



Florida Caribbean AETC
AIDS EDUCATION AND TRAINING CENTER
Florida • Puerto Rico • U.S. Virgin Islands

Providing state-of-the-art HIV education, consultation, and resource materials to healthcare professionals throughout the region.

Chart Reviews	Clinical Consultation
F/C AETC - Project ECHO™	HIV CareLink Newsletter
HIV Updates	Preceptorships
Treatment Guideline Resources	Web-Based Training

www.FCAETC.org
866.FLC.AETC (866.352.2382)

Consultation Services

www.FCAETC.org/consultation
Available to clinicians in Florida, Puerto Rico, and the U.S. Virgin Islands

Online Consultation
Consultation on the diagnosis, prevention, and treatment of HIV/AIDS and related conditions

Resistance Testing Consultation
Consultation on the interpretation of resistance test results

--- If outside our region, please consult the national services below ---

National Consultation Services

PEPline 888.448.4911
National Clinicians' Post-Exposure Prophylaxis Hotline
9 am - 2 am EST, 7 days a week

Perinatal HIV Hotline 888.448.8765
National Perinatal HIV Consultation & Referral Service
24 hours a day, 7 days a week

Warmline 800.933.3413
National HIV/AIDS Telephone Consultation Service
Monday - Friday, 9 am - 8 pm EST
Voicemail 24 hours a day, 7 days a week



www.USFCenter.org



ARV Therapy in Pediatrics

May 2013

Editors: **William Harbilas, PharmD**
Robert Lawrence, MD
Saniyyah Mahmoudi, MSN, ARNP

Managing Editor: **Theresa C. Skipper, MPH**

Layout: **Adrian Green, BS**

Paid for in part by DHHS-HAB Grant No. H4AHA00049

Panel on Treatment of HIV-Infected Pregnant Women and Prevention of Perinatal Transmission. Recommendations for Use of Antiretroviral Drugs in Pregnant HIV-1-Infected Women for Maternal Health and Interventions to Reduce Perinatal HIV Transmission in the United States. July 31, 2012. Available at <http://aidsinfo.nih.gov/contentfiles/guidelines/PerinatalGL.pdf>. Accessed August 3, 2012 [pp 138-139, tables 8 & 9]

Panel on Antiretroviral Therapy and Medical Management of HIV-Infected Children. Guidelines for the Use of Antiretroviral Agents in Pediatric HIV Infection. November 05, 2012. Available at <http://aidsinfo.nih.gov/ContentFiles/PediatricGuidelines.pdf>. Accessed November 27, 2012

Choice of Antiretroviral Agents for Treatment of Established HIV Infection ^{1,2,3}	
Preferred Regimens	
Children ≥ 42 wks postmenstrual age, > 14 days postnatal age and < 3 yrs	2 NRTIs + lopinavir/ritonavir
≥ 3 yrs	2 NRTIs + efavirenz 2 NRTIs + lopinavir/ritonavir
≥ 6 yrs	2 NRTIs + atazanavir + low dose RTV 2 NRTIs + efavirenz 2 NRTIs + lopinavir/ritonavir
Alternative Regimens	
Children ≥ 6 mos	2 NRTIs + FPV plus low-dose RTV (FPV to be given only for infants >38 wks gestation and >28 days postnatal age)
≥ 3 yrs	2 NRTIs + DRV plus low-dose RTV
Children all ages	2 NRTIs + NVP
Regimens for Use in Special Circumstances	
2 NRTIs + atazanavir unboosted (for tx-naïve adolescents ≥ 13 yrs and ≥ 39 kg) 2 NRTIs + fosamprenavir unboosted (≥ 2 yrs) 2 NRTIs + nelfinavir (≥ 2 yrs) Zidovudine + lamivudine + abacavir	
Dual NRTI Combination Recommendations	
Preferred	Abacavir + (lamivudine or emtricitabine) (≥ 3 mos) Tenofovir + (lamivudine or emtricitabine) (Tanner Stage IV or V)* Zidovudine + (lamivudine or emtricitabine)
Alternative	Didanosine + (lamivudine or emtricitabine) Tenofovir + (lamivudine or emtricitabine) (Tanner Stage III)* Zidovudine + abacavir Zidovudine + didanosine
Use in Special Circumstances	Tenofovir + (lamivudine or emtricitabine) (prepubertal children aged ≥ 2 yrs and adolescents, Tanner stage I or II)

