## 33<sup>rd</sup> Middle Tennessee Geriatric Update Conference

Schedule	
8-8:30 AM	Registration
8:30-9:30 AM	Session 1 Keynote: Evaluation of Intervention Models to Support Caregivers
	(Meghan Shephard-Banigan MSW, Duke/Durham VA)
9:30-10:30 AM	Session 2: Transitions of Care (Ed Vasilevskis MD, Vanderbilt)
10:30-10:45 AM	Break
10:45-11:45 AM	Session 3: Healthy Aging (James Powers MD, Vanderbilt)
11:45-12 Noon	Luncheon set up
12-1PM	Roundtables - Aging Matters – Healthy Aging, Age Friendly Housing -Facilitated
	by Community Leaders under direction of Dr. Powers
	At noontime we plan to show the 28 min documentary Aging Matters: Aging in
	Place https://www.youtube.com/watch?v=Kk6_9jDy1tE
	There will be breakout tables over lunch for a 20 min discussion, led by 5 topical
	table captains for tables of 10, among which conference participants will select
	a topic of interest related to aging concerns.

- Healthy Aging J Powers
- Public Policy, livable Communities Byron Kamp AARP
- Senior Housing, renovations Keith Branson, Westminster Home Connection
- Disability Community Sarah Sampson, Assoc Director, TN Disability Coalition
- Special Needs Population, LGBTQ Del Ray Zimmerman Program for LGBTQ Health at Vanderbilt.

1-2 PM	Session 4: Eldercare Coach for Employed Caregivers (Grace Smith LCSW, Council
on Aging)	
2-3PM	Session 5: Medical Legal Partnership for Advance Directive Promotion (Carrie
	Plummer DNP, Vanderbilt)
3-3:15 PM	Break
3:15-4:15 PM	Session 6: Wisdom of the Elders Narratives (David Schlundt PhD, Vanderbilt,
	Ifeoma Nwankwo PhD, Vanderbilt, James Powers, Destiny Birdsong, Vanderbilt)