

Curriculum Vitae

Vartgez K. Mansourian, MD

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Education:

- College: Georgia State University (Atlanta, Georgia), BS, 1981 (Physics) and 1982 (Premed)
- Professional or graduate: Medical College of Georgia (Augusta, Georgia), MD, 1988
- Postgraduate Training: Sinai Hospital of Baltimore, Internship in Internal Medicine (1988)
Temple University Hospital, Residency in Physical Medicine and Rehabilitation (1992)

Licensure and Certification:

State(s) in which licensed:

2013-current, Tennessee, MD0000048241

2023 - 2025, American Heart Association BLS Provider, uv8mmhrbbujnpcjlxttvmpfk

2017-2019, American Heart Association BLS Provider, TN00482

2015-2017, American Heart Association ACLS Provider, TN00455

2012-2017, North Carolina, 2012-00839

1992-2015, Florida, 0061595

Specialty board(s):

Board, specialty, date:

American Board of Physical Medicine and Rehabilitation, 07/01/2014-12/31/2024 - MOC

American Board of Physical Medicine and Rehabilitation, Pain Medicine,

01/01/2014-12/31/2023 - MOC

American Board of Physical Medicine and Rehabilitation, Spinal Cord Medicine,

12/01/2012-12/31/22

American Board of Independent Medical Examiners, exp. 03/01/2001

Hospital Appointments and Employment:

2/2023 EADC & DEI Committee

2017 to present

Medical Director, Stroke Rehabilitation Program, Vanderbilt Stallworth Rehabilitation Hospital

2016 to present

Assistant Professor, Physical Medicine and Rehabilitation, Vanderbilt Stallworth Rehabilitation Hospital

2013-2015

Skyline Spine and Rehab Associates 2013-Present, 3443 Dickerson Pike, Suite 520 Nashville, TN 37207

2013-2015

Tristar Summit Medical Center, 5655 Frist Boulevard, Hermitage, TN 37076

2013-2015

Tristar Skyline Medical Center, 3441 Dickerson Pike, Nashville, TN 37207

2010-2013

Expert Witness for Florida Department of Health, Prosecutor's Office

1992-2013

Private Practice, 951 NW 13th St., Suite 2B, Boca Raton, FL 33434

Professional Organizations:

American Academy of Physical Medicine and Rehabilitation

Association of Academic Physiatrists

American heart association/American stroke Association: Member since 2017 through 12/31/2018.

Professional Activities:***•Publication:***

September 2017. Completed revision to Chapter 160: "Stroke in Young Adults," in Frontera, Walter F, J.K. Silver, T.D. Rizzo, Jr. Essentials of Physical Medicine and Rehabilitation, 4th Edition, Elsevier Health Sciences, London, United Kingdom. Published.

Planned for revision to Chapter 160: "Stroke in Young Adults," in Frontera, Walter F, J.K. Silver, T.D. Rizzo, Jr. Essentials of Physical Medicine and Rehabilitation, 5th Edition, Elsevier Health Sciences, London, United Kingdom. Published. "coming up soon".

•*Patient quality improvement project:*

Vanderbilt - Stallworth - Vanderbilt Readmission Review Team since January 2018 on monthly basis

Encompass/HealthSouth - CVA Meeting: - monthly last one 5/28/2020

•*Teaching:*

Journal club. Recovery of Over-Ground Walking after Chronic Motor Complete Spinal Cord Injury, Angeli, CA et. al, N Engl J Med. 2018 Sep 27;379(13):1244-1250. Jean P. Betancourt González, M.D. (PGY-3)

Journal club: Robotic- Assisted Shoulder Rehabilitation Therapy Effectively Improved Poststroke Hemiplegic Shoulder Pain: A Randomized Controlled Trial. Min-Su Kim et. al, Archives of Physical Medicine and Rehabilitation 2019;100:1015-22 Blake Fechtel M.D. Faculty Supervisor: Vartgez Mansourian, M.D. 11/1/2018

Teaching Residents:

8/11/2023 “review of complication of Stroke Part II, III and questions” with Bailey Frei, MD and Matthew Mikhael medical student.

8/10/2023 “Cerebral Stroke syndromes Part I and II” with Bailey Frei, MD, and Matthew Mikhael medical student 2 hrs.

