### Financial Resources

These resources may be able to assist with financial assistance for rent, utilities, food, etc:

- 1) **United Way: 2-1-1**
- Call this number to inquire about resources for any need in your area.
- 2) **NeedLink**: 615-269-6835, 1600 56<sup>th</sup> Ave North Nashville TN 37209
- NeedLink Nashville helps those in Nashville meet basic needs in times of crisis by providing short-term assistance and links to other resources.
- 3) **Ladies of Charity**: 615-327-3430, 2216 State St Nashville, TN 37203
- May be able to help with low-income material needs (store).
- 4) **Room in the Inn**: 615-251-9791, 705 Drexel Street Nashville, TN 37203
- Provides emergency and long-term assistance. Programs include Room in the Inn (shelter), educational programs, respite care, alcohol and drug treatment case management, guest house (shelter for people undergoing alcohol and drug treatment), day services (assistance with meals, shower, clothing, case management, etc.), Hispanic services.
- 5) Metro Action Commission: 615-862-8860. 800 2nd Ave North Nashville, TN 37201
- Can apply for assistance with rent or utility bills.
- 6) **Second Harvest Food Bank**: 615-329-3491, 331 Great Circle Road Nashville, TN 37228
- Help with Food; offer emergency food box sites
- 7) Catholic Charities: 615-352-3087, 2806 McGavock Pike Nashville, TN 37214
- Can help with low income material needs as well as baby supplies. Other programs include Refugee Services, Immigration Services, Hispanic Family Services, and Counseling Services.
- 8) Women, Infant, and Children (WIC): WIC clinics are located at the Health Departments (Lentz: 615-340-5619, Woodbine: 615-880-2299, South: 615-880-3210, East: 615-862-6626)
- Program provides nutrition education and food vouchers to pregnant and breast feeding women, infants, and children up to six years of age.
- 9) **Department of Human Services (DHS)**: Davidson County DHS (615-532-4000 or 615-743-2000)
- Contact your local DHS office to apply or inquire about eligibility for food stamps, TennCare, and Families First (cash assistance program for single parent families).
- 10) Martha O'Bryan Center: 615-254-1791, 711 S 7th St Nashville, TN 37206
- Assistance with rent/utilities/other financial needs (only for local zip code), food bank

### **Nashville Diaper Connection**

We collect diapers and distribute them through our community partners. By being intermediaries, we limit duplication of services, reduce administration expenses and work collaboratively to solve a **basic human need** at the community level. If struggling families need diapers, they often have other needs as well, which are best addressed through our partner agencies and their full continuum of care.

# Many of our partners have limited availability right now because of COVID-19. We recommend calling before visiting them.

### **Charlotte Park Elementary School**

480 Annex Ave, Nashville, TN 37209 615-353-2006

### **Buena Vista Elementary**

1531 9th Ave N, Nashville, TN 37208 615-291-6762

### **NeedLink Nashville**

1600 56th Ave N, Nashville, TN 37209 615-269-6835

### **Tom Joy Elementary School**

2201 Jones Ave, Nashville, TN 37207 615-262-6724

### **Maplewood High School**

401 Walton Ln, Nashville, TN 37216 615-262-6770

### Martha O'Bryan Center

711 S 7th St, Nashville, TN 37206 615-254-1791

### **Catholic Charities**

2806 McGavock Pk, Nashville, TN 37214 615-352-3087

### **Napier Elementary School**

67 Fairfield Ave, Nashville, TN 37210 615-291-6400

### **Connectus Health**

601 Benton Ave, Nashville, TN 37204 615-292-9770

### **Fall-Hamilton Elementary School**

510 Wedgewood Ave, Nashville, TN 37203 615-291-6380

### **Glenview Elementary School**

1020 Patricia Dr, Nashville, TN 37217 615-360-2906

### **Glencliff High School**

160 Antioch Pike, Nashville, TN 37211 615-333-5070

### **Legacy Mission Village**

5123 Nolensville Pike, Nashville, TN 37211 615-649-8858

### **Cole Elementary School**

5060 Colemont Dr, Antioch, TN 37013 615-333-5043

### **Antioch High School**

1900 Hobson Pike, Antioch, TN 37013 615-641-5400

### **Madison Middle School**

300 W Old Hickory Blvd, Madison, TN 37115 615-687-4018





# Building a community where everyone can thrive by nourishing, educating, and equipping our neighbors.

### **The Pantry**

Everyone needs help sometimes, and we are here to support families in their time of need. Each month, the Pantry provides fresh, nutritious food to over 1,000 families in the Greater Nashville area, giving them the peace of mind that comes from knowing there is food for their tables.

