“Health equity is achieved when every person has the opportunity to attain his or her full potential, and no socially determined disadvantages exist (CDC, 2008).” The health equity efforts of congregations include initiatives that promote the achievement of optimal health and well-being, as well as efforts that address the social determinants of health.
We are thrilled to be sharing with you an updated Faith-Based Community Resource Guide!

For the past two years, the Meharry-Vanderbilt Alliance (MVA) in partnership with the Nashville Health Disparities Coalition (NHDC) have presented the Faith & Health Summit. Congregational leaders and members from around Nashville came together to discuss how to help our community members achieve the highest level of health.

During each summit, the MVA and NHDC recognized the efforts of Nashville-based congregations to promote health equity and reduce health disparities for congregants and community members.

In this booklet, we have included an updated list of faith-based resources identified during the summits, as well as resources from other community-based organizations. These programs highlight the important work done in our communities, particularly the faith community, to create conditions that promote health equity.

All of the resources included are available for community members to use. We hope you find them helpful! We also plan to update the resource list periodically and encourage you to inform us of programs or resources that you would like to see in a future resource guide.

Special Thanks
To the programs and partners who contributed and have been instrumental to on-going additions and enhancements to this guide.

To add a resource to the guide, or to ask questions regarding the guide,
Please contact Jacquelyn Favours via email at jacquelyn.s.favours@gmail.com or call (615)963-2817.

Sincerely,

Jacquelyn Favours, MPH
Meharry-Vanderbilt Alliance, Community Engaged Program Manager

