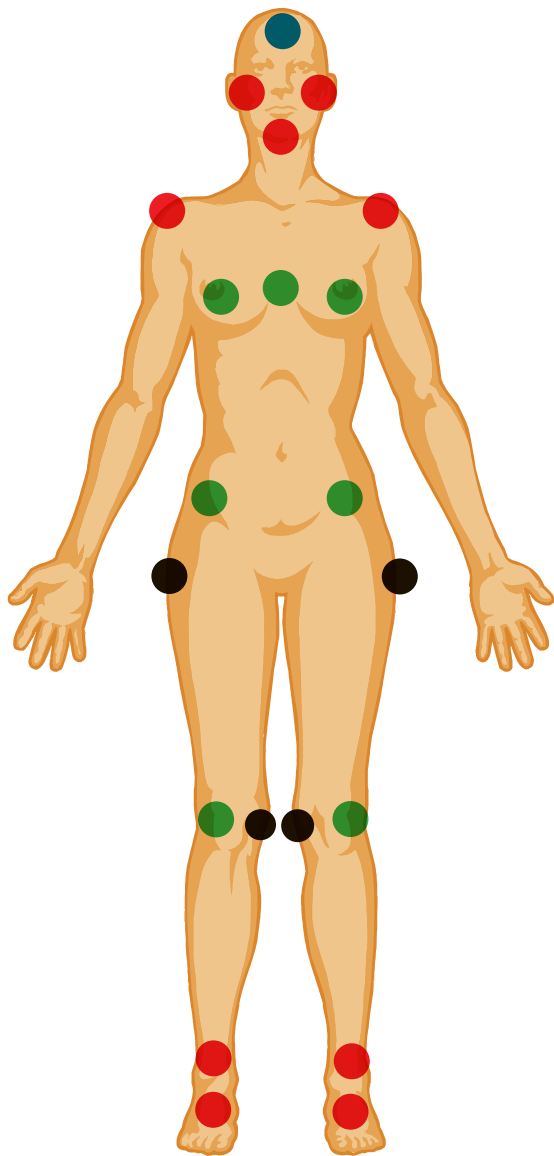
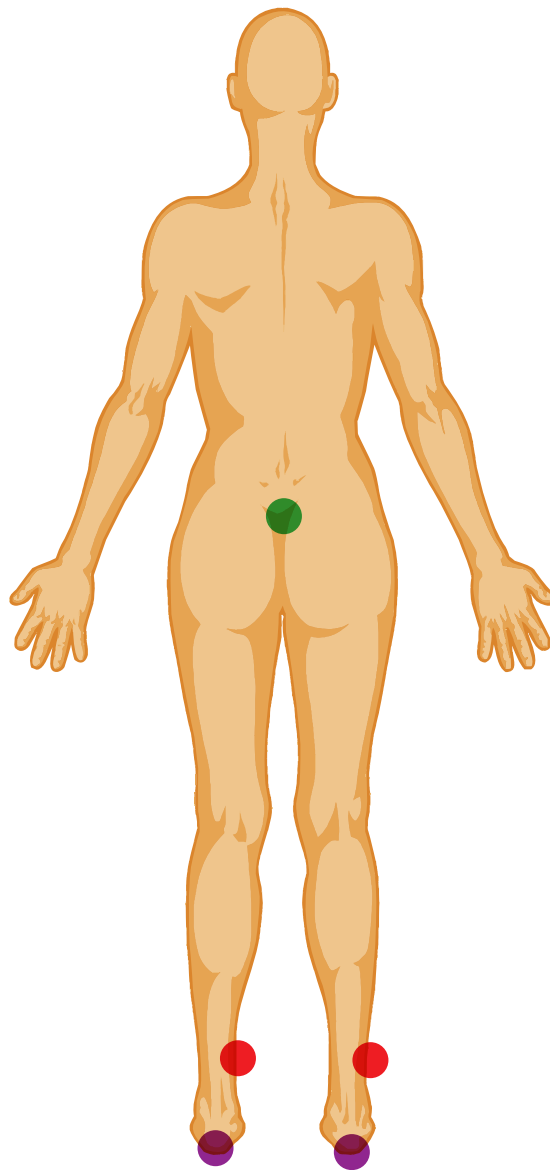


Anterior



Posterior



Facility Note: Use additional Mepilex[®] Border 4x4 to be used where needed

Products suggested for Prone Pressure Injury Prevention:

Mepilex[®] Border



Product Code	Size	Color
295300	4" x 4" (10 x 10 cm)	Red
295400	6" x 6" (15 x 15 cm)	Blue
295600	6" x 8" (15 x 20 cm)	Black

Area of use: Ears, nipples, around foley port, dorsal foot, elbows, cheek bones, knees, back of hands, eyebrows

Mepilex[®] Border Sacrum



Product Code	Size
282055	6.3" x 7.9" (16 x 20 cm)
282455	8.7" x 9.8" (22 x 25 cm)

Area of use: Sacrum, shoulders, chest, iliac crest, rib cage

Mepilex[®] Border Heel



Product Code	Size
282790	8.7" x 9.1" (22 x 23 cm)

Area of use: Heels

Preparation:

- Assess patient's individual risk factors for pressure injury formation
- Secure all tubes, drains, IV lines prior to prone/supine positioning
- Pad under devices with Mepilex[®] dressings
- Place EKG leads on back per hospital guidelines when patient placed in prone position

Assessment and Application Guidelines:

Prior to prone positioning:

- Perform head to toe skin assessment and document findings
- Document in EMR on Flow Sheet areas of breakdown/concern
- Cleanse and dry skin prior to dressing application
- No skin prep or barriers under dressings
- On preventative dressing initial, date, and place a "P" prior to placement
- Document prevention utilization in EMR (including specific location/dressing size)
- Once per shift and PRN: Assess skin under preventative dressings and document
- Consult wound care for any alterations in skin integrity
- Dressings to be changed every three days and PRN
- After prone positioning is discontinued may remove anterior dressings.
- Place Mepilex[®] Border Sacrum (8.7 x 9.8) and Mepilex[®] Border Heel, and if patient had prominent vertebrae, place Mepilex Border 4x12 (spine)

[^] When used as part of an individualized, comprehensive pressure ulcer prevention protocol