Today’s schedule

8:30-8:35: General orientation

8:35-9:35: Dr. Skikic
Psychopharmacology 1

9:40-10:10: Drs. Jacobowski
Psychiatric Interview & MSE

10:15-11:00: General orientation

11:05-11:55: Dr. Philips
Psychotherapy

12:00-1:00: Lunch on your own

1 p.m. – 1:55: Dr. Fleisch
Psychopharmacology 2

2:00-2:30: Wrap up and tour

2:30: Meet your teams
Welcome!

It's all about the brain
DSM-5 is here
The Numbers: Mental Illness in Adults, 2010
(In millions)

- Schizophrenia: 2.6
- Borderline Personality Disorder: 3.8
- Bipolar Disorder: 6.1
- Panic Disorder: 6.3
- Generalized Anxiety Disorder: 7.3
- Post-traumatic Stress Disorder: 8.2
- ADHD: 9.6
- Major Depressive Disorder: 15.7

Source: National Institute of Mental Health, Health Topics, Statistics
Figure 1. Expenditures for the five most costly conditions, 1996 and 2006

Source: Center for Financing, Access, and Cost Trends, AHRQ, Household Component of the Medical Expenditure Panel Survey, 1996 and 2006
Estimated Economic Cost to Society Due to Substance Abuse and Addiction:

- Illegal drugs: $181 billion/year
- Alcohol: $185 billion/year
- Tobacco: $193 billion/year

Total: $559 billion/year


Bookmark or otherwise keep it handy!
Approach to learning

- Weekly patient case conferences (most Tuesdays and Wednesdays noon-1)
- Case based learning conference (some Tuesdays noon-1)
- Required textbook (Introductory Textbook of Psychiatry, 5th edition)
- Online learning modules from ADMSEP
- Lecture notes and quizzes in the eBinder
- Other resources: PubMed and UpToDate
- Weekly case discussion (Fridays from 1-3)
- Psychiatry Grand Rounds (Fridays noon-1—not till September)
- DSM-5 (online at Eskind)
Patient Encounter List

- Please keep an ongoing log
- You can email it, no need for formal organization
- Patient diagnosis and location/date if possible (No Names!)
- Can include any patient that you had a meaningful clinical learning experience with—those you follow or that you see presented.
Weekly Cases

- 3 weekly cases to be discussed on Fridays from 1 p.m. - 3 p.m.
- Each case becomes available on orientation day or Monday in advance
- You can bring your lunch
- No case the last week because of the shelf
- Students can work in groups on the cases
- Read broadly!!
Call is nights from 5 p.m. – 10 p.m.

Weekend call is from 9 a.m. – 9 p.m. on a Saturday or Sunday

Students should contact the senior psychiatry resident on call at the start of each call period. The senior resident will assign you to a specific active part of the medical center.

Weekends—if you are not on call on the weekend then you are off on the weekend! Students are welcome to come in and round with their team, if your team happens to be the on call rounding team, but this is their choice.
If you are on an adult inpatient team:
Adult Inpatient Morning Report is held in the large conference room on the first floor of VPH in room 1027 at 8:00 a.m. and is attended by the residents, students, social workers, admissions staff, and attendings working on the inpatient units. During the first part of this handover meeting, you will present a brief synopsis of any patient you helped admit the previous day. After this, everyone but the residents, students, Dr. Clark and Dr. Peters will leave, and a teaching session around a patient previously presented at Morning Report will be conducted. You may be asked to present briefly (no more 5 minutes) the next day on a topic that is generated from the discussion.
If you are on a child and adolescent inpatient team or the child and adolescent consult service:

Child and Adolescent Morning Report is held in a conference room on the third floor of VPH (room 3047) at 8:00 a.m. Those in attendance include in-patient child attendings and the child consult attending, child unit social workers, and child fellows currently on those respective rotations. New patients are discussed, generally by the consult team or the child fellow on call. One time during the rotation, you will be expected to give a 3-5 minute presentation on a topic of your choice. If you were on call with the resident the previous night, you attend the adult inpatient team report (the one described above) instead of the child and adolescent inpatient morning report.
If you are on the adult consult service:
Adult Consult Morning Report is held on Monday mornings at 8:00 AM on the 11th floor of Oxford House and is attended by the nurse case managers, students, residents, attendings, and consult service staff. Here all of the patients on the consult service are discussed with priority given to the new patients that were seen over the weekend and you will be expected to attend and present any patients that you are managing. On the other four days of the week you are encouraged to attend the general residency morning report. If you were on call with the resident the previous night, you attend the adult inpatient team report (the one described above) instead of the Adult Consult Morning Report.
Online Modules

Online modules from the Association of Directors of Medical Student Education in Psychiatry (ADMSEP)

http://www.admsep.org/csi-eModules.php


* Liu, Howard. Adolescent Depression Module, 2013

* Ton, Hendry. The Psychiatric Interview, 2013

* iPad users, please note that these modules use a video type that is not natively supported on your device. So you will need a special app to view these files, e.g. Puffin (https://itunes.apple.com/us/app/puffin-web-browser/id406239138?mt=8). You will need the paid version, not the free version
MCT Patient Interview with Dr. Sanders

- Students are paired.
- One observes, one performs interview
- Each student should have two observed interviews
- Dr. Sanders schedule is tight—be prompt!
- The interviews are formative and counts 10% of grade
- Criteria are provided in the standardized form
ECT

- Read the ECT lecture notes before hand
- Arrive on time!
12 Step Meeting

- This is a Narcotics Anonymous meeting
- Read the AA primer prior to attending—even though you will attend an NA meeting, the principles are the same and the AA primer is the most thorough
- Arrive slightly early—meetings start on time!
Think about language!!!!

• Patients are not “borderlines” or “addicts” or “schizophrenics”

• Patients suffer from psychiatric illnesses, such as borderline personality disorder, addiction, or schizophrenia.
do’s and don’ts of being in a psychiatric hospital
(looking through the window slit in all doors to
know whether it is safe to open the door

always being between the patient and the door
so you can step out if patient escalates

notifying staff when you take patients in for an
interview as all patients are on checks (and can’t
be missing).