

Residency and Fellowship Training





WELCOME FROM THE CHAIR

Psychiatry is changing. The emergence of new knowledge provides opportunities for improved diagnosis and treatment of mental illness. It is our mission to translate these discoveries into clinical practice. We provide inpatient care to children, adolescents, and adults in the Vanderbilt Psychiatric Hospital (VPH), a 106-bed facility on the campus of Vanderbilt University Medical Center. The neighboring Veterans Administration Hospital, across

a small courtyard from our campus, is a training site for our medical students and residents. Our research portfolio includes clinical, translational and preclinical studies of brain and behavior. The research community at Vanderbilt is ideal for us, with many resources and outstanding faculty in the Vanderbilt Brain Institute, Vanderbilt University Institute of Imaging Sciences and Vanderbilt Kennedy Center. The department-sponsored Grand Rounds series provides community-wide education on mental health, with renowned faculty from both Vanderbilt and other institutions.

We look forward to meeting you.

STEPHAN HECKERS, MD, MSc Chair, Department of Psychiatry and Behavioral Sciences William P. and Henry B. Test Chair in Schizophrenia Research



WELCOME FROM THE RESIDENCY TRAINING DIRECTOR

As one of the leading centers in the nation for medical education, advanced patient care and biomedical research, Vanderbilt has a tradition of preparing physicians for careers in psychiatry. You will find Vanderbilt University Medical Center, in the midst of the beautiful Vanderbilt University campus, to be an ideal place for your training. Nashville, one of America's most interesting and dynamic cities,

provides the backdrop. The residents, fellows and faculty of our department intermingle with outstanding medical students and over 80 residency and fellowship programs throughout the Medical Center. This creates an atmosphere in which you will thrive personally and professionally. We are delighted that you have an interest in learning more about the training opportunities in the Department of Psychiatry at Vanderbilt.

Please contact us with any questions.

MAJA SKIKIC, MD Residency Training Director





GENERAL ADULT PSYCHIATRY RESIDENCY

The Vanderbilt Psychiatry Residency program was founded in 1947 and offers an opportunity for residents to receive training in general psychiatry and to begin a career balanced with clinical and academic possibilities. Our four-year program is ACGME accredited with 9 resident positions each year. We offer a general track, child and adolescent fast track, and a research track.

The program has a developing educational focus on integrating neuroscience and evolutionary psychiatry in our formulation and clinical reasoning. Research and teaching are major areas of growing emphasis for our residency. Clinical training is broadly diversified with many elective opportunities to permit residents to explore their interests. Training sites include inpatient, outpatient, general hospital,

and community settings. The department has a broad range of research opportunities for residents who work closely with a highly collaborative faculty. Our program seeks academically accomplished, mature, and compassionate residents.



ADDICTION PSYCHIATRY FELLOWSHIP

The Vanderbilt Addiction Psychiatry Fellowship is a one-year ACGME-accredited training program designed to develop fellows' clinical, teaching, scholarly, and leadership skills -- and to graduate exceptional addiction psychiatrists ready to join our patients, health systems, and communities facing the challenges of substance-related and addictive disorders. Clinical training sites span the levels-of-care spectrum and are chosen to create well-rounded clinicians with experience across diverse populations and degrees of acuity. Core experiences include medically-supervised withdrawal and psychiatric stabilization on our inpatient co-occurring disorders unit, engaging and managing general medical inpatients on the addiction consult service, post-acute stabilization in the low-barrier bridge clinic, and maintenance care in the outpatient addiction psychiatry



KRISTOPHER KAST, MD Program Director, Addiction Psychiatry Fellowship

clinic. Care is delivered within an interdisciplinary and multi-specialty team, including primary care, infectious disease, pain medicine, advanced practice, social work, psychology, and recovery coach colleagues. The curriculum further incorporates unique experiences in perinatal and physician health, and works to grow fellows' individual interests within addiction psychiatry. Fellows also have protected scholarly time with faculty support for teaching, research, and academic writing.

CHILD AND ADOLESCENT PSYCHIATRY FELLOWSHIP

Our Child and Adolescent Psychiatry Fellowship program is a two-year clinical fellowship and offers a total of eight ACGME-approved positions (four per year). Residents can first apply for a position in our fellowship program during the early portion of their PGY-3 year of training and become eligible to enter the fellowship upon successful completion of their PGY-3 year of training or after completion of a general psychiatry residency. The program offers exceptional opportunities in clinical training, teaching, and research. Our particular strengths lie in hospital-based psychiatry with robust activities through the Vanderbilt Psychiatric Hospital and Monroe Carell Jr. Children's Hospital at Vanderbilt.



