Participant ID

Baseline Survey

CEASAR STUDY

This questionnaire is about your quality of life and other experiences related to your prostate cancer. Please complete this survey and return it as soon as possible. Do not wait until you have started treatment for your prostate cancer.

If you have already started treatment for prostate cancer, please still complete the survey and return it as soon as you can. Some questions may ask you to answer based on how you were feeling in the period just before you started treatment. Please think back to the time just before you started treatment and answer these questions the best you can.

To help us get the most accurate information, it is important that you answer all questions honestly and completely about your own experience. You may skip any questions that you are uncomfortable answering. Your responses will help us in our efforts to learn more about how to best treat prostate cancer.

Information contained within this survey will remain strictly confidential.

Thank you very much for your assistance in answering these questions.

Participant ID ___ ___________

General Instructions

PLEASE READ THESE INSTRUCTIONS CAREFULLY

- Answer each question as best you can. If you choose to skip a question, please write 'skip' next to it.

- Please fill in the oval next to your answer completely using blue or black ink.

  Example: Fill in ovals completely, like this: ⬬
  Not like this: ⊗ Or this: ◉

- Please follow any instructions that direct you to the next question.

  Example: ⬬ No ***(If no, go to the 'If no' section on the next page)***

- If you mark an answer with a line after it, please write the specific information on the line.

  Example:

  ⬬ Other, please specify: *my friend who is a doctor*

- Mark only one response for each question, unless other instructions are given.

- If you mark the wrong oval by mistake, put an X through it and fill in the correct answer, like this: ⬬

- As much as possible, please try to answer all of the questions in one sitting.

Participant ID __ __ __ __ __ __ __ __ __ __

General Prostate Cancer Questions

1. Today's date: ___ / ___ / 2 0 __ __
Month Day Year

2. What is your current age? ___

3. What is your most recent PSA result? ___ . ___

- ○ Don't know

4. Has your doctor told you that your cancer has spread outside your prostate? *(Choose one answer)*

- ○ Yes
- ○ No
- ○ Don't know

5. What is your current employment status? *(Choose all that apply)*

- ○ Working full time
- ○ Working part time
- ○ Retired
- ○ Unemployed (or looking for work)

6. Have you started/received any therapy/treatment for your prostate cancer?

- ○ Yes
- ○ No

If yes, what type of therapy *(Choose all that apply)*:

- ○ Surgery (prostatectomy)
- ○ External beam radiation (standard or conformal)
- ○ Radioactive seeds (implants, brachytherapy)
- ○ Hormone therapy (including shots or pills such as Flutamide, Eulexin, Casodex, Zoladex, or Lupron)
- ○ Cryotherapy (freezing of the prostate)
- ○ No active treatment (watchful waiting or observation)
- ○ Other initial therapy (please specify): ____________________

General Health

7. In general, would you say your health is:

- ○ Excellent
- ○ Very good
- ○ Good
- ○ Fair
- ○ Poor
- ○ Very poor

8. During the past 6 months, how often did you feel short of breath?

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
a. When lying down flat	○	○	○	○	○
b. When sitting or resting	○	○	○	○	○
c. When walking less than one block	○	○	○	○	○
d. When climbing one flight of stairs	○	○	○	○	○
e. When climbing several flights of stairs	○	○	○	○	○

9. Have you ever been told by a physician that you have any of the following problems related to your heart or circulation?: *(Choose one for each item)*

	No	Yes
a. Heart attack	○	○
b. Congestive heart failure	○	○
c. Angina	○	○

Participant ID |__|__| |__|__|__|__|__|__|__|__|

10. In the past 6 months, how many times have you had any of the following problems related to your heart or circulation?

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
a. Chest pain or pressure when you exercise	○	○	○	○	○
b. Chest pain or pressure when resting	○	○	○	○	○
c. Ankles or legs that swell as the day goes on	○	○	○	○	○
d. Fainting or dizziness when you stand up	○	○	○	○	○

For the next set of questions, if you have already started therapy/treatment for your prostate cancer, please think back to the 4 weeks immediately before you began therapy to answer the questions.

11. The following items are activities you might do during a typical day. Does your health now **(if you have already started therapy/treatment for your prostate cancer, please think back to the 4 weeks immediately before you began therapy to answer this question)** limit you in these activities? If so, how much? (Choose one response on each line)

	Yes, I am LIMITED a lot	Yes, I am LIMITED a little	No, I am NOT LIMITED at all
a. Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports	○	○	○
b. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf	○	○	○
c. Lifting or carrying groceries	○	○	○
d. Climbing several flights of stairs	○	○	○
e. Climbing one flight of stairs	○	○	○
f. Bending, kneeling, or stooping	○	○	○
g. Walking more than a mile	○	○	○
h. Walking several hundred yards	○	○	○
i. Walking one hundred yards	○	○	○
j. Bathing or dressing yourself	○	○	○

Participant ID |__|__| |__|__|__|__|__|__|__|__|

12. These questions are about how you have felt during the past 4 weeks **(if you have already started therapy/treatment for your prostate cancer, please think back to the 4 weeks immediately before you began therapy to answer this question)**. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks **(or the 4 weeks prior to treatment, if you have already started therapy)**... *(Choose one response on each line)*

