

# VUH (Adult) Skin Care Incontinence Guidelines

## Incontinent of Urine and/or solid stool

Use as first line of protection  
on perineal skin

### Skin Barrier Options

- Barrier Cloth Wipes
- Barrier Spray (eg: 3M Cavilon spray)
- Dimethicone Cream (eg: Coloplast CriticAid cream)

### Containment Options

- Condom catheter
- Purewick
- Absorbent underpad
- Indwelling catheter (avoid when possible)
- Disposable brief/diaper (avoid when possible)

## Incontinent of Liquid Stool or Diarrhea

Short Term Management

### Skin Barrier Options

- Barrier Cloth Wipes
- Dimethicone Cream (eg: Coloplast CriticAid cream)
- Zinc Oxide Based Cream (eg: Calmoseptine, Boudreaux's butt paste)

### Containment Options

- Absorbent underpad
- Rectal Pouch
- Disposable brief/diaper (avoid when possible)

## Incontinent of Liquid Stool or Diarrhea

Long Term Management

### Bowel Management System

For patient with high volume or high frequency diarrhea >24 hours

AND

One or more of the following:

- Patient cannot toilet themselves independently (ex: spinal cord injury, too unstable to move, long term immobility, on ventilator)
- Diarrhea due to C. Diff infection
- Previous methods of skin protection have failed.
- Patient has wounds or grafts that are likely to become contaminated with feces.
- Skin breakdown or at high risk of skin break down (Braden score 18 or less)