EDWIN WILLIAMSON, MD Program Director, Child and Adolescent Psychiatry Fellowship



CONSULTATION-LIAISON PSYCHIATRY FELLOWSHIP

The Vanderbilt University Consultation-Liaison Psychiatry Fellowship is a one-year, ACGME accredited program supporting two fellows per year. The fellows' clinical work is primary within the Vanderbilt University Medical Center (VUMC) Psychiatry Consultation services, including intensive work on the general consultation service as well as immersive subspecialty experience on addiction, transplant, emergency, and proactive consultation teams. VUMC has over 800 beds and provides tertiary and quaternary care for a geographical catchment area encompassing much of the Southeastern United States. The variety and acuity of patients allows fellows to evaluate and manage rare neuropsychiatric conditions, collaborate with specialties across the medical center, and play integrate roles in the management of complex medicolegal issues. Fellows will also have access to a wide variety of outpatient electives in various settings. Flexibility of experience is an important feature of the fellowship, and each fellow's year is carefully crafted to best reach their individual goals.



JONATHAN SMITH, MD Program Director, Consultation-Liaison Psychiatry Fellowship

GERIATRIC PSYCHIATRY FELLOWSHIP

The Vanderbilt Geriatric Psychiatry Fellowship is a joint effort between the Vanderbilt University Department of Psychiatry and Behavioral Sciences and the Tennessee Valley Healthcare Systems VA Hospitals. The program provides a well-rounded educational and clinical training experience in geriatric psychiatry within the context of an outstanding academic medical center with a broad base of clinical and research activities relevant to aging. The 12-month program prepares trainees for clinical and academic leadership in the field of Geriatric Psychiatry and for the certification examination for Geriatric Psychiatry by the American Board of Psychiatry and Neurology.



PATRICIA ANDREWS, MD Program Director, Geriatric Psychiatry Fellowship



POSTDOCTORAL FELLOWSHIP TRAINING PROGRAM IN PROFESSIONAL PSYCHOLOGY

Our Postdoctoral Fellowship Training Program for clinical psychologists is a one-year APPIC-membership program offering up to 5 fellowship positions each year. The program consists of multiple tracks within the clinical and research programs affiliated with the department, including autism, child welfare and trauma-informed care, health psychology, psychotic disorders, and psychotherapy. Each track provides excellent opportunities to further specialize clinical skills while also allowing fellows the flexibility to build their research portfolio.



NEIL D. WOODWARD, PhD Program Director, Postdoctoral Fellowship Training

VANDERBILT UNIVERSITY MEDICAL CENTER INTERNSHIP IN PROFESSIONAL PSYCHOLOGY (VUMC-IPP)

The VUMC-IPP for clinical psychologists is a one-year, full-time program approved by the American Psychological Association and member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) offering 4 positions in autism and lifespan development, child & adolescent psychology, general adult psychiatry and adult psychosis. The training is conceptually grounded in the scientist-practitioner model including in-depth, immersive experience consistent with the placement track, a broad range of research opportunities as well as unique elective training experiences.



BLYTHE CORBETT, PhD Director, Vanderbilt University Medical Center Internship in Professional Psychology



DIVERSITY TRAINING

The psychiatry training programs at Vanderbilt greatly value diversity. Our programs seek to foster an environment that is inclusive and supportive of racial, ethnic, religious and cultural diversity; disabilities; and gender, gender identity, gender expression, and sexual orientation. In addition to diversity initiatives in the department of psychiatry, Vanderbilt University and Vanderbilt University School of Medicine's Office for Diversity Affairs and the Office for Diversity in House Staff and Faculty Affairs offer a range of programs and interest groups that support diversity in student groups and across the whole of the medical school, residency, and fellowship experiences.

ABOUT VANDERBILT AND NASHVILLE

Vanderbilt is among the nation's top medical schools and research institutions. The university and the medical center are nestled on a 330 acre campus in the heart of Nashville, also known as Music City USA and the Athens of the South. Ranked by *Travel + Leisure* magazine as one of the nation's top 5 cities to live in, and as destination of the year in 2015, Nashville is progressive and dynamic with extremely rich cultural offerings. The city is home to vibrant African American, Native American, Hispanic, Middle Eastern and Asian communities—including the nation's largest Kurdish



population. Nashville was cited by the *New York Times* and *U.S. News & World Report* as among the best LGBT friendly cities and is increasingly a destination for international travelers. Nashville is rapidly growing—cited by *Forbes* as one of America's next boom towns—and is one of the top cities in the nation for young people to relocate to after college. Nashville's music scene is legendary and *U.S. News and World Report* listed Nashville among the best nightlife scenes in America.

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Vanderbilt University School of Medicine

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