	None of the time	A little of the time	Some of the time	A good bit of the time	Most of the time	All of the time
a. Did you feel full of life?	○	○	○	○	○	○
b. Have you been very nervous?	○	○	○	○	○	○
c. Have you felt so down in the dumps that nothing could cheer you up?	○	○	○	○	○	○
d. Have you felt calm and peaceful?	○	○	○	○	○	○
e. Did you have a lot of energy?	○	○	○	○	○	○
f. Have you felt down-hearted and depressed?	○	○	○	○	○	○
g. Did you feel worn out?	○	○	○	○	○	○
h. Have you been happy?	○	○	○	○	○	○
i. Did you feel tired?	○	○	○	○	○	○

13. During the past 4 weeks **(or the 4 weeks prior to treatment, if you have already started therapy)** how often were the following statements true: *(Choose one response on each line)*

	None of the time	Some or a little of the time	Occasionally	Most or all of the time
a. I was bothered by things that usually don't bother me	○	○	○	○
b. I felt that I could not shake off the blues even with help from my family or friends	○	○	○	○
c. I had trouble keeping my mind on what I was doing	○	○	○	○
d. I felt depressed	○	○	○	○
e. I felt that everything I did was an effort	○	○	○	○
f. My sleep was restless	○	○	○	○
g. I was happy	○	○	○	○
h. I enjoyed life	○	○	○	○
i. I felt sad	○	○	○	○

Specific Health Issues

For the next set of questions, if you have already started therapy/treatment for your prostate cancer, please think back to the 4 weeks immediately before you began therapy to answer the questions.

Urinary Issues

14. Over the **past 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**, how often have you leaked urine? *(Choose one)*

- ○ More than once a day
- ○ About once a day
- ○ More than once a week
- ○ About once a week
- ○ Rarely or never

15. Which of the following best describes your urinary control **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ No urinary control whatsoever
- ○ Frequent dribbling
- ○ Occasional dribbling
- ○ Total control

16. How many pads or adult diapers per day did you usually use to control leakage **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ None
- ○ 1 pad per day
- ○ 2 pads per day
- ○ 3 or more pads per day

Participant ID

17. How big a problem, if any, has each of the following been for you **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one for each item)*

	No problem	Very small problem	Small problem	Moderate problem	Big problem
a. Dripping or leaking urine	○	○	○	○	○
b. Pain or burning on urination	○	○	○	○	○
c. Bleeding with urination	○	○	○	○	○
d. Weak urine stream or incomplete emptying	○	○	○	○	○
e. Need to urinate frequently during the day	○	○	○	○	○

18. Overall, how big a problem has your urinary function been for you **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ No problem
- ○ Very small problem
- ○ Small problem
- ○ Moderate problem
- ○ Big problem

Bowel Issues

19. How big a problem, if any, has each of the following been for you **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one response on each line)*

	No problem	Very small problem	Small problem	Moderate problem	Big problem
a. Urgency to have a bowel movement	○	○	○	○	○
b. Increased frequency of bowel movements	○	○	○	○	○
c. Losing control of your stools	○	○	○	○	○
d. Bloody stools	○	○	○	○	○
e. Abdominal/pelvic/rectal pain	○	○	○	○	○

20. Overall, how big a problem have your bowel habits been for you **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ No problem
- ○ Very small problem
- ○ Small problem
- ○ Moderate problem
- ○ Big problem

Sexual Issues

21. Do you currently use any of the following to help with problems with sexual function?

	Yes	No
a. Vacuum suction device?	○	○
b. Penile injections (shots)?	○	○
c. Pills, such as Viagra, Cialis, Levitra?	○	○
d. Urethral pellets or suppositories (Muse)?	○	○
e. Penile prosthesis?	○	○

22. How would you rate each of the following **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? (*Choose one response on each line)*

	Very poor to none	Poor	Fair	Good	Very good
a. Your ability to have an erection?	○	○	○	○	○
b. Your ability to reach orgasm (climax)?	○	○	○	○	○

23. How would you describe the usual QUALITY of your erections **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ None at all
- ○ Not firm enough for any sexual activity
- ○ Firm enough for masturbation and foreplay only
- ○ Firm enough for intercourse

24. How would you describe the FREQUENCY of your erections **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ I NEVER had an erection when I wanted one
- ○ I had an erection LESS THAN HALF the time I wanted one
- ○ I had an erection ABOUT HALF the time I wanted one
- ○ I had an erection MORE THAN HALF the time I wanted one
- ○ I had an erection WHENEVER I wanted one

25. Overall, how would you rate your ability to function sexually **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ Very poor
- ○ Poor
- ○ Fair
- ○ Good
- ○ Very good

26. Overall, how big a problem has your sexual function or lack of sexual function been for you **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)**? *(Choose one)*

- ○ No problem
- ○ Very small problem
- ○ Small problem
- ○ Moderate problem
- ○ Big problem

