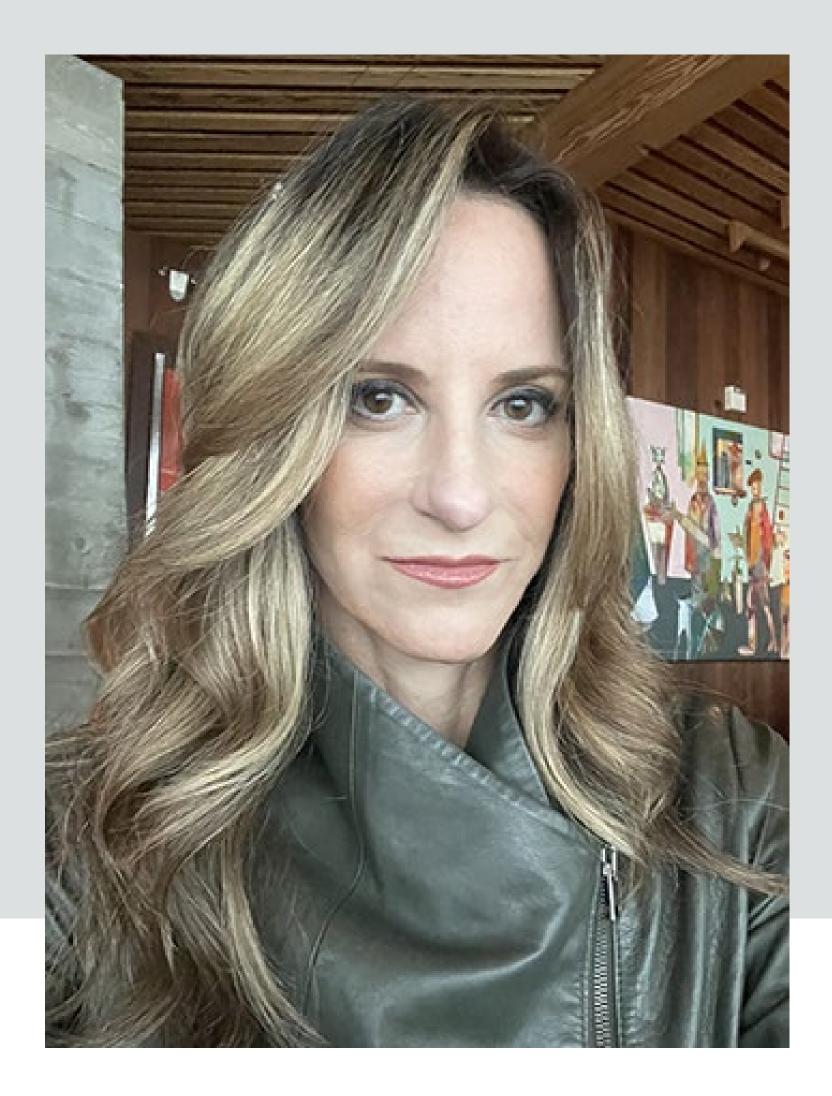
Anesthesiology Grand Rounds Lecture



Empowered Relief:

1-Session Pain Relief Skills Intervention for Acute and

Chronic Pain

Dr. Beth Darnall

Friday, December 16th, 6:30-7:30 am, 208 Light Hall

Sponsored by the Department of Anesthesiology and Vanderbilt Center for Musculoskeletal Research

After participating in this CME activity, participants should be able to:

- 1) Understand the need for brief, effective, skills based pain treatment people may receive in person or online
- 2) List 3 clinically meaningful benefits for Empowered Relief at in people with chronic pain 3 months post-treatment

3) Describe 2 clinical benefits (treatment outcome results) for Empowered Relief received by two surgical populations.

Vanderbilt University Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Vanderbilt University Medical Center designates this live activity for a maximum of (1) AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.