8/4/2023 “Introduction to stroke rotation” with Bailey Frei, MD, and Matthew Mikhael medical student

8/3//2023 “review of brain stem stroke and questions” with Bailey Frei, MD, and Matthew Mikhael medical student

8/2/2023 “Rehab approaches with Stroke “with Bailey Frei, MD, and Matthew Mikhael medical student

7/25/2023 “Rehab approaches with Stroke “with Tamer George Ghanayem, MD, Neurology PGY-3”

7/24/2023 “review of complication of Stroke Part II, III and questions” with Paige Chase, MD

7/21/2023 “Cerebral Stroke syndromes Part I and II” with Paige Chase, MD

7/20/2023 “Introduction to stroke rotation” with Paige Chase, MD

7/19/2023 “review of brain stem stroke and questions” with Paige Chase, MD

7/18/2023 “Rehab approaches with Stroke “with Paige Chase, MD

3/23/2023” Rehab approaches with Stroke “Triestan Ponzo medical student. 1.5 hrs

3/16-31/2023 “review of brain stem stroke and questions” Triestan Ponzo medical student. 1.5 hrs

3/1- 15/2023 Introduction to Stroke Rotation Basics Chen Bo Fang medical student

3/4/2023” Rehab approaches with Stroke “with Kyle Dack MD.

3/1/23 neurology Stroke fellow rotation with stroke service. “Kyle Dack MD” month of March. teaching

2/1/23 neurology Stroke fellow rotation with stroke service. “Jill Berkman MD” month of February. teaching

1/11/2023 “Introduction to stroke rotation” with Dr Sam Sestito MD and Dr Doug Bryant MD . 1.5 hr.

11/21/2022 “Introduction to stroke rotation” with Dr William Galbraith MD. 1 hr.

11/18/2022 “Cerebral Stroke syndromes Part I and II” with Dr William Galbraith MD. 2 hrs.

11/17/2022 “review of brain stem stroke and questions” with Dr William Galbraith MD. 1 hr.

11/ 14/2022” Rehab approaches with Stroke “with Dr William Galbraith MD and Dr Mary Jean Lusso MD Neurology resident 2hrs

10/10/2022 High school shadowing me with 2 hrs. lecturers Miss Mary Blaney.

10/6/2022 Residency Didactics: CVA Rehab Approach / Cerebral Stroke syndrome

10/4/2022 Residency Didactics: CVA Rehab Approach / Brainstem stroke

8/16/2022 “Cerebral Stroke syndromes Part I and II” with Dr Nick Abramson MD

8/11/2022 “review of brain stem stroke and questions” with Dr Nick Abramson MD.

8/ 04/2022” Rehab approaches with Stroke “with Dr Nick Abramson MD

7/21/2022 “review of brain stem stroke and questions” with Dr Doug Bryant MD.

7/19/2022 “Introduction to stroke rotation” at VSRH Kirshner lecture hall/zoom. PGY2,3,4.

5/9/2022 high school shadowing me with 2 hrs. lecturers miss Mary Blaney.

4/18/22 geriatric fellow rotation with stroke service. “Dr Rabah Alreshq MD” week of April. teaching

3/8/2022 “review of brain stem stroke and questions” with Dr J. Roehmer.

2/28/2022 Q/A Stroke topics 120 minutes. With Dr Gardner

2/25/2022 “review of brain stem stroke and questions” with Dr J. Gardner.

2/15/ 2022 “Cerebral Stroke syndromes Part I and II” “Drs James Gardner and Alexandra Petrakos” teaching sessions

2/15/22 geriatric fellow rotation with stroke service. “Dr Alexandra Petrakos MD” week of February. teaching

1/17/22 geriatric fellow rotation with stroke service. “Dr Gania Adeogun MD” week of January. teaching

1/1/22 neurology fellow rotation with stroke service. “Dr Linda Morgan Baki MD” month of January. teaching

12/2/21 neurology fellow rotation with stroke service. “Dr Matthew Meriweather MD” month of December. teaching

11/ 2/2021 Rehab approaches with Stroke,” Dr. S. Khan” resident, 1.0 hrs.

10/26/2021 review of complication of Stroke Part II, III and questions with residents

10/07/2021 “Cerebral Stroke syndromes Part I”, with residents

10/07/2021 “review of brain stem stroke and questions” with residents

7/20/2021, Introduction to Stroke Rotation Basics, residents lecture series

5/25/2021 “review of brain stem stroke and questions” with resident “Miller” 1 hrs.

Resident Didactic,” Grand Round Follow up with residents” 5/15/2020

Resident Didactic, COVID-19 and cardiovascular disease/stroke 4/14/2020

12/29/2020 “Cerebral Stroke syndromes Part I”, with resident “Berlin”, and Celia Prince NP 1.5 hrs.

