

Elizabeth G. Walsh

August 2023

CONTACT INFORMATION

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EDUCATION

August 2016 Ph.D., Educational Psychology, University of Texas at Austin (Austin, TX)
Dissertation Title: *The Effects of Maltreatment and Trauma on Health Risk Behaviors Among Adolescents Involved with the Child Welfare System: The Role of Psychological Symptoms*

July 2016 Psychology Internship (APA accredited), Aurora Mental Health Center (Aurora, CO)

May 2014 M.A., Educational Psychology, University of Texas at Austin (Austin, TX)
Master's Thesis: *The Mediating Role of Depressive Symptoms in the Relationship Between Adverse Childhood Experiences and Smoking*

2006 Fulbright Scholar to Colombia
The National University of Colombia (Bogotá, Colombia)
Visiting student in Political Studies and Social Work

May 2003 A.B., History & Ethnic Studies, Brown University (Providence, RI)

LICENSURE

November 2017 Psychologist, Health Services Provider
State of Tennessee, #3507

ACADEMIC APPOINTMENTS

November 2017 – Present Assistant Professor of Clinical Physical Medicine & Rehabilitation
Vanderbilt University Medical Center

August 2016 – May 2017 Lecturer, Educational Psychology
University of Texas at Austin

CLINICAL POSITIONS

- November 2017 – Present Clinical Health Psychologist
The Osher Center for Integrative Medicine at Vanderbilt
Vanderbilt University Medical Center
- August 2016 – September 2017 Postdoctoral Fellow
CommUnityCare East Austin Health Center (Austin, TX)
Integral Care Emerge Integrated Care Program
Supervisor: Jane Gray, Ph.D.

PROFESSIONAL LEADERSHIP POSITIONS

- January 2023 – Present Director of Education
The Osher Center for Integrative Health at Vanderbilt
Vanderbilt University Medical Center
- January 2022 – Present Director of Health Psychology
The Osher Center for Integrative Health at Vanderbilt
Vanderbilt University Medical Center
- January 2021 – December 2021 Committee Chair
Osher Collaborative Education Committee
- December 2020 – January 2022 Director of Psychology Training
The Osher Center for Integrative Health at Vanderbilt
Vanderbilt University Medical Center

TEACHING AND SUPERVISORY POSITIONS

- July 2023 – Present Academic Mentor, Osher Collaborative Faculty Fellowship
The Osher Collaborative for Integrative Health and Northwestern
University School of Medicine
- July 2022 – Present Psychology Internship Program Supervisor (APA accredited)
Department of Psychiatry
Vanderbilt University Medical Center
- October 2021 – Present Co-Leader, Hypnosis Supervision Group
The Osher Center for Integrative Health at Vanderbilt
Vanderbilt University Medical Center
- August 2020 – Psychology Postdoctoral Fellowship Program Supervisor

Present	Department of Psychiatry Vanderbilt University Medical Center
September 2019 – Present	Supervisor, OCIM-V Hypnosis Training Program The Osher Center for Integrative Health at Vanderbilt Vanderbilt University Medical Center
August 2018 – 2022	Site Supervisor and Coordinator, Human Development Counseling Interns The Osher Center for Integrative Health at Vanderbilt Vanderbilt University Medical Center
August 2016 – September 2017	Site Supervisor, Graduate Psychology Education Program Clinical Trainees CommUnityCare East Austin Health Center, Integral Care Emerge Program
Spring 2017	Instructor, Integrated Behavioral Health (Graduate) University of Texas at Austin, Department of Educational Psychology
Fall 2016	Co-Instructor, Advanced Practicum (Graduate) University of Texas at Austin, Department of Educational Psychology
June 2012 – July 2015	Teaching Assistant, Human Sexuality (Undergraduate) University of Texas at Austin, Department of Educational Psychology Professor: Lawrence Brownstein, Ph.D.
Fall 2014	Teaching Assistant, History and Systems of Psychology (Graduate) University of Texas at Austin, Department of Educational Psychology Professor: Stephanie Cawthon, Ph.D.

PEER REVIEWED PUBLICATIONS

- Walsh, E. G.**, Rogalski, K., & Hibbler, L. (2023). Weight Bias and Healthism: An Integrative Health Perspective. *Journal of Integrative and Complementary Medicine*, 29(5), 271-275.
- McKernan, L. & **Walsh, E.G.** (2023). Enhancing connections between clinicians and research in hypnosis practice: Strategies for practice and training. *International Journal of Clinical and Experimental Hypnosis*, 71(2), 127-138, DOI:10.1080/00207144.2023.2185528
- Hansen, K., **Walsh, E.G.**, Price, C. (2021). A call to action: Adoption of trauma informed care in complementary and integrative health services. *The Journal of Alternative and Complementary Medicine*, 27(2), 103-107.
- Wildeman, C., Scardamalia, K., **Walsh, E. G.**, O'Brien, R. L. & Brew, B. (2017). Paternal incarceration and teacher's expectations of students. *Socius*.
<https://doi.org/10.1177/2378023117726610>

Walsh, E. G., & Cawthon, S. W. (2014). The mediating role of depressive symptoms in the relationship between adverse childhood experience and smoking. *Addictive Behaviors*, 39(10), 1471–1476.

