

Occupational Health and the VUH Emergency Department present: Tip Sheet: VUMC Employee Bloodborne Pathogen Exposure: Evaluation and Follow-up

1. Immediate Treatment

- Upon exposure, first wash exposed area with soap and water.
 - If blood/body fluids get in your eyes, flush the eyes with water for a minimum of 15 minutes. Remove contact lenses before flushing. Do not reinsert lenses until Occupational Health or the Emergency Department provider says it is okay to do.





2. Confidential Medical Evaluation

- Following exposure, immediately seek medical evaluation
 - During normal business hours (Monday-Friday 7:00 am-5:30 pm): Contact the Vanderbilt Occupational Health Clinic (VOHC) by phone or proceed directly to the clinic at 640 Medical Arts Building.
 - Outside normal business hours: Proceed to the Vanderbilt Adult Emergency Department or Belcourt Walk-In clinic for immediate evaluation, or contact the Occupational Health provider on call (615-936-0955).
 - If exposed while in flight during a LifeFlight Fixed Wing Transport, call the VOHC provider on call (615-936-0955) for a treatment order and follow-up care.

3. Obtain Source Labs: Obtain Source Labs and send to the lab within **1 hour** of staff exposure.

Work with the source patient's primary team to enter orders as follows:

- **Inpatient, Community, Pre-Op/PACU:** Enter the following EPIC order: "Source Blood/Body Fluid Exposure Panel- Order tests on the SOURCE from whom blood/body fluid originated."
 - Community and VUMC Pre-Op/PACU: Accept and Sign the order to make the order active immediately. Do not "Sign and Hold" orders.
- **OpTime/Intra-Op:** Collect 3 tubes of the source patient's blood (2 red + 1 lavender). Place an ADT patient label on each tube. Document the specimens in the Specimen Note and complete an "Intraoperative Source/Exposure Lab Request Form."
- **Ambulatory:** Enter the following SmartSet: "Source Blood/Body Fluid Exposure" and place a check by all labs.
- Specific ordering instructions for each area are located in the following Hubbl Tip Sheets:

Inpatient	Pre-Op/PACU	Optime/Intra-op	Ambulatory
			

4. Notification of Supervisor:

- Notify your supervisor of the incident.
- Report the exposure to VUMC Risk and Insurance Management via Veritas: [VERITAS II \(vumc.org\)](https://veritas.vumc.org)

Additional Information

- Source Labs can be collected via a straight stick or obtained from a PIV or Central Line
- If you have challenges collecting Source Labs within 1 hour:
 - The source patient's unit Charge RN calls VOHC/ED/Belcourt Walk-In to provide updates and develop a Source Lab collection plan.
 - VUH Only: Use Mobile Heart Beat to identify staff members trained in Ultrasound Guided PIV placement: VUH Med US-Guided PIV RN, VUH Neuro US-Guided PIV RN, VUH RW US-Guided PIV RN, VUH Surg US-Guided PIV RN, VUH VHVI US-Guided PIV RN, VUH Women's US-Guided PIV RN
 - Additional IVT/Phlebotomy resources may include Paramedics, NPs, CRNAs, or MDs as available.
- Additional information is found in the [Bloodborne Pathogen Post-Exposure Evaluation and Follow-up \(SOP\) v.5 \(policytech.com\)](https://policytech.com) SOP
- Questions: Contact the Vanderbilt Occupational Health Clinic (VOHC) at 615-936-0955 or occupational.health.clinic@vumc.org