

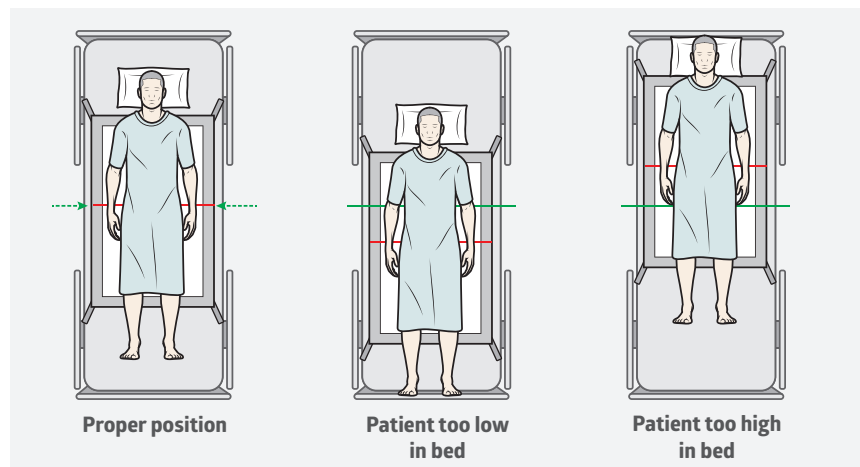
# ComfortGlide® Wedges

## Positioning instructions



### Wedges help standardize offloading practices

Always refer to your facility's patient handling policies before using a positioning tool

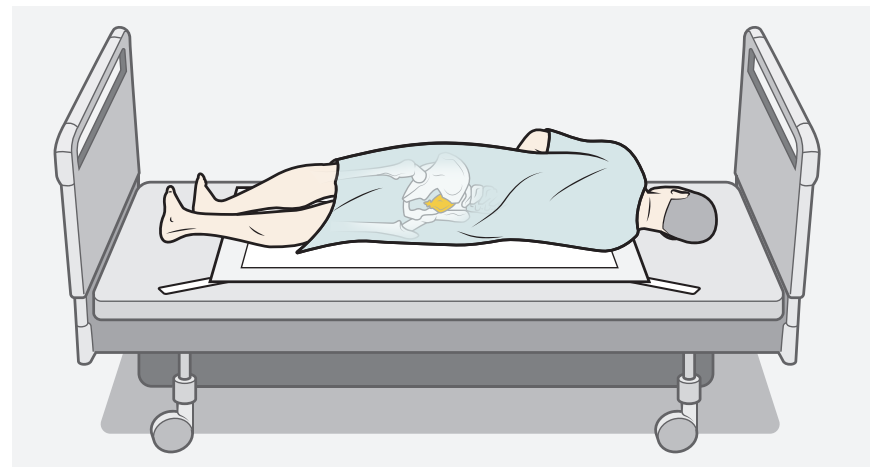


#### 1 Proper position

Position the patient's hips in line with where the bed bends.

Positioning guide:

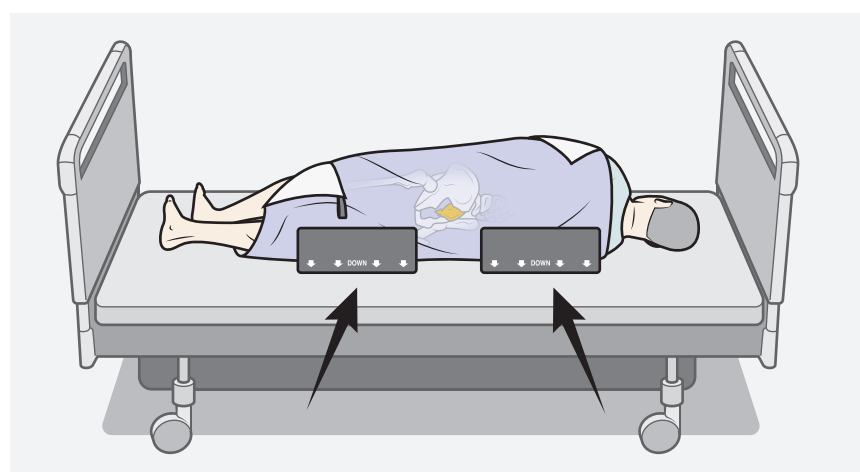
- Red line: Patient's hip position
- Green line: Optimal hip position



#### 2 Identifying the offloading areas

Slowly log roll the patient and identify their sacrum and coccyx.