Alvarez, K., **Walsh, E. G.**, Valentine, C., Smith, C. & Carlson, C. I. (2013). Emerging areas of systems expertise for family psychologists in Federally Qualified Health Centers. *Couple and Family Psychology: Research and Practice*, 2(3), 192-208.

TREATMENT MANUALS

Gray, J., Cleveland, K., Goel, N., Lotz, E., Marroquin, Y., Rainey, J., & **Walsh, E. G. (2011).** *TEEN treatment manual: Behavioral group curriculum for adolescents with obesity.*

CONFERENCE PRESENTATIONS

Walsh, E.G. (2023, March). Misdiagnosis and missed diagnosis: My POTS journey. Talk presented at the 2023 Academic Consortium for Integrative Medicine and Health Research Symposium (Chicago, IL).

Dhurva, A., Mishra, K., Ring, M., **Walsh, E.G. (2023, March).** Receiving and integrating patient feedback in integrative medicine. Workshop presented at the 2023 Academic Consortium for Integrative Medicine and Health Research Symposium (Chicago, IL).

Adler, S., Dhurva, A., Koffler, K., Majd, I., Mishra, K., Ring, M., **Walsh, E.G. (2022, May).** Full circle: From learning objectives to assessment—Essentials for integrative health educators. Pre-Congress Workshop presented at the 2022 International Congress on Integrative Medicine and Health (Phoenix, AZ).

Connors, E. L., **Walsh, E. G.**, Reynolds, W. S., McKernan, L. (2021, February). The association between lower urinary tract symptoms and Ehlers-Danlos Syndrome/Hypermobility Spectrum Disorders. Poster presented at the Society of Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction 2021 Winter Meeting (Virtual meeting).

Walsh, E. G. (2016, August). The effects of maltreatment on health risk behaviors in child-welfare services involved adolescents. Poster presented at the American Psychological Association 2016 Convention, Denver, CO.

Carlson, C. I., Huber, B., Valentine, C. & **Walsh, E. G. (2016, August).** Training school psychologists for 21st century health care. Symposium presented at the American Psychological Association 2016 Convention, Denver, CO.

- Carlson, C. I., **Walsh, E. G.**, & Hentschel, E. (2014, October). Creating and sustaining a training program in Integrated Behavioral Health Psychology. Poster presented at the Collaborative Family Healthcare Association Annual Conference, Washington, D.C.
- Walsh, E. G.**, Caemmerer, J., Lamari-Fisher, A. L. & Keith, T. Z. (2014, August). A measurement study of the Adverse Childhood Experiences (ACE) score. Poster presented at the American Psychological Association 2014 Convention, Washington, D.C.
- Fisher, A. L., Carlson, C. I., **Walsh, E. G.**, & Hentschel, E. (2014, April). Integrated Behavioral Health Psychology (IBHP): Promoting health for underserved populations. Poster presented at the St. David's Center for Health Promotion & Disease Prevention Research in Underserved Populations Conference, Austin, TX.
- Walsh, E. G.** (2013, August). The relationship between adverse childhood experiences, depression, and smoking. Poster presented at the American Psychological Association 2013 Convention, Honolulu, HI.
- Walsh, E. G.** (2013, February). Students with incarcerated parents: A review of challenges and resilience. Poster presented at the National Association of School Psychologists 2013 Convention, Seattle, WA.
- Walsh, E. G.**, Gray, J., Farrell, C., Oliver, L., Pierson, M., & Pont, S. J. (2012, October). *Vida Sana, Vida Feliz*: A culturally responsive intervention for pediatric obesity. Poster presented at the Collaborative Family Healthcare Association 2012 Annual Conference, Austin, TX.
- Walsh, E. G.**, Dawson, K., Cawthon, S., & Lotz, E. (2012, April). Drama-based instruction at a constructivist charter school: Opportunities and challenges for research methodology. Paper (roundtable session) presented at the American Educational Research Association 2012 Annual Meeting, Vancouver, B.C., Canada.
- Walsh, E. G.** (2011, March). Methodological considerations in a school-centered study of a teacher professional development program in drama-based instruction. Paper (roundtable session) presented at the Consortium of Research in Teacher Education 4th Annual Student Research Symposium, Austin, TX.

