

Thea Lananh Swenson, MD

Née: Theodora Lananh Tran

Education

University of Colorado School of Medicine, Aurora, Colorado
Medical Degree
Stanford University, Stanford, CA
Bachelor's of Science in Engineering: Product Design
Robert C. Byrd Honors Scholarship Recipient
Stanford University Honor Society Member
The Stanford Fund Scholarship Recipient

Post Graduate Training

Vanderbilt University, Nashville, TN
Resident Physician, Department of Physical Medicine & Rehabilitation
Vanderbilt University, Nashville, TN
Internship, Department of Internal Medicine

Professional Medical Experiences

Vanderbilt University Medical Center, Nashville, TN
Internal Medicine Hospitalist Moonlighting: 2021 - present
Hillwood High School, Nashville, TN
Sideline Football Physician – Fall 2021

Certifications, Licensure, Training

Advanced Cardiac Life Support – 2018 - present
Tennessee State Medical License – 2021 - present

Professional Societies and Involvement

American Medical Society for Sports Medicine – 2020 - present
American College of Sports Medicine – 2020 - present

- Strategic Health Initiative on Women, Sport, and Physical Activity (SHI Women) Committee Member (appointed) – June 2021 - present

Association of Academic Physiatrists – 2019 - present

- Resident Fellows Council Representative: Wellness Chair (elected) – 2021 - 2022
- Resident Fellows Council Representative: Education Chair (elected) – 2021 - 2022

American Medical Women's Association – 2020 - present

- Director of Resident Membership and Recruitment – 2021 - 2022

Select Peer-Reviewed and Scholarly Publications

- **Swenson, T.L.**, Tran, R.T., Schaaf, S. Sonographic Features of a Medial Subtalar Coalition and Implications for Diagnosis and Treatment. *American Journal of Physical Medicine & Rehabilitation*. 2022 Apr 27. doi: 10.1097/PHM.0000000000002042. Epub ahead of print. PMID: 35474210.
- Sherwood, D., Haring, R. S., Gill, B., Miller, S., Epps, A., Zhivotenko, O., Khan, S., **Swenson, T.L.**, Gardner, J., Roehmer, C., Martin, D., Kennedy, D. J., Schneider, B., Modic, M., & Udby, P. (2022). The Interrater Reliability of the Novel Udby Classification of Modic Changes: A First Estimate. *Interventional Pain Medicine*, 1(2), 100092. June 2022.
- **Swenson, T.L.**, Tran, R.T. What We Learn By Taking A Social History. *Journal of American Geriatrics Society*. 2022; 1- 2. April 11. doi:10.1111/jgs.17790. PMID: 35403227.
- **Swenson T.L.**, Tran R.T. A Fracture of the Fifth Metacarpal. *Academic Emergency Medicine*. 2022 Apr;29(4):518 Nov 9. doi: 10.1111/acem.14413. Epub ahead of print. Dec 1. PMID: 34751989.
- **Swenson T.L.**, Izmaylov M., Swenson B.R. Head Trauma. *The Journal of Emergency Medicine*. 2022 Jan;62(1):128. doi: 10.1016/j.jemermed.2021.09.021. Epub 2021 Oct 28. PMID: 34756662.
- **Swenson T.L.**, Roehmer C, Tran R.T., Plummer C. Donepezil for Aphasia After Severe Traumatic Brain Injury: A Clinical Vignette. *American Journal of Physical Medicine & Rehabilitation*. 2022 Apr 1;101(4):e54-e56. doi: 10.1097/PHM.0000000000001889. PMID: 34561355.
- Yang A.J., Haring R.S., **Swenson T.L.**, Jain N.B. Factors Influencing Fellowship Decision Making During Physical Medicine & Rehabilitation Residency. *American Journal of Physical Medicine & Rehabilitation*. 2021 Apr 1;100(4):396-401. doi: 10.1097/PHM.0000000000001608. PMID: 33002916.
- Kneeland, P., **Tran, T.L.**, McGuinness, L.. Applying a User-Centered Design Process to Co-Create Inpatient Experience Strategies. *Journal of Hospital Medicine Supplement*. 2017, Jan; 12(Supplement 2): Abstract 176.

Select Poster Presentations

- **Swenson, T.L.**, Roche, M., Kennedy, D., Fredricson, M. Empathy and Emotional Wellbeing: How Do PM&R Residents Compare? Poster presented. *Physiatry '22*, Association of Academic Physiatrists 2022 Annual Meeting; New Orleans, LA, USA. May 26th, 2022.