- Adolescents in early puberty (Tanner Stage I-II) should be dosed using the pediatric schedules, whereas older children (Tanner Stage IV) should be dosed using adult schedules. Adolescents who are in their growth spurt (Tanner III females and Tanner IV males) should be monitored closely for efficacy. Toxicity and therapeutic drug monitoring should be considered if there are concerns.
- Resistance testing is recommended for all ARV-naïve children prior to beginning ARV therapy and prior to making a change in the ARV regimen
- Perform HLA B*5701 testing prior to starting abacavir
- Pediatric dosages for TDF (2 yrs to < 18 yrs) are now available in package insert

An up-to-date and downloadable PDF file is available online at www.FCAETC.org/treatment. To order additional printed copies, please email orders@fcaetc.org. If you require an alternate format to accommodate a disability, please email contact@fcaetc.org or call 866.352.2382.

NUCLEOSIDE/NUCLEOTIDE REVERSE TRANSCRIPTASE INHIBITORS (NRTIs)

Class adverse effects: Lactic acidosis with hepatic steatosis

Abacavir (Ziagen®, ABC) G ★ Ⓢ Ⓡ

Dosage form: 300 mg tab (scored), 20 mg/mL soln (240 mL/bottle)
Neonates/Infants: Not approved in children < 3 mos
Pediatric dose: (≥ 3 mos) 8 mg/kg oral soln po bid (max dose 300 mg bid)

Pediatric Twice Daily Dose (Tablets)	
Weight (kg)	Tablets
14-21	½ tab bid
> 21 to < 30	½ tab am and 1 tab pm
≥ 30	1 tab bid

In clinically stable pts, consider once daily dosing; 16 mg/kg/dose (max dose 600 mg daily); possible increased risk of MI in adults, no data in children

Adolescents/Adults: (≥ 16 yrs) 300 mg po bid or 600 mg po once daily
Important Points:

- Instruct pt to not stop and restart medication
- Does not inhibit and is not metabolized by Cytochrome P450 (CYP450) enzymes
- Alcohol ↑ ABC levels 41%; potential for adverse effects

NOTE: Perform HLA B*5701 test prior to treatment with abacavir. Only use if test is negative.

Approximately 5% of adults and children receiving ABC develop a potentially fatal hypersensitivity reaction. Usually characterized by > 2 of the following groups: 1) fever; 2) rash; 3) gastrointestinal (nausea, vomiting, diarrhea, or abdominal pain); 4) constitutional (malaise, fatigue, or achiness); and 5) respiratory (dyspnea, cough, or pharyngitis). Generally occurs in the 1st 6 wks of therapy and has occurred after a single dose. Stop ABC and do not restart.

Didanosine (Videx® EC, ddI) G ★ Ⓢ Ⓡ

Dosage form: Pediatric powder for soln (2 or 4 g bottle), reconstituted with antacid = 10 mg/mL Videx® EC cap 125, 200, 250, 400 mg (Available in generic except for 125 mg) (Body Surface Area [BSA] = m²)
Neonates/Infants: (2 wks-3 mos) 50 mg/m²/dose every 12 hrs (≥ 3 mos to ≤ 8 mos) 100 mg/m²/dose every 12 hrs

Pediatric BSA Dose (> 8 mos)	
120 mg/m ² po every 12 hrs; range: 90-150 mg/m ² /dose po every 12 hrs (max 200 mg/dose bid)	

Pediatric Dose (6 yrs-18 yrs and ≥ 20 kg)	
Weight (kg)	EC or Generic Caps (once daily)
20 to < 25	200 mg
≥ 25 to < 60	250 mg
≥ 60	400 mg

Tx-naïve children age 3 yrs-21 yrs	
240 mg/m ² BSA po once daily (oral soln or capsules)	