GRADUATE MEDICAL EDUCATION

VUMC Physical Medicine & Rehabilitation Residency Program (2018 – 2020)

- Coordinate and facilitate resident self-care series (2-4 half days per academic year)
- Present 2-4 didactic lectures on psychological aspects of chronic pain and rehabilitation and treatment for co-occurring pain and psychological distress including CBT, EMDR, and clinical hypnosis

VUMC Psychiatry Residency Program (2020 – 2022)

- Somatization and Chronic Pain for 4th years (2 lectures/academic year)
- Trauma Informed Care for 4th years (1 lecture/academic year)
- Lectures include overview of psychological treatment for co-occurring pain and psychological distress, including CBT, EMDR, and clinical hypnosis

INVITED LECTURES AND PRESENTATIONS

Weight Bias and Healthism: An Integrative Health Perspective JICM Forum Live (virtual; with K. Rogalski & L. Hibbler)	08/23
OCIH-V Services Overview (.5 hours) Invited presentation for the VIVID Health program (VUMC clinic for LGBTQ+ individuals) weekly meeting (virtual)	06/23
Integrative Medicine and OCIH-V Overview (1 hour) Invited presentation for the Vanderbilt Children's Hospital social workers monthly staff meeting (virtual)	06/22
Considerations in Working with Traumatized Children and Adolescents (2 hours) Guest Lecture in Trauma: Impact and Intervention course in the Human Development Counseling program, Vanderbilt University	04/22
Clinical Hypnosis for Pain-Related Anxiety (4 hours) 2021 Midyear SCEH Clinical Hypnosis Advanced Workshop (virtual; with S. Reyes)	04/21
Adoption of Trauma Informed Care in Complementary and Integrative Health Services JACM Forum Live (virtual; with K. Hansen & C. Price)	04/21
Trauma Informed Care: Considerations for Integrative Medicine (3 hours) Module lecture for Osher Collaborative for Integrative Medicine Fellowship, University of California – San Francisco (virtual; with K. Hansen)	08/20
Psychological Treatment for POTS and Non-Syncopal Fainting (1 hour) Invited presentation for the Vanderbilt Autonomic Dysfunction Clinic case conference	11/19
Considerations in Working with Traumatized Children and Adolescents (3 hours) Guest Lecture in Trauma: Impact and Intervention course in the Human Development Counseling program, Vanderbilt University	04/19
CBT: An Introduction Educational presentation given at the Osher Center for Integrative Medicine, Vanderbilt University Medical Center.	02/19
Trauma Informed Care: Cautions, Suggestions, and Questions	09/18

Educational presentation given at the Osher Center for Integrative Medicine, Vanderbilt University Medical Center.

Working with Traumatized Children and Adolescents

04/18

Guest Lecture in Trauma: Impact and Intervention course in the Human Development Counseling program, Vanderbilt University.

RESEARCH GRANT INVOLVEMENT

Mechanistic-Based Treatment of Interstitial Cystitis/Bladder Pain Syndrome (1 R01 DK133415-01; 2023 - 2028)

Principal Investigator: Lindsey McKernan, Ph.D., MPH

Funder: National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

Amount: \$709,766 (for 2023-2024)

Role: Lead Clinical Interventionist (20% effort)

Patient Perspectives on Exercise Among Individuals with Postural Orthostatic Tachycardia Syndrome (VICTR VR56290)

Funder: Vanderbilt Institute for Clinical and Translational Research

Amount: \$6572.50

Role: Principal Investigator

Patient-Centered Treatment for Interstitial Cystitis/Bladder Pain Syndrome (NIDDK K23 DK118118-01A1; 2019-2023)

Principal Investigator: Lindsey McKernan, Ph.D.

Funder: National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

Amount: \$634,000

Role: Lead Clinical Interventionist (10% effort)

Paternal Incarceration and Teachers' Expectations of Students (2015)

Principal Investigator: Christopher Wildeman, Ph.D.

Funder: Institute for the Social Sciences, Cornell University

Amount: \$10,500

Role: Co-Investigator; collaborated with Principal Investigator to design the study and prepare the grant submission.

Integrated Behavioral Health Psychology Training Program in Primary Care for Underserved Populations (Graduate Psychology Education Program, Award # D40HP25723; 2013-2016)

Principal Investigator: Cindy Carlson, Ph.D.

Funder: Health Resources Service Administration

Amount: \$440,000 (over 3 years)

Role: Lead Research Assistant; assisted in literature review and writing of grant submission.

