[to emails](#)

topic you would like to learn more about, or you would like to request for us to agency in an upcoming issue, email TNPathfindermedia@vumc.org.

GET YOUR PATHFINDER SWAG

TNPathfindermedia@vumc.org



 TNPathfinder.org

Media

Tennessee Disability Pathfinder

English Español



TENNESSEE DISABILITY PATHFINDER

Pathfinder Media

- About Us
- Identity
- Print Materials
- Collateral Resources
- Media Kit
- Social Media
- E-Newsletter
- Media Mentions
- Pathfinder LIVE
- Video Archives
- Trainings [English]
- Trainings [Español]

About Us



Tennessee Disability Pathfinder ("Pathfinder") helps people with disabilities, their family members, educators, and other professionals find and access resources, support, and services available to meet their needs.

Information and Referrals: We connect individuals to appropriate community resources. Our diverse staff includes professionals, family members, and/or individuals with disabilities



TENNESSEE
DISABILITY PATHFINDER
Directory of Services • Community Events • Trainings/Webinars • Disability Resources

We're Here for You!

Phone: (800) 640-4636



Email: tnpathfinder@vumc.org



Website:

www.tnpathfinder.org



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Thank you!