Adolescents/Adults: < 60 kg: 125 mg oral soln po bid or 250 mg EC ≥ 60 kg: 200 mg oral soln po bid or 400 mg EC
with Tenofovir: < 60 kg and CrCl ≥ 60 mL/min: 200 mg po once daily EC once daily (limited data) ≥ 60 kg and CrCl ≥ 60 mL/min: 250 mg po once daily EC once daily (limited data)

Important Points:

- Admin ddI on an empty stomach. To improve adherence, some practitioners admin ddI without regard to timing of meals
- Lactic acidosis risk factors: women, obesity, prolonged NRTI exposure
- Oral soln contains antacids

Didanosine (Continued)

- Refrigerate soln, stable for 30 days, shake well
- AEs: diarrhea, abdominal pain, nausea, vomiting, peripheral neuropathy, electrolyte abnormalities, hyperuricemia, hepatic toxicity and failure, retinal depigmentation, optic neuritis, lactic acidosis, severe hepatic steatosis, and insulin resistance/DM. Potential association with noncirrhotic portal hypertension, increased LFTs/ALK phos, and thrombocytopenia

Fatal and nonfatal pancreatitis have occurred with didanosine. Fatal lactic acidosis reported in pregnant women receiving didanosine and stavudine in combination.

Emtricitabine (Emtriva®, FTC) ★ Ⓢ Ⓡ

Dosage form: 200 mg cap, 10 mg/mL oral soln (170 mL/bottle)
Neonates/Infants: (< 3 mos) 3 mg/kg oral soln once daily
Pediatric dose: < 33 kg: 6 mg/kg oral soln once daily (max dose 240 mg) (≥ 3 mos to 17 yrs) > 33 kg: 200 mg po once daily
Adolescents/Adults: (≥ 18 yrs) 200 mg cap or 240 mg (24 mL soln) po once daily
Important Points:

- Refrigerate oral soln, OK at room temp if used within 3 mos
- AEs: headache, insomnia, diarrhea, nausea, rash, hyperpigmentation of palms and soles in up to 6% of non-white pts, neutropenia, lactic acidosis, and severe hepatomegaly with steatosis (all rare). No CYP450 interactions

Exacerbations of HBV have been seen in co-infected pts who D/C FTC. Screen pt for HBV before use. Severe exacerbation of HBV can occur when medication is D/C'd.

Lamivudine (Epivir®, 3TC) ★ Ⓢ Ⓡ

Dosage form: 10 mg/mL soln (240 mL/bottle), 5 mg/mL (Epivir-HBV®), 100 mg (Epivir-HBV®), 150 (scored), 300 mg tab

Age Groups	Weight (kg)	Dosing	Max dose (mg)
Neonates/Infants: (< 4 wks)	-	2 mg/kg oral soln bid	-
Pediatric dose: (≥ 4 wks)	-	4 mg/kg/dose po bid	150 bid
	14-21	75 mg (1/2 tab) po bid	total 150 per day
	> 21 to < 30	75 mg am + 150 mg po pm	total 225 per day
Adolescents/Adults:	≥ 30	150 mg po bid	total 300 per day
	< 50	4 mg/kg/dose po bid	150 bid
Adolescents/Adults: (≥ 30 kg)	≥ 50	150 mg po bid or 300 mg po once daily	-

Important Points:

- Expert Panel supports consideration for switching from bid to once daily dosing (8-10 mg/kg, max 300 mg) in children ≥ 3 yrs of age, and clinically stable, with undetectable viral load and stable CD4 count.
- AEs: headache, fatigue, nausea, decreased appetite, diarrhea, skin rash, abdominal pain, anemia, and decreased neutrophil count. Less common: Peripheral neuropathy, pancreatitis, lipodystrophy/lipoatrophy.

Exacerbations of HBV have been seen in co-infected pts who D/C 3TC. Screen pt for HBV before use. Severe exacerbation of HBV can occur when medication is D/C'd.