27. How big a problem **during the last 4 weeks (or the 4 weeks prior to treatment, if you have already started therapy)** if any, has each of the following been for you? *(Choose one response on each line)*

	No problem	Very small problem	Small problem	Moderate problem	Big problem
a. Hot flashes	○	○	○	○	○
b. Breast tenderness/enlargement	○	○	○	○	○
c. Feeling depressed	○	○	○	○	○
d. Lack of energy	○	○	○	○	○
e. Change in body weight	○	○	○	○	○

Concerns Surrounding Impact of Prostate Cancer

28. Sometimes people with prostate cancer have concerns about complications that may develop. How much are you worried or concerned about each of the following? *(Choose one response on each line)*

	Extremely worried	Very worried	Worried	Not very worried	Not worried at all
a. Losing sexual function after treatment	○	○	○	○	○
b. Having bowel problems after treatment	○	○	○	○	○
c. Becoming dependent on family or friends because of prostate cancer	○	○	○	○	○
d. The lack of a cure for prostate cancer	○	○	○	○	○
e. Dying earlier than most people, because of prostate cancer	○	○	○	○	○
f. Having other major health problems made worse by prostate cancer	○	○	○	○	○
g. The overall impact of prostate cancer on your health	○	○	○	○	○

Participant ID

29. Overall, how much of a burden is your having prostate cancer on you and your family in each of the following areas? *(Choose one response on each line)*

	Very large burden	Large burden	Feel neutral	Small burden	Very small burden	Not a burden at all
a. Our overall health	○	○	○	○	○	○
b. Our social activities	○	○	○	○	○	○
c. Our lifestyle	○	○	○	○	○	○
d. Our finances in general	○	○	○	○	○	○
e. Our finances due to the cost of my treatment	○	○	○	○	○	○
f. Our finances due to the other costs of health care for prostate cancer (such as visits to the doctor, etc.)	○	○	○	○	○	○
g. Our finances due to the cost of my health insurance because I have prostate cancer	○	○	○	○	○	○

30. How often have you worried that the cancer treatment you choose will have a significant impact on your close relationships? *(Choose one)*

- ○ Never
- ○ Rarely
- ○ Sometimes
- ○ Often
- ○ Very often

31. How often have you wondered why you got cancer or asked "Why me?" *(Choose one)*

- ○ Never
- ○ Rarely
- ○ Sometimes
- ○ Often
- ○ Very often

Participant ID ⌊⌋ ⌊⌋

32. People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? *(Choose one response on each line)*

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
a. Someone who can help you out if you need it - for example, by helping you get to the doctor or prepare your meals if you are unable to do it yourself	○	○	○	○	○
b. Someone to share your most private worries and fears with	○	○	○	○	○
c. Someone to love and make you feel wanted	○	○	○	○	○
d. Someone to do something enjoyable with or someone to have a good time with	○	○	○	○	○
e. Someone to give you good advice or give you information to help you understand a situation	○	○	○	○	○

Your Relationship with your Doctor and the Healthcare System

Your responses to these questions, like all the questions on this survey, are confidential. They will not be shared with anyone associated with your healthcare, including your doctor.

33. Please think about the care you have received since you were diagnosed with prostate cancer. *(Choose one response on each line)*

	Never	Rarely	Sometimes	Often	Very often
a. How often did the doctors who take care of your prostate cancer ask you to take some of the responsibility for your treatment?	○	○	○	○	○
b. If there were a choice between treatments, how often would the doctors who take care of your prostate cancer ask you to help make the decision?	○	○	○	○	○
c. How often did the doctors who cared for your prostate cancer make an effort to give you some control over treatment decisions?	○	○	○	○	○

34. How often do the doctors who take care of your prostate cancer:
(Choose one response on each line)

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
a. Offer choices in your medical care?	○	○	○	○	○
b. Discuss the pros and cons of each option with you?	○	○	○	○	○
c. Ask you to state which choice or option you would prefer?	○	○	○	○	○
d. Take your preferences into account when making treatment decisions?	○	○	○	○	○

Please continue on next page

Participant ID |_|_|_| |_|_|_|_|_|_|_|_|_|

35. The following questions ask about your beliefs about health and health care. For each statement, please fill the oval on the scale that comes closest to how much you agree or disagree with the statement.
(Choose one response on each line)

	Strongly Agree	Moderately Agree	Feel Neutral	Moderately Disagree	Strongly Disagree
a. I often feel that no matter how hard I try I am helpless (when it comes to influencing my medical care) to change the kind of medical care I get	○	○	○	○	○
b. More and more, I feel helpless to control my disease	○	○	○	○	○
c. I often feel like giving up on my medical care	○	○	○	○	○
d. Almost all treatment decisions are better left up to the doctor	○	○	○	○	○
e. Even when patients have had diseases for a long time, it is better for the doctor to make all the treatment decisions	○	○	○	○	○
f. People who are pushy with doctors are not good patients	○	○	○	○	○

Thank you very much for your participation. Please mail the survey back in the enclosed postage paid envelope. If you have any questions, please contact: