

Twinkle Twinkle Little Star

Skills Targeted

1. Calming ourselves down
2. Relaxing and bonding together
3. Small hand gestures

Dialogic Questions

1. When do we see the stars?
2. What else do we see in the sky?
3. How do lullabies make you feel?

Other Activities

1. Stargaze together at night
2. Sing this lullaby while putting a stuffed animal to bed
3. Sing this lullaby while rubbing your child's back or rocking them