Cynthia Jackson, Ph.D.
Nashville Health Disparities Coalition, Co-Chair

Matthew Walker Comprehensive Health Center, Psychologist
<table>
<thead>
<tr>
<th>Faith-Based Resources: Food</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Food Bank</strong></td>
</tr>
<tr>
<td>Mt. Lebanon Missionary Baptist Church</td>
</tr>
<tr>
<td>222 Franklin Limestone Rd, Nashville, TN 37217</td>
</tr>
<tr>
<td>(615) 596-0456</td>
</tr>
<tr>
<td>Food is visible from entrance of church.</td>
</tr>
<tr>
<td><strong>Food Pantry</strong></td>
</tr>
<tr>
<td>Cleveland Street Missionary Baptist Church</td>
</tr>
<tr>
<td>608 Cleveland St, Nashville, TN 37027</td>
</tr>
<tr>
<td>(615) 227-1149</td>
</tr>
<tr>
<td>Every Fourth Wednesday 2-4pm</td>
</tr>
<tr>
<td><strong>Store House Program</strong></td>
</tr>
<tr>
<td>Second Missionary Baptist Church</td>
</tr>
<tr>
<td>1000 Halcyon Ave, Nashville, TN 37204</td>
</tr>
<tr>
<td>(615) 298-1832</td>
</tr>
<tr>
<td>Call church to ask about schedule.</td>
</tr>
<tr>
<td><strong>Thursday Community Meals</strong></td>
</tr>
<tr>
<td>St. John’s West UMC</td>
</tr>
<tr>
<td>6300 Charlotte Ave, Nashville, TN 37209</td>
</tr>
<tr>
<td><a href="mailto:stjohnswestumc@gmail.com">stjohnswestumc@gmail.com</a></td>
</tr>
<tr>
<td>stjohnswestumc.com</td>
</tr>
<tr>
<td>Pantry and Clothing Closet: Thursdays 3-5pm, Community Meal: Thursday 5:30pm</td>
</tr>
<tr>
<td><strong>Living Bread Box: Non-Perishable Food Pantry</strong></td>
</tr>
<tr>
<td>Payne Chapel AME</td>
</tr>
<tr>
<td>212 Neill Ave, Nashville, TN 37206</td>
</tr>
<tr>
<td>(615) 262-3675</td>
</tr>
<tr>
<td>Wednesday -Thursday: 6-7:30pm, Every Third Saturday: 1-2:30pm. Bring an ID.</td>
</tr>
<tr>
<td><strong>Community Meal and Meal-Planning Lesson</strong></td>
</tr>
<tr>
<td>St. James AME</td>
</tr>
<tr>
<td>1501 Straightway Ave, Nashville, TN 37206</td>
</tr>
<tr>
<td>(615) 226-2386</td>
</tr>
<tr>
<td>Occurs once per quarter on Sunday. Contact church for more information.</td>
</tr>
<tr>
<td><strong>Community Breakfast</strong></td>
</tr>
<tr>
<td>New Life Thru Christ Ministries</td>
</tr>
<tr>
<td>2406 Seifried St, Nashville, TN 37208</td>
</tr>
<tr>
<td>8a-10am</td>
</tr>
<tr>
<td>Occurs every 5th Saturday. Free and open to the public</td>
</tr>
<tr>
<td><strong>Educational Gardening Program for Children and Seniors</strong></td>
</tr>
<tr>
<td>Second Missionary Baptist Church</td>
</tr>
<tr>
<td>1000 Halcyon Ave, Nashville, TN 37204</td>
</tr>
<tr>
<td>(615) 298-1832</td>
</tr>
<tr>
<td>Call church for schedule.</td>
</tr>
<tr>
<td><strong>Church/Community Garden</strong></td>
</tr>
<tr>
<td>Mt. Lebanon Missionary Baptist Church</td>
</tr>
<tr>
<td>222 Franklin Limestone Rd, Nashville, TN 37217</td>
</tr>
<tr>
<td>(615) 596-0456</td>
</tr>
<tr>
<td>Food is given away each year. Call for details.</td>
</tr>
<tr>
<td><strong>Lunch Program</strong></td>
</tr>
<tr>
<td>Word of Life Christian Center International</td>
</tr>
<tr>
<td>4100 Clarksville Pike, Nashville, TN 37218</td>
</tr>
<tr>
<td>(615) 876-3086</td>
</tr>
<tr>
<td><a href="mailto:worship@wlcci.org">worship@wlcci.org</a></td>
</tr>
<tr>
<td>Women on Tuesdays, Men on Thursdays 11am to 1pm</td>
</tr>
<tr>
<td><strong>Meal and Bible Study</strong></td>
</tr>
<tr>
<td>Word of Life Christian Center</td>
</tr>
<tr>
<td>4100 Clarksville Pike, Nashville, TN 37218</td>
</tr>
<tr>
<td>(615)-847-5373</td>
</tr>
<tr>
<td><a href="http://www.wlcci.org/">http://www.wlcci.org/</a></td>
</tr>
<tr>
<td>Tuesdays 11-1pm women “Compassion in Action” and Thursdays “Fathers, Brothers in Action” 11-11pm.</td>
</tr>
</tbody>
</table>
Community Meal
Rocketown
https://www.rocketown.com/about
info@rocketown.org
(615) 843-4001
Family Dinner Tuesdays at 6:30pm
## Faith-Based Resources: Social Services

### Community Clothing Program
St. John’s West UMC  
6300 Charlotte Ave, Nashville, TN 37209  
[stjohnswestumc@gmail.com](mailto:stjohnswestumc@gmail.com) | (615) 356-1840  
[www.stjohnswestumc.com](http://www.stjohnswestumc.com)  
Thursdays 3-5pm

### Connection to Substance Abuse Resources
St. James AME  
1501 Straightway Ave, Nashville, TN 37206  
(615) 226-2386  
Visit church to get connected to resources.

### Mental Health of Middle TN
forinfo@mhamt.org  
(615) 269-5355  
Prevention curriculum in the community about mental health stigmas and decreasing prevention by K5-high school students.

### Spiritual, Emotional, and Educational Care for Cancer Patients
Echoes of Hope Nashville  
4636 Lebanon Pike #374  
Hermitage, TN 37076-1316  
(615) 926-0733  
[https://echoesofhopeinc.org/](https://echoesofhopeinc.org/)

### Rocketown
Youth devotional in the skate park  
Skate Church Tuesdays at 6:30pm  
(615) 843-4001  
[https://www.rocketown.com/about](https://www.rocketown.com/about)  
info@rocketown.org

### Nashville Youth for Christ
Character development and social services for youth ages 11-19 years old.  
(615) 320-7050  
jeff@nashvilleyfc.org  
Call, email, or visit website ([www.nashvilleyfc.org](http://www.nashvilleyfc.org)) for more information on how to register.