Stavudine (Zerit®, d4T) G ★ Ⓢ Ⓡ

Dosage form: 15, 20, 30, 40 mg cap, 1 mg/mL soln (200 mL/bottle)
Neonates: (birth-13 days) 0.5 mg/kg/dose po bid
Pediatric dose: (14 days and < 30 kg) 1 mg/kg/dose po bid
Adolescents/Adults: (≥ 30 kg) 30 mg po bid
Important Points:

- Refrigerate soln and shake well, discard after 30 days if reconstituted
- Fatal lactic acidosis has been reported in pregnant women who received the combination of stavudine and didanosine.
- Fatal and nonfatal pancreatitis have occurred when ZERIT® was part of a combination regimen that included didanosine.
- AEs: mitochondrial toxicity, headache, GI disturbances, skin rash, peripheral neuropathy, pancreatitis, lactic acidosis/severe hepatomegaly with hepatic steatosis, lipodystrophy/lipodystrophy, hyperlipidemia, insulin resistance/DM; Rare: increased liver enzymes, progressive ascending motor weakness

When combined with didanosine, same Black Box Warnings.

Not Recommended/Insufficient Data to Recommend for Initial Therapy

Initial Regimens

TDF-containing regimens for children aged < 2 yrs

Dual (full-dose) PI regimens; Triple-class regimens, including NRTI + NNRTI + PI; Full-dose RTV or use of RTV as the sole PI

Regimens containing ETV, EFV (< 3 yrs), NFV (< 2 yrs), TPV, SQV, IDV, MVC, RAL, Rilpivirine, T-20, or EVG

Unboosted ATV-containing regimens in children < 13 yrs and/or body weight (wt) < 39 kg; Unboosted DRV-containing regimens; Once-daily dosing of boosted DRV in children aged < 12 yrs; Once daily dosing of LPV/r or boosted/unboosted FPV

Triple-NRTI regimens other than ABC + ZDV + 3TC; Regimens with dual-NRTI backbones with ABC + ddI, ABC + TDF and ddI + TDF; 4 drug regimens with 3 NRTIs + NNRTI

Antiretroviral Regimens or Components Not Recommended at Any Time

Regimens	Comments
Monotherapy	Zidovudine may be considered for use to prevent perinatal transmission if VL controlled < 1000 copies/mL; ZDV prophylaxis is the standard regimen (1 st 6 wks) for HIV exposed infants
2-agent drug combinations	Resistance develops rapidly. Inferior to ≥ 3 drugs. If virologic goals achieved, some clinicians may choose to continue
Dual-NNRTI	Enhanced toxicity
ABC + TDF + 3TC (or FTC)	High rate of early virologic non-response seen in ARV-naïve pts
TDF + ddI + 3TC (or FTC)	High rate of early virologic non-response seen in ARV-naïve pts
d4T + ZDV	Both thymidine analogs; antagonistic
d4T + ddI	Increased risk of toxicities; lactic acidosis and pancreatitis; may consider when no other options and potential benefits outweigh risks. Fatalities reported when used in pregnancy
FTC + 3TC	Similar resistance profile; no potential benefit
ddl + TDF	Increased ddl concentrations and serious toxicities including pancreatitis and lactic acidosis
ETR + unboosted PI	ETR may induce metabolism of PIs. Reduce drug exposure
ETR + boosted ATV or FPV	May induce metabolism of PIs. Appropriate PI dose not established
ETR + boosted TPV	Boosted TPV greatly reduces ETR concentrations
amprenavir oral soln	Contains large amounts of propylene glycol; contraindicated in pregnancy, children < 4 yrs, renal or hepatic failure, and those taking metronidazole or disulfiram, or ritonavir oral soln
amprenavir oral soln + ritonavir oral soln	Should not be combined due to propylene glycol in amprenavir soln/alcohol in ritonavir soln
amprenavir + fosamprenavir	Amprenavir is active in both drugs; no benefit
atazanavir + indinavir	Potential for additive hyperbilirubinemia
saquinavir hard gel cap (Invirase®) as single PI	Must combine with other PIs such as ritonavir or lopinavir/ritonavir due to poor bioavailability
EFV in 1 st trimester of pregnancy or in women with pregnancy potential	Teratogenic in monkeys-consider use only if no other options available and potential benefits outweigh risks
Unboosted saquinavir, darunavir, or tipranavir	Poor oral bioavailability and inferior virologic activity if unboosted
nevirapine initiation in girls with CD4 > 250 cells/mm ³ or in boys with CD4 > 400 cells/mm ³	Higher incidence of symptomatic hepatic events; use only if potential benefits outweigh risks

