

VANDERBILT  UNIVERSITY
MEDICAL CENTER



I/DD ECHO

Aging and Housing Resources

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Disclosures

- Target audience: clinicians who care for adults with I/DD
- Objective: To improve the knowledge of primary care providers who care for individuals with I/DD
- Speaker Disclosure: **Elise McMillan & Janet Shouse** have no relationship with any commercial firm having products related to topics discussed at this conference. Actual disclosure forms are available upon request.

Aging

- Overview
- The Arc Tennessee Center for Decision-Making Support (tndecisionmaking.org)
- LifeCourse Nexus (lifecoursetools.com)
- National Task Group on IDD (the-ntg.org)

Aging

The Arc Tennessee Center for Decision-Making Support (tndecisionmaking.org)

- **Supported decision-making** – the idea that a person has the right to make decisions to the full extent of their capacity, even as they get needed support
- Site provides descriptions of different **decision-making supports** available at every level of support
- **Decision-making supports** – actual forms, legal documents, or formal agreements to help someone make decisions about their life

Aging

LifeCourse Nexus (lifecoursetools.com)

- One of the best ways to start exploring areas of life where people make decisions
- Can help individuals and families organize ideas, vision, and goals
- Individuals, parents, siblings, family members, friends are able to share ideas, hopes, and fears for the future
- Developed by the Charting the Lifecourse Nexus at the University of Missouri UCEDD

Aging

An Example of Questions from the Life Domain Vision Tool

- What do I think my family member will do during the day in their adult life?
What kind of job or career might they want?
- Where and with whom do I think my family member will live in their adult life?
- How will they live a healthy lifestyle and manage health care supports in their adult life?
- How will my family member be safe from financial, emotional, physical or sexual harm in their adult life?

Aging

An Example of Questions from the Mapping Relationships Tool

- **Shares Love, Affection and Trust** – Who serves in this role now? Looking ahead? Next Steps?
- **Spends Time and Creates Memories Together** – Who serves in this role now? Looking ahead? Next Steps?
- **Knows About Personal Interests, Traditions, Cultures** – Who serves in this role now? Looking ahead? Next Steps?

Aging

National Task Group on IDD (the-ntg.org)

- NTG is an organization working to ensure that interests of adults with IDD affected by dementia – as well as their families and friends – are taken into account
- Website offers resources, webinars, trainings, publications
- In 2024 offering free ECHO on dementia and free webinar series for family caregivers
- Developed Early Detection and Screen for Dementia (NTG-EDSD)

Housing Options

- Independent living—typical way anyone finds a home/apartment
- Housing Choice Voucher
 - very limited, must find landlord willing to take voucher
 - huge waiting lists
 - income limits vary county to county
 - may have a two-day window to get on the list:
<https://thda.org/help-for-renters-section-8/housing-choice-voucher-program>

Housing Options

- Public Housing—limited, long waiting lists:
https://www.hud.gov/sites/dfiles/PIH/documents/PHA_Contact_Report_TN.pdf
- Inclusive Housing—very rare, long waiting lists
 - In Tennessee, there's Our Place Nashville
<https://www.ourplacenashville.org/>
- Segregated Housing—limited, private pay only
 - BrightStone in Franklin
<https://brightstone.org/programs/residential/>

Housing Options

- Supported Living/Community Living Supports
 - Must be in waiver services
 - Some agencies have homes, but often individuals need to find a place they can afford to rent or buy; some inherit a home
 - Generally, 2-3 individuals in a home or apartment
 - Some agencies use the “Family Model,” which offers an adult foster care type of arrangement

Housing Options

- Intermediate Care Facilities/Individuals with Intellectual Disabilities—very limited
 - ICFs/IID provide active treatment through intensive specialized supports and services
 - Many who live in ICFs/IID have come out of large state institutions and have complex needs that require a more intensive level of support
 - There are two categories of ICFs/IID in Tennessee: public and private.

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Thank you!