12/ 3/2020 Rehab approaches with Stroke,” Jennifer Borba” neuro fellow, 1.0 hrs.

11/4/2020 “review of circle of Willis” with resident “Berlin” 30 minutes

11/4/2020 “review of brain stem stroke and questions” with resident “Berlin” 1 hrs.

11/3/2020 Rehab approaches with Stroke, with resident “Berlin”,” Dennis Cole” neuro fellow, and Celia Prince NP 1.5 hrs.

10/30/2020 review of complication of Stroke Part II, III and questions with resident “Rosati” 1.0 hrs.

10/27/2020 Rehab approaches with Stroke, with resident “Rosati” 1.0 hrs.

10/20/2020 review of complication of Stroke Part I, II and questions” with resident “Rosati” 1.5 hrs.

9/22/2020 review of complication of Stroke Part II, III and questions” with resident “EPPS” 1.5 hrs.

8/18/2020 “review of brain stem stroke and questions” with resident “EPPS” 2 hrs.

8/17/ 2020 “Cerebral Stroke syndromes Part II”

8/6/2020 “journal club with Dr Massy. “Pregnancy Outcomes in Women with Spinal Cord Injuries: A Population-Based Study”

7/27/ 2020 “Cerebral Stroke syndromes Part I”

7/13/2020 “Rehab approaches with Stroke”

7/6/2020 “sharing cases “with medical students. Case of missed pelvic rami fracture and meningioma.

7/6/2020 “Introduction to stroke rotation” at VSRH Kirshner lecture hall. PGY2,3,4.

7/2/2020 “Rehabilitation methods for motor deficits and stroke rehabilitation” resident PGY4

6/10/2020 lectures on “Stroke Syndromes” to PGY2,3,4. via zoom

6/3/2020 lectures on” Stroke Syndromes” to PGY2,3,4. via zoom

5/14/2020 Grand Rounds follow up with Dr Mansourian

•Research experience:

Vitamin B1 deficiency in stroke population within inpatient rehabilitation submitted on 12/2018.

IRB Evaluation was completed

Published:

“Prevalence of Low Plasma Vitamin B1 in the Stroke Population Admitted to Acute Inpatient Rehabilitation”, submitted on 12/2018, published, Nutrients, MDPI. 2020 April 07, Reza Ehsanian 1,2,3, Sean Anderson 1, Byron Schneider 1, David Kennedy 1 and Vartgez Mansourian.

“Prevalence of Low Plasma Vitamin B1 in the Stroke Population Admitted to Acute Inpatient Rehabilitation”, submitted on 12/2018, published, Nutrients. 2020 April 07, PubMed April 10, 2020 Reza Ehsanian 1,2,3, Sean Anderson 1, Byron Schneider 1, David Kennedy 1 and Vartgez Mansourian.

•Presentations:

May 24, 2021, “Stroke awareness month” Lunch and learn with Staff of VUMC and VSRH.

October 2019, gave lecture on 22nd Annual Harold ‘Jobe’ Bernard stroke and neurosciences Symposium.” Stroke rehabilitation What is Old and New”

October 2017. Department of PM&R Residents Didactics Lecture. “Stroke Rehabilitation.” Nashville, TN.

•Poster presentation:

Co-author, American academy of Physical medicine and rehabilitation, 2022 Annual Assembly Abstract Submission Acceptance, **“Cranberry supplementation for E. coli UTI prophylaxis in inpatient stroke rehabilitation: a retrospective analysis**

” Khan, Samir, Baltimore, Maryland from October 20-22, 2022

Co-author, American academy of Physical medicine and rehabilitation, 2020 Annual Assembly Abstract Submission Acceptance, “Chronic Cough Presenting as Primary Symptom of Ventriculoperitoneal Shunt Malfunction” Berlin, Evan Michael, San Diego Convention Center, San Diego, California from November 12-15, 2020

June 3, 2020, Department of PM&R lecture to residents on stroke syndrome. Nashville, Tennessee

June 2, 2020, Department of PM&R lecture to resident on stroke syndrome. Nashville, Tennessee

April 16th, 2020. Department of PM&R Grand Rounds. “Brainstem stroke syndromes.” Nashville, TN.

April 14th, 2020, Department of PM&R lecture to residents on COVID-19 and CVD/Stroke. Nashville, TN.