Tenofovir (Viread®, TDF) B Ⓢ Ⓡ

Dosage form: 150, 200, 250, 300 mg tabs, 40 mg per 1 g/1 scoop powder formulation
Neonates/Infants: Safety and efficacy not established in children < 2 yrs of age (use with caution)
Pediatric dose: (≥ 2 yrs to < 12 yrs) 8 mg/kg (max 300 mg) po once daily

Weight (kg)	Scoops of Powder ^a (once daily)	Tablets (once daily)
10 to < 12	2	-
12 to < 14	2.5	-
14 to < 17	3	-
17 to < 19	3.5	150 mg
19 to < 22	4	150 mg
22 to < 24	4.5	200 mg
24 to < 27	5	200 mg
27 to < 29	5.5	See table below
29 to < 32	6	250 mg
32 to < 34	6.5	250 mg
34 to < 35	7	250 mg
≥ 35	7.5	300 mg

Dosing Recommendations for Pediatric Patients ≥ 2 yrs and ≥ 17 kg Using Tenofovir Tablets

Weight (kg)	Tablets (once daily)
17 to < 22	150 mg
22 to < 28	200 mg
28 to < 35	250 mg
≥ 35	300 mg

8. Powder formulations (use supplied scoop) should be mixed with soft food (e.g., applesauce, yogurt). Ingest immediately to avoid bitter taste. Do not add liquid since powder will float to top.

Adolescents/Adults: (≥ 12 yrs and ≥ 35 kg) 300 mg po once daily
Important Points:

- Some experts recommend monitoring for proteinuria and glycosuria every 6-12 mos.
- Drugs which reduce renal function or compete for active tubular secretion may change the tenofovir concentration and/or other renally eliminated drugs- dosage adjustment is needed
- Interacts with ddI (See ddI for dosing) and ATV (See ATV for dosing)
- Adjust dosage in pts with renal insufficiency and CrCl < 50 mL/min
- AEs: nausea, diarrhea, vomiting, flatulence, headache, asthenia, renal insufficiency, proximal renal tubular dysfunction that may include Fanconi syndrome. Concerns about decreased bone mineral density (BMD), pre-pubertal pts (Tanner stages I and II) are at higher risk

Exacerbations of HBV have been seen in co-infected pts who D/C TDF. Screen pt for HBV before use. Severe exacerbation of HBV can occur when medication is D/C'd.

Zidovudine (Retrovir®, AZT, ZDV) G ★ Ⓢ Ⓡ

Dosage form: 300 mg tab, 100 mg cap; 10 mg/mL syrup (240 mL/bottle); 10 mg/mL injectable

Age Groups	Gestational Age	Dosing (start as soon after birth as possible, preferably within 6-12 hrs of birth, 6 wks total)	
Neonates/Term Infants	≥ 35 wks	4 mg/kg/dose body wt po bid	3 mg/kg/dose IV every 12 hrs (change to oral dosing when possible)
Premature Infants	< 35 to ≥ 30 wks	2 mg/kg/dose po every 12 hrs for 2 wks, then advanced to 3 mg/kg/dose po every 12 hrs at ≥ 15 days of age	1.5 mg/kg/dose IV every 12 hrs for 2 wks, then advanced to 2.3 mg/kg/dose IV every 12 hrs at ≥ 15 days of age
	< 30 wks	2 mg/kg/dose po every 12 hrs for 4 wks, then advanced to 3 mg/kg/dose po every 12 hrs after age 4 wks	1.5 mg/kg/dose IV every 12 hrs for 4 wks, then advanced to 2.3 mg/kg/dose IV every 12 hrs after age 4 wks

INTEGRASE INHIBITOR

Raltegravir (Isentress®, RAL) Ⓢ Ⓡ

Dosage form: 25 mg, 100 mg (scored) chewable tabs, 400 mg film-coated tab (contains phenylalanine)
Film-coated tabs and chewable tabs are not interchangeable