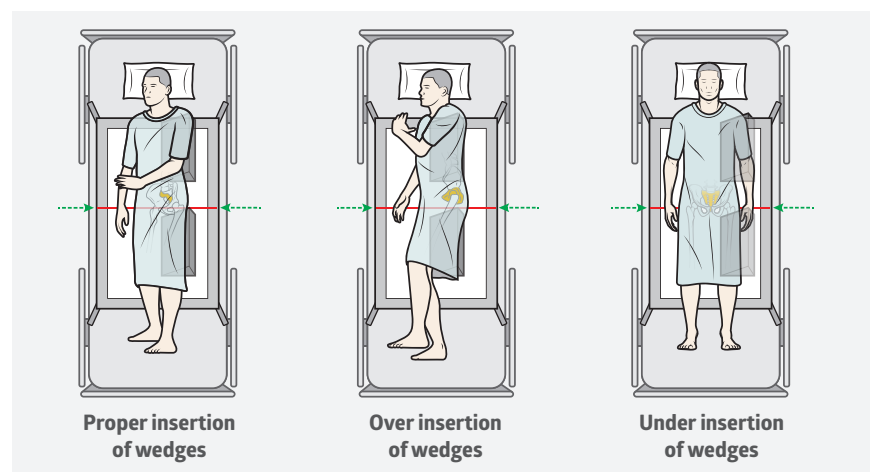
**Application Tip:** The sacrum and coccyx area is where the back curves out to mid gluteal.



#### 3 Applying the wedges

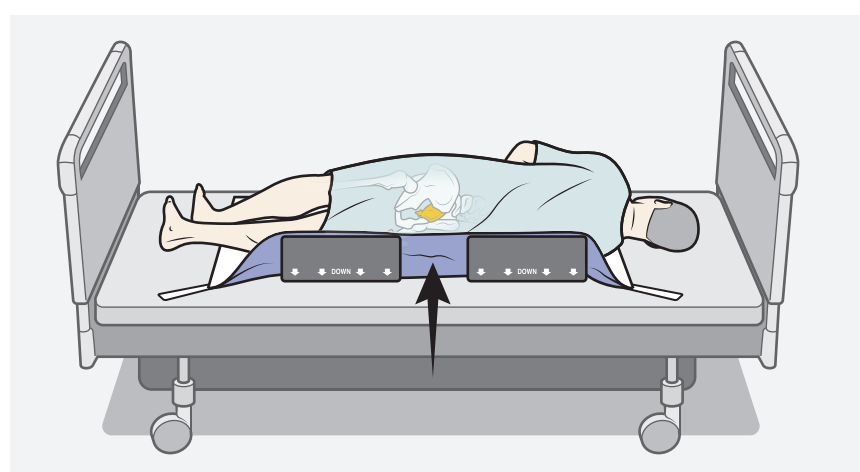
Wedges should be applied 2" above and 2" below offloading area.

**Application Tip:** Do NOT slide wedges into place. Wedges should be applied after the patient is log rolled.



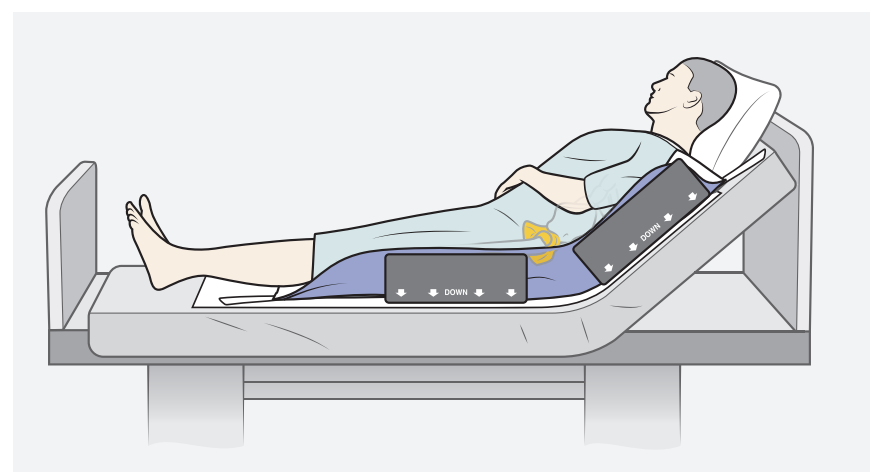
#### 4 Proper insertion of wedges

Do not over insert wedges. Most patients only need wedges inserted to their midline to float the sacrum and coccyx.



#### 5 Confirm proper offloading

Confirm proper offloading by placing your hand underneath the offloaded area. The patient's sacrum and coccyx should not be touching the bed, also known as "floating".



#### 6 Seated position

Place the patient in the desired seated position. The patient's sacrum and coccyx should still be floated.

1. ComfortGlide components are not designed for patient lifting, unless indicated.
2. For optimal efficiency, use ComfortGlide Wedges with ComfortGlide friction-reducing products and dryads.
3. ATTENTION: If using wedges with ComfortGlide, do not use a ComfortGlide sheet to slide the patient onto the wedges. Use log-roll method to place wedges under the patient.
4. Always follow your facility's guidelines for proper patient handling.



Please scan this code to watch the ComfortGlide Wedge instructional video.

Contact your Medline representative or call 1-800-MEDLINE.