“Case Report of Post-Hypnotic Myoclonus Hindering the Patient’s Functional Rehabilitation Until the Addition of Perampanel” Co-author Poster Presentation at ISPRM 2020, the joint AAP Annual Meeting and ISPRM World Congress, Orlando, Florida, USA, March 6-8, 2020.

American academy of Physical medicine and rehabilitation: “Adematous; an unusual case of a 40-year old with adem masquerading as a stroke: a case report; San Antonio, TX November 16, 2019

American academy of Physical medicine and rehabilitation: “Disseminated Zoster Resulting in Paraplegia: A Case Report; San Antonio, TX November 16, 2019

Association of academic physiatrists: “Peduncular hallucinosis case report”; Co-author, presented at the Association of academic physiatrist annual meeting in San Juan, Puerto Rico 2019

Association of academic physiatrist: “Truncal seizures case report”; Co-author, presented at the Association of academic physiatrists annual meeting in San Juan, Puerto Rico 2019

Association of academic physiatrist: “An unusual case of pulmonary embolism in a stroke patient: The case report”; Co-author which was presented at the Association of academic physiatrist annual meeting in Atlanta, Georgia. February 2018

2020 Annual Assembly Abstract Submission Acceptance

Abstract Submission 12/29/2020: Should the Monoclonal Antibody Therapy Bamlanivimab be Considered for COVID-19 Positive Patients at Inpatient Rehabilitation Facilities? Evan Berlin, MD, evan.m.berlin@vumc.org, Theodora Swenson, MD, theodora.tran@vumc.org, Jeff Johns, MD, jeff.johns@vumc.org, Vartgez Mansourian, MD, vartgez.mansourian@vumc.org (1)Department of Physical Medicine & Rehabilitation, Vanderbilt University Medical Center

AAPM&R Annual assembly November 11-14, 2021, Nashville, TN: A Case of Rapidly Progressive Ataxia and Myoclonus Found to be Creutzfeldt-Jakob Disease

RESEARCH ABSTRACT ID: 1025553

Abstract Category: Abstract - Case Report

RESEARCH ABSTRACT Status: Active

AAPM&R Annual assembly October 20-23, 2022, Baltimore, MD: Cognitive improvement after vitamin B12 supplementation in patient with frontotemporal dementia

Research abstract ID 1292890

Abstract category: Case report

AAPM&R Annual assembly October 20-23, 2022, Baltimore, MD: Peduncular hallucinosis: Rare visual disturbances following occipital stroke

Research abstract ID 1295219

Abstract category: Case report

Cranberry for E.coli UTI prophylaxis in inpatient stroke Rehabilitation setting: a retrospective review” – Submission accepted for PM&R annual assembly October 20-23

•Extramural:

Member, Continuing Medical Education Committee, Boca Raton Community Hospital and Delray Medical Center, 1992-2013

Chief of Staff, Pine Crest Rehabilitation Hospital, 2000 –2001

Contributing Author, Board Certification Examination, American Board of Physical Medicine and Rehabilitation, 1994 – 1999

•IRB Certification:

IRB recert HRPP 2/26/2021

IRB training: HRPP Basic Module; Expiration date 12/18/2019

RCR for Bio/Physical Sciences, CITI Program, November 2017

•National Institute of Health: NIH Stroke Scale International Training, English Group B-V3, August 2020; NIH Stroke Scale International Training, English Group A-V3, December 2017

•Special awards or recognition for professional activities:

Top Doctor 2022, Physical medicine and rehabilitation, Nashville Lifestyle Magazine

Top Doctor 2020, Nashville Lifestyle Magazine

Top Doctor 2019, Nashville Lifestyle Magazine

Top Doctor 2018, Nashville Lifestyle Magazine

Top Doctor 2017, Nashville Lifestyle Magazine

Top Doctor 2016, Nashville Lifestyle Magazine

Top Doctor 2015, Nashville Lifestyle Magazine

Top Doctor 2014, Nashville Lifestyle Magazine

The Frist Humanitarian Award Nominee, 2014

Top Doctor National listing reported in US News and World Report 2011, received recognition from Congressman, Florida District 87

Top Doctor, Castle Connolly Regional since 2000

Other Significant Activities:

Black Belt in Tang Soo Do (1999)

Leukemia and Lymphoma Society (fundraiser 2007–2008)

Armenian Church of Nashville

First United Methodist Church, Boca Raton, FL (supporter of the John Cotton fund for homeless)

Brentwood United Methodist Church, Brentwood, TN

Black Belt in IKSA (Independent Karate Schools of America) 5/2022

DEI committee at VSRH 6/1/2023

Revised 08/11/2023