Pediatric dose: (< 2 yrs) Safety and efficacy not established (≥ 2 yrs to < 12 yrs) < 25 kg: chewable tab po bid as per weight based table (max 300 mg bid) ≥ 25 kg: 400 mg film-coated tab bid or chewable tabs as per the table

Adolescents/Adults: (>12 yrs) 400 mg film-coated tab bid

Important Points:

- Caution should be used when coadministering RAL with strong inducers of uridine diphosphate glucuronosyltransferase (UGT) 1A1 (e.g., rifampin, TPV). ATV is an inhibitor of UGT1A1 which can ↑ RAL concentrations
- AEs: limited data in children; psychomotor hyperactivity, abnormal behavior and insomnia, allergic rash and ↑ LFTs. In adults, diarrhea, nausea, headache and pyrexia, elevation of ALT, AST and CPK, myopathy, rash, Stevens-Johnson syndrome (SJS), thrombocytopenia, and rhabdomyolysis have been reported

Weight (kg)	Dosing	# of Chewable Tablets (bid) ^{5,6,7}
10 to < 14	75 mg	3 x 25 mg
14 to < 20	100 mg	1 x 100 mg
20 to < 28	150 mg	1.5 x 100 mg
28 to < 40	200 mg	2 x 100 mg
≥ 40	300 mg	3 x 100 mg

5. ISENTRESS® [package insert], Whitehouse Station, NJ: Merck & Co., Inc.; 2012
6. WT-based dosing for the chewable tab is based on 6 mg/kg/dose po bid
7. 100 mg tabs can be divided into equal halves

Elvitegravir (EVG) Ⓢ Ⓡ

Dosage form: Only available in fixed dose combination tablets (Stribild) Elvitegravir (EVG) + cobicistat (COBI) + emtricitabine (FTC) + tenofovir disoproxil fumarate (TDF) EVG 150 mg + COBI 150 mg + FTC 200 mg + TDF 300 mg

Pediatric dose: (< 18 yrs) Not FDA-approved or recommended for use in children < 18 yrs
Adolescents/Adults: (> 18 yrs) 1 tablet po once daily in antiretroviral naïve adults

Important Points:

- Take with food
- Do not initiate in patients with a baseline CrCL < 70 mL/min
- Discontinue if CrCL < 50 mL/min
- Abrupt withdrawal can cause chronic active hep B flares
- Monitor estimated creatinine clearance, urine glucose and urine protein
- Many drug interactions via CYP3A, CYP2D6, and p-glycoprotein pathways (see package insert)
- Separate from antacids (e.g., aluminum or magnesium hydroxide, calcium carbonate) by at least 2 hrs, no adjustments needed with H2 blockers or PPIs
- Do not administer with other antiretrovirals; avoid concomitant use of nephrotoxic agents
- AEs: Nausea, diarrhea, modest ↑ SCr expected (mean: 0.14 ± 0.13 mg/dL), acute renal failure, and proximal tubular dysfunction, nausea, flatulence, renal insufficiency, decreased bone mineral density

Exacerbations of HBV have been seen in co-infected pts who D/C EVG. Screen pt for HBV before use. Severe exacerbation of HBV can occur when medication is D/C'd.

The information contained in this publication is intended for medical professionals. If a serious adverse event occurs, please report the event to the FDA (www.fda.gov/Safety/MedWatch/HowToReport/default.htm), to help increase pt safety. Recognizing the rapid changes that occur in this field, clinicians are encouraged to consult with their local experts or research the literature for the most up-to-date information to assist with individual tx decisions for their pt.

Visit www.FCAETC.org/treatment for the most up-to-date version of this resource.

Zidovudine (Continued)

Pediatric dose: 180-240 mg/m² po every 12 hrs or 160 mg/m² every 8 hrs

Pediatric Dose (6 wks to < 18 yrs)	
Weight (kg)	Dosing (twice-daily)
4 to < 9	12 mg/kg
9 to < 30	9 mg/kg
≥ 30	300 mg

Adolescents/Adults: (≥ 18 yrs) 300 mg po bid
Important Points:

- AEs: headache, nausea, vomiting, insomnia, asthenia, bone marrow suppression, macrocytic anemia, neutropenia, fatigue, myositis, liver toxicity,

