Naloxone and You

What You Need to Know

What is naloxone?

Naloxone (Narcan) is a medicine that can reverse (stop) the deadly effects of an opioid overdose. It can save the lives of many different types of people.

Who needs naloxone?

It isn't just people with substance use disorders that benefit from naloxone. While it can save the lives of people with substance misuse problems, it can also save the lives of:

• a grandfather with dementia who accidentally took triple his dose of medicine



 a child who took an opioid drug thinking it was candy



a family pet who got into a bottle of opioid medicine



 a curious teen who read about drugs on social media and decided to experiment



• a grandmother taking multiple medicines that could cause her to stop breathing



• a mom recovering from surgery who is trying to find pain relief and mistakenly overdoses.



How does naloxone help?

- In 2021, there were over 100,000 overdose deaths in the U.S. Tennessee has one of the highest overdose rates in the country.
- Over 70% of drug overdoses are caused by opioid medicines.
- In states where naloxone is available, there has been a 10% decrease in opioid-related deaths.
- In the U.S., a person is 20 times more likely to die of a drug overdose than a housefire.
- Having naloxone on hand can help protect you and your loved ones.

