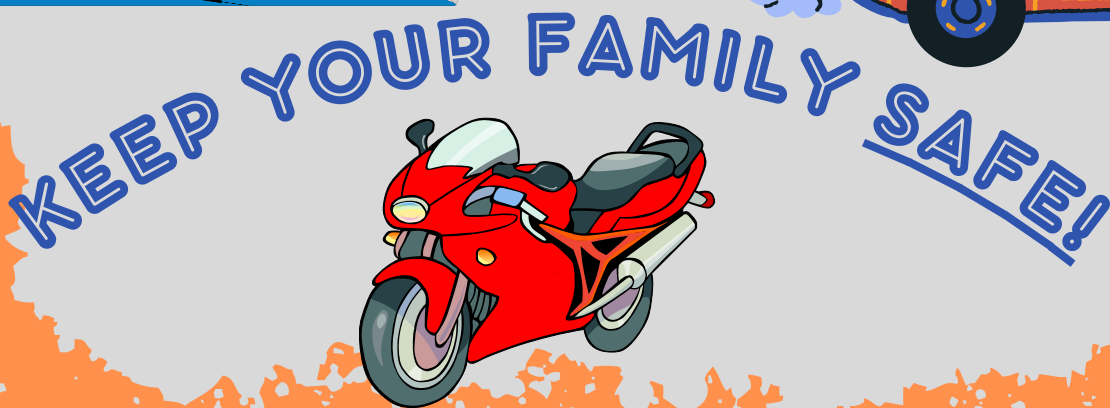
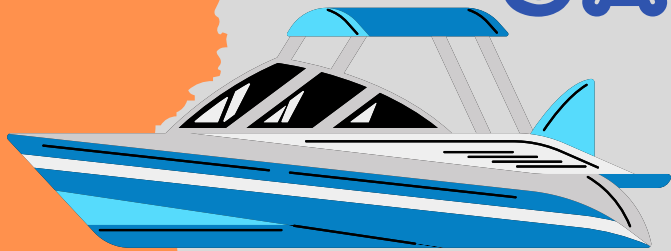


CARBON MONOXIDE SAFETY



KEEP YOUR FAMILY SAFE!

WHAT IS CARBON MONOXIDE?

CARBON MONOXIDE (CO) POISONING IS THE SILENT KILLER. The gas is odorless and clear so, it is undetectable unless you start experiencing symptoms or have a detector near you.

FACTS

- According to the CDC, annually, an estimated 400 deaths occur due to unintentional CO poisonings not related to fires in America.
- Each year, there are more than 10,000 CO exposures reported to U.S. poison centers. November to March has the highest number of CO exposures.
- CO can build up indoors where there is little ventilation. Wood burning fireplaces and gas stoves can be causes.
- Exhaust pipes near swim decks on boats can be dangerous.
- Anyone can be poisoned, but people with chronic heart disease, anemia, or breathing problems are at higher risk for complications from CO poisoning.

What Produces CO?

- Automobiles, motorcycles, scooters, and boats
- Mowers, weed eaters
- Generators, heaters, furnaces
- Improperly installed motors
- Anything with fuel burning capabilities

The Tennessee Poison Center is available to answer any questions or concerns 24/7 at 1-800-222-1222. More information is available at www.tnpoisoncenter.org.

HOW DO YOU KNOW YOU HAVE BEEN POISONED?

- Initial symptoms include: Headache, body aches, nausea, and vomiting. More severe symptoms can include: Chest pain, confusion, and loss of consciousness.
- Other people within same area are experiencing similar symptoms.

****If you have any symptoms listed, get to fresh air immediately.****

HOW DO YOU PROTECT YOUR HOME FROM CO POISONING?

- INSTALL CO DETECTORS INSIDE YOUR HOME, ESPECIALLY IN SLEEPING AREAS. IT IS RECOMMENDED TO REPLACE THEM EVERY 5 YEARS.
- NEVER USE ANY FUEL BURNING VEHICLES IN ENCLOSED SPACES. ALWAYS MAKE SURE TO USE THEM IN WELL-VENTILATED AREAS.
- NEVER RUN A GENERATOR INSIDE THE HOME. PLACE GENERATORS AT LEAST 25 FEET AWAY FROM YOUR HOME WITH VENTS FACING AWAY.
- DO NOT FILL GENERATOR WITH GAS WHILE IT IS RUNNING. ALLOW TIME FOR THE GENERATOR TO COOL.
- DO NOT USE GAS STOVES TO HEAT THE HOME.
- REGULAR MAINTENANCE SHOULD BE PERFORMED ON WOOD BURNING FIREPLACES AND GAS STOVES ANNUALLY. FIREPLACE FLUES SHOULD BE OPEN AND CLEARED BEFORE BURNING ANYTHING.



Resources

More information about CO can also be found at these websites:

CDC (Centers for Disease Control and Prevention)

<https://www.cdc.gov/carbon-monoxide/about/index.html>

America's Poison Centers

<https://poisoncenters.org/prevention/seasonal-poisoning-hazards>

**We are here to help, giving expert advice
24/7/365 days a year.**

