

Principal Investigator: Your name
Study Title: title of your study
Institution/Hospital: VUMC

Version Date: todays date

Here is where you put the title of your protocol

Principle Investigator

Your name & title
Your affiliation (4 East, Surgical Step Down
Vanderbilt University Medical Center)

Your sub-investigator's name
Sub-investigators affiliation

Your sub-investigator's name
Sub-investigators affiliation

Your sub-investigator's name
Sub-investigators affiliation

Confidential

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Table of Contents:

- 1. Facilities**
- 2. Duration**
- 3. Specific Aims**
- 4. Background and Significance**
- 5. Preliminary Studies**
- 6. Research Design and Methods**
- 7. Human Subjects**
- 8. Informed Consent**
- 9. Potential Risks**
- 10. Risk Management**
- 11. Potential Benefits**
- 12. Risk-benefit Ratio**
- 13. Expense to Subject**
- 14. Bibliography**

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1. Facilities:

An Internet link to REDCap complete the questionnaire will be emailed to participants.

OR location

Vanderbilt University Medical Center, 4 East Surgical Step Down unit

2. Duration:

The study is anticipated to take six months for enrollment and data collection and four months for data entry, two months for monitoring and analysis.

3. Specific Aims:

The purpose of this study is to

OR

The aim 1 of this study is to examine nurses' beliefs regarding burnout workers effectiveness

OR

Study hypothesis...

4. Background and Significance:

This is the review of literature that you completed, what are the significant findings- what is currently known about your topic of interest-prevalence, impact, prior research findings?

Principal Investigator: Your name

Version Date: today's date

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Key references to support the significance of the problem your research will address

Why the study is important to nursing (could be improve the patient's experience, decrease cost of care, health outcomes, improve nursing practice)

What evidence supports the intervention or innovation your project uses?

Summarize the gap in the literature your project will address

5. Innovation:

How will your study result in actionable information for nurses?

6. Research Design: *Describe the study design-quantitative (descriptive, correlational, quasi-experimental, experimental) or qualitative (interviews, focus groups, surveys)*

Include type of sample:

Cross-section cohort-a large group of people single encounter

Linear cohort- large group of people following over a period of time

Convenience-patients on a unit that meet the criteria

Inclusion & Exclusion Criteria

Sample size

7. Methods (study procedures) : *This is a detailed step by step how you will identify and enroll patients to how you will complete the study list by visits and what will happen at each visit, you can also demonstrate the process in a table like the example listed below:*

Principal Investigator: Your name

Version Date: todays date

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Study events	Study visit 1	Study visit 2	Study visit 3	Final study visit
Complete consenting process, obtained signed consent	X			
Demographic information, past medical history, current medications	X			
Administer Tia Chi intervention		X	X	X
Survey on stress, satisfaction and healthcare status	X	X		X
Collect vital signs, height, weight	X	X	X	X

7. Human Subjects:

8. Informed Consent:

9. Potential Risks:

10. Risk Management:

The data for this study will be collected in a secured database linked to a web surveyor. The PI and Research Coordinator are the only people that will have access to the raw data. When the study is completed the data will be exported to an excel spreadsheet. This spreadsheet will then be given to our statistician for analysis.

11. Potential Benefits:

Principal Investigator: Your name

Version Date: todays date

Study Title: title of your study

Institution/Hospital: VUMC

There will be no direct benefits to the subject who responds to the questionnaire. There is a potential indirect benefit if the results of the study point to safer medical practices.

12. Risk-benefit Ratio:

There is no direct risk to the subject and, thus, the ratio is zero.

13. Expense to Subjects:

There will not be a direct expense incurred by the subject.

Bibliography (references)