

## VUMC Shared Governance endorsed Evidence-Based Practice (EBP) Model

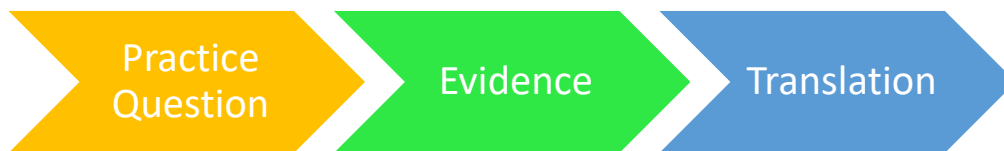
As VUMC nursing professionals, integrating current evidence into our practice is not something extra, it is what we do!

VUMC Shared Governance has endorsed the use of the Johns Hopkins Nursing Evidence-Based Practice Model (EBP) to guide our translation of evidence into nursing practice.

The VUMC Office of EBP & Nursing Research intranet webpage is full of resources to help VUMC nurses formulate EBP questions, search and summarize the literature and plan and carry out EBP activities on your unit or in your facility, using the Johns Hopkins EBP Tools.

<https://www.vumc.org/nursingebp/evidence-based-practice-ebp>

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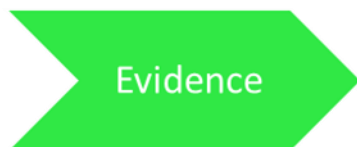
The Johns Hopkins EBP process is divided into 3 phases and 18 steps.

## PET – Practice Question, Evidence, Translation



### Phase I - Asking Practice Questions

- Step 1: Recruit inter-professional team
- Step 2: Develop and refine the EBP question
- Step 3: Define the scope of the EBP question and identify stakeholders
- Step 4: Determine responsibility for project leadership
- Step 5: Schedule team meetings



### Phase II - Reviewing the Evidence

- Step 6: Conduct internal and external search for evidence
- Step 7: Appraise the level and quality of each piece of evidence
- Step 8: Summarize the individual evidence
- Step 9: Synthesize overall strength and quality of evidence
- Step 10: Develop recommendations for change based on evidence synthesis

- Strong, compelling evidence, consistent results
- Good evidence, consistent results
- Good evidence, conflicting results
- Insufficient or absent evidence



### Phase III - Translation

- Step 11: Determine fit, feasibility, and appropriateness of recommendation(s) for translation path
- Step 12: Create action plan
- Step 13: Secure support and resources to implement action plan
- Step 14: Implement action plan
- Step 15: Evaluate outcomes
- Step 16: Report outcomes to stakeholders
- Step 17: Identify next steps
- Step 18: Disseminate findings