### **Service Hours:**

Monday, Tuesday, Wednesday, Friday, Saturday 10am - 2pm

### **English Language Learning**

Nashville is home to newcomers from many countries. Transitioning to a new community is difficult, and the inability to communicate makes it even harder. Our ESL program teaches adult learners to speak and write competently in English, so they can be confident when seeking employment, helping their children in school, and performing daily chores in their new homeland.

Day and evening classes are held online and in person throughout the week.

# Get involved in your community!



### Vounteer

Volunteers are a vital part of our organization. We couldn't serve our community without the warm hearts and willing hands of those who want to make a difference in people's lives. A volunteer at The Branch will meet people from all walks of life, gain valuable experience and insight into the Nashville community, and be part of bringing hope to our neighbors in need.

### **Donate**

The Branch believes that everyone has the right to flourish where they live. That's why we work hard to give people some of the tools they need - nutritious food, English language classes - to help families become financially and physically healthy. But we can't do this important work without your help.



Donate now to help a family in need.



By www.thebranchofnashville.org

# Community Food Resources



# Second Harvest Food Bank

Second Harvest has expanded their Emergency Food Box (EFB) sites. An EFB provides two to three days of staple food items based on the number of members in each household. During the pandemic, Davidson County residents can receive assistance as often as needed. Make sure to bring these with you:

- ID for all household members (driver's license, birth certificate, state-issued ID, etc.)
- Proof of address (piece of mail, bill, lease, etc.)

Additional information and to confirm pick up locations:

- secondharvestmidtn.org/get-help/
- thebranchofnashville.org/

# Tennessee Statewide Resource Network

One of the easiest ways to get help is by dialing 2-1-1, Tennessee's community services help line. When you call, you'll get a real person, one who is trained to help you sort out your needs, and then give you phone numbers and addresses of the closest places where you can get help.

Families have commonly received help meeting the following needs through

### Tennessee 2-1-1:

- -Rent Assistance
- -Food Resources
- -Legal Services
- -Clothing

**Visit tn211.mycommunitypt.com** for specific zip code information for you and your family.



# WIC (for children ages 0 to 4)

The Women, Infants and Children (WIC) Special Supplemental Food Program may be able to help you if you have a lower income and if you are pregnant, breastfeeding, or have small children. Please call ahead to make an appointment, Monday through Friday. There are 4 WIC locations in Davidson County:

**Lentz Public Health Center** 

(615) 340-5619

2500 Charlotte Avenue Nashville, TN 37209

**East Nashville Public Health Center** 

(615) 862-6626

1015 East Trinity Lane Nashville, TN 37216

South Nashville WIC Nutrition Center

(615) 880-3210

3718 Nolensville Road Nashville, TN 37211

**Woodbine Public Health Center** 

(615) 880-2299

224 Oriel Avenue Nashville, TN 37210

# Supplemental Nutrition Assistance Program (SNAP)

Families may apply for Supplemental Nutrition Assistance Program (SNAP) benefits at their local Department of Human Services county office or by applying on-line using the Family Assistance (FA) Online application.

Family Assistance Service Center:

(615) 532-4000 (Nashville area) (866) 311-4287 (Toll free)

Visit **onedhs.tn.gov/** to apply for SNAP benefits or to learn more about this great program!

## Aunt BERTHA: Connecting People and Programs

Find free or reduced cost services like medical care, food, job training, and more. Use your zip code to be connected to resources in your community!

Type in the search bar: auntbertha.com



This outreach is in partnership with MAZON: A Jewish Response To Hunger. MAZON is a national advocacy organization working to end hunger among people of all faiths and backgrounds in the United States and Israel.





### IT'S A FREE CALL

1-800-238-1443







### **VISIT US ONLINE**

www.las.org

### WE ALSO HELP WITH

- Consumer
- Employment
- Family and Domestic Violence
- Health, Income, and Education
- Housing
- Tax
- Elder Law Issues





# Problems with SNAP Food Stamps?

We can help.



### What is SNAP?

SNAP Food Stamps are help from the government to buy most foods in grocery stores. SNAP Food Stamps are not cash. SNAP Food Stamps are put on an electronic benefit transfer or EBT card each month. You use the EBT card like a debit card.



### We Can Help With:

Deductions of Medical Costs for those who are over age 60 or disabled

Denial of SNAP Benefits and/or wrong amount of SNAP Benefits.

**Program Violations** 

Benefits Reduced or Terminated

Citizenship Status and Elgibility for SNAP/Food Stamps

**Overpayments** 

Work Requirement Issues