For a complete version of Dr. Thea Swenson's curriculum vitae and all other inquiries, please contact
thea.L.swenson@gmail.com

- **Swenson, T.L.**, Tran, R.T., Jones, M., Hill, J. Diagnosis and Work-up of Proximal Median Nerve Entrapment. Poster presented. *Physiatry '22*, Association of Academic Physiatrists 2022 Annual Meeting; New Orleans, LA, USA. May 26th, 2022.
- **Swenson, T.L.**, Sherwood, D., Galbraith, W., Schaaf, S. Carpal Tunnel Syndrome in a Transgender Patient on Testosterone Therapy. Poster presented. *Physiatry '22*, Association of Academic Physiatrists 2022 Annual Meeting; New Orleans, LA, USA. May 26th, 2022.
- **Swenson, T.L.**, Tran, R.T., Schaaf, S. Dancing Without A Diagnosis: A Case of Isolated Flexor Carpi Radialis Tenosynovitis in a Dancer. Poster Presented. American Medical Society for Sports Medicine 2022 Annual Meeting; Austin, TX, USA. April 12th, 2022.
- **Swenson, T.L.**, Berlin, E., Schaaf, S. Nontraumatic Osteonecrosis of Bilateral Femoral Heads. Poster presented. *Physiatry '21*, Association of Academic Physiatrists 2021 Annual Meeting; Virtual. Anaheim, California. February 11, 2021.
- Sonubi, C., **Swenson, T.L.**, Presley, M. A Case Report of Post-COVID 19 Encephalopathy in a 49-year-old Male, Ultimately Necessitating Discharge to a Memory Unit. Poster presented. *Physiatry '21*, Association of Academic Physiatrists 2021 Annual Meeting; Virtual. Anaheim, California. February 11, 2021
- **Tran, T.**, Kneeland, P. Applying User-Centered Design to Co-Create Experience Improvement Strategies on a Medical-Surgical Unit Poster presented at: Institute for Healthcare Improvement 28th Annual National Forum; Orlando, FL, USA. December 4-7 2016.
- **Tran, T.**, Vandeford, N., McGuinness, L., Diaz, M., Kneeland, P. Applying User-Centered Design to Co-Create Inpatient Experience Improvement. Poster presented. Society of Hospital Medicine Annual Meeting; Las Vegas, NV, USA. May 1-4 2017.
- **Tran, T.**, Tenforde, A., Daoud, A., Yon, J., Fredericson, M., Nelson, D. Identifying Modifiable Risk Factors for Stress Fractures in Distance Runners. Poster presented. Stanford Bio-X Interdisciplinary Initiatives Symposium. August 27, 2012.
- **Tran, T.**, Elayaperumal, S., Cutkosky, M.R. Designing a Passive Manipulator for an MRI Steerable Needle. Poster presented. Stanford Undergraduate Research Institute. August 12, 2010.

Select Oral Presentations

- “Wellness Champions Town Hall.” Yang, A., Swenson, T.L. Oral Presentation. *Physiatry '22*, Association of Academic Physiatrists 2022 Annual Meeting; New Orleans, LA, USA. May 25th, 2022.
- “Cadaver-Based Ultrasound Training for Musculoskeletal Anatomy and Ultrasound-Guided Procedures Among Senior Medical Students.” Swenson, T.L., Tran, R.T., Roehmer, C., Schaaf, S. Oral and Poster Presentation. American Medical Society for Sports Medicine 2022 Annual Meeting; Austin, TX, USA. April 11th, 2022
- “Low Energy and Lateral Hip Pain.” Swenson, T.L., Tran, R.T., Karpinos, A.R. Oral Presentation. Southeast American College of Sports Medicine Annual Meeting 2022; Greenville, SC, USA. February 19th, 2022.
- “Product Design in Medicine: How Healthcare Systems Might Benefit from Human Centered Thinking.” Swenson, T.L. Virtual Oral Presentation. Vanderbilt Medical Innovators Development Program. June 2, 2021.
- “AVACore Cooling Glove: Using Heat Extraction to Enhance Human Performance.” Graham, D., Tran, T., Heller, C. TEDMED SF; San Francisco, CA, USA. November 30th, 2016.

Research Grants, Scholarship, Funding

Vessi Make Waves Fund, Recipient – 2019

Health Innovations Scholars Program, University of Colorado School of Medicine, CO – 2016

Bio-X Summer Research Fellow in Sports Medicine, Stanford, CA – 2012

Summer Undergraduate Research Institute (SURI) Grant, Stanford, CA – 2011

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