

Adult Urinary and Fecal Incontinence Guidelines

Incontinent of Urine and/or Solid Stool

SKIN BARRIER PRODUCTS

Use as first line of protection on perineal skin from incontinence related dermatitis

Skin Barrier Options

- Barrier cloth wipes
- Barrier spray
- Critic-Aid cream (dimethicone)



Containment Options

- Condom catheter
- Purewick
- Absorbent underpad
- Indwelling catheter (avoid when possible)
- Disposable brief/diaper (avoid when possible)

Incontinent of Liquid Stool or Diarrhea (short term management)

SKIN BARRIER PRODUCTS

Use as first line of protection on perineal skin from incontinence related dermatitis

Skin Barrier Options

- Barrier cloth wipes
- Critic-Aid cream (dimethicone)
- Zinc oxide based cream
- ILEX paste



Containment Options

- Absorbent underpad
- Rectal pouch
- Disposable brief/diaper (avoid when possible)

Incontinent of Liquid Stool or Diarrhea (long term management)

BOWEL MANAGEMENT SYSTEM

Incontinent of high volume or high frequency diarrhea >24 hours AND one or more of the following:

- Patient cannot toilet themselves independently (examples: spinal cord injury, too hemodynamically unstable to move, long term immobility, on ventilator)
- Diarrhea due to C. diff infection
- Previous methods of skin protection (barrier creams, rectal pouch) have failed.
- Patient has wounds or grafts that are likely to become contaminated with feces.
- Skin breakdown or at high risk of skin breakdown (Braden score 18 or less)