CLINICAL INVOLVEMENT AND INITIATIVES

OCIH-V Clinical Hypnosis Program

- Lead facilitator for Self-Hypnosis for Chronic Pain group intervention (Jensen, 2016)
- Individual clinical hypnosis provider (by referral from other health psychology providers and medical providers)
- Provide training on Jensen protocol to psychology and counseling trainees
- Provide individual and group supervision to trainees on provision of clinical hypnosis for co-occurring pain and psychological distress
- Co-developed Self-Hypnosis for Chronic Pain booster sessions (with Lindsey McKernan, PhD, MPH)

OCIH-V Safety Skills Group Intervention

- Developed curriculum for 6-week psychoeducation and skills building group intervention for women/female-identified patients with co-occurring trauma and chronic pain
- Lead facilitator for ongoing offering of Safety Skills group
- Provide training on group protocol to other health psychologists and trainees

OCIH-V Moving through Life with Ehlers Danlos Syndrome/Joint Hypermobility Group Intervention

- Developed curriculum for 6-week coping skills and support group for patients with chronic pain related to Ehlers Danlos Syndrome and/or joint hypermobility syndrome
- Lead facilitator for ongoing offering of this group
- Provide training on group protocol to other health psychologists and trainees

COMMITTEE INVOLVEMENT

July 2023 – Present	Program Committee, Osher Collaborative Longevity and Healthy Aging Virtual Symposium 2023 The Osher Collaborative for Integrative Health
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September 2018 – Present	Education Committee The Osher Collaborative for Integrative Health
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ADDITIONAL CLINICAL TRAINING

- Integrating EMDR Into Your Clinical Practice. Conducted by Carole Lovell, PsyD, EMDR Consulting, July 2020.
- Clinical Hypnosis Group Supervision and Consultation. Conducted by Lindsey McKernan, Ph.D. at the Osher Center for Integrative Medicine at Vanderbilt, monthly, ongoing (participated September 2018 – present).

- Introduction to Hypnosis. Conducted by David Patterson, Ph.D. and Lindsey McKernan, Ph.D. at The Osher Center for Integrative Medicine at Vanderbilt, September 2018.
- Professional Development in Mindfulness Facilitation. Conducted by Michelle Foote-Pearce, DMin and Paloma Cain, MA at The Osher Center for Integrative Medicine at Vanderbilt, August – December 2018.
- MATCH-ADTC Training. Conducted by Sarah Kate Bearman, Ph.D., Jane Gray, Ph.D. and David Heckler, Ph.D at Dell Children’s Medical Center, August 2016.
- Cognitive Behavioral Therapy for Psychosis. Conducted by Kate Hardy, Ph.D. at Aurora Mental Health Center, May 2016.
- Seminar series in early childhood assessment measures (Developmental Play Assessment, Marschak Interaction Method, Crowell Assessment, Attachment Story Assessment). Conducted by Sue Ammen, Ph.D. at the Early Childhood and Family Center of Aurora Mental Health Center, 2015-2016.
- Training on DC:0-3R: Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood. Conducted by Karen Frankel, Ph.D. and sponsored by JFK Partners and the Harris Program in Infant Mental Health, September 2015.
- Incredible Years BASIC Parent Group Leader Training. Conducted by Peter Loft, MSW, August 2015.
- Seeking Safety: An Evidence-Based Practice for Adolescent Trauma Survivors. Conducted by Brenda Underhill, M.S. and sponsored by the Austin Child Guidance Center, November, 2013.
- Motivational Interviewing for Integrated Behavioral Health. Conducted by Mary Velasquez, Ph.D. and Nanette Stephens, Ph.D. at the University of Texas at Austin, September, 2013.
- Motivational Interviewing: Application in a Pediatric Obesity Prevention and Treatment Center. Conducted by Dawn Nebrig, MSW, LISW at Dell Children’s Hospital, October 22-23, 2011.

HONORS AND AWARDS

- Teresa Lozano Long Endowed Fellowship, awarded by the University of Texas at Austin, College of Education (2014-2015 academic year)
- American Psychological Association Student Travel Award, awarded by the APA Science Directorate (August 2014)
- Selected as participant for the National Data Archive on Child Abuse and Neglect (NDACAN) 2014 Summer Research Institute at Cornell University, and awarded Graduate Student Researcher Fellowship (June 2014)
- Outstanding Student Poster Award, awarded by Division 38 (Division of Health Psychology) of the American Psychological Association (August 2013)
- Graduate Student Professional Development Award, awarded by the University of Texas at Austin Graduate School (August 2013)
- Student Conference Scholarship, awarded by the Collaborative Family Healthcare Association (September 2012)

- Professional Development Student Travel Award, awarded by University of Texas at Austin Department of Educational Psychology (2012, 2013)
- Integrated Health Care Services for Underserved Children and Families Program Fellowship, awarded by the University of Texas at Austin, funded by the Graduate Psychology Education Program (2011-2013 academic years; \$28,000)
- University Preemptive Fellowship, awarded by the University of Texas at Austin (2010-2011 academic year; \$21,000)
- Fulbright Scholarship to Colombia, awarded by the United States Fulbright Commission for independent research on the impacts of forced displacement on Afro-Colombians (2006)