### Journey to Freedom/Restore Small Groups
Open to community members.  
(615) 925-3375  
office@restoresmallgroups.org  
Call, email, or visit website ([www.restoresmallgroups.org](http://www.restoresmallgroups.org)) for more information on how to register.

### Room at the Inn Hosting
St. James AME  
1501 Straightway Ave, Nashville, TN 37189  
(615) 226-2386  
Occurs once per month through winter months. Call church for more information.

### Room at the Inn Hosting
St. James AME  
1501 Straightway Ave, Nashville, TN 37189  
(615) 226-2386  
Occurs once per month through winter months. Call church for more information.
### After School Reading Program
Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Twice weekly beginning at 3pm. Call for more details and to join.

### Education Ministry: Free Classes (including health-related topics)
Second Missionary Baptist Church
1000 Halcyon Ave, Nashville, TN 37204
(615) 298-1832
Call church or visit website for schedule.
(http://smbc1000.org)

### After School Tutoring Program
First Baptist Church of East Nashville
601 Main St, Nashville, TN 37206
(615) 254-6268
All Ages, Occurs Wednesdays 5pm
Email Dr. Sharon Shaw McEwen for more information.
sshaw@mtsu.edu

### Bilingual Classes
Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Twice weekly from 3-5:30. Call for details

### Free Adult & Youth Programs
Nashville Public Library Southeast Branch & Community Center
5260 Hickory Hollow Pkwy #201, Antioch, TN 37013
(615) 862-5871
Visit website for calendar of events
https://library.nashville.org/locations/southeast-branch

### 8-Week Summer Camps for Children
Word of Life Christian Center International
4100 Clarksville Pike, Nashville, TN 37218
(615) 876-3086
worship@wlCCI.org
Call or email for more information.
https://camps.wol.org/youth-camps/

### Legal Clinic run by Local Attorney Volunteers
Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37217
(615) 596-0456
Occurs once or twice annually, 6-8pm. Call for schedule.

### Tutoring Classes
New Life Thru Christ Ministries
2406 Seifried St, Nashville, TN 37208
(615) 240-1510
Middle and high school tutoring and GED/college preparation in math, science and English.
Occurs Wednesdays 6pm-7pm*
*Individual sessions available, by appt. only.

### Summer Camp
Word of Life Christian Center
6 to 14 year olds
Contact: Bess White
(615) 847-5373
whitebess@bellsouth.net

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### Life Academy Bible College
Word of Life Christian Center
Offers: associates degree in biblical studies, bachelors and associates degrees in business administration, 90-day listenership course in real estate.
Contact: Bess White
whitebess@bellsouth.net (615) 847-5373
# Other Community Resources

| **Nashville Public Library**  
| Health & Wellness Programs  
| Free and open to the public.  
| Visit your local library’s webpage for hours and a calendar of events.  
| [https://library.nashville.org/locations](https://library.nashville.org/locations) |
| **Northwest Family YMCA**  
| 3700 Ashland City Hwy, Nashville, TN 37218  
| (615) 242-6559  
| Hours: Monday-Saturday: 5am-9pm  
| Sunday: 1-5pm |
| **My Health Care Home***  
| Visit this webpage to find a free or sliding scale clinic near you.  
| **Good Rx**  
| Use this directory to locate pharmacies near you with discounted prescription prices.  
| [https://www.goodrx.com/pharmacy-near-me/all/tn/nashville](https://www.goodrx.com/pharmacy-near-me/all/tn/nashville) |
| **Dispensary of Hope**  
| Use this directory to locate pharmacies near you with discounted prescription prices.  
| [http://dispensaryofhope.org/find-meds/](http://dispensaryofhope.org/find-meds/) |
| **Family Resource Centers***  
| These centers can connect you to providers of social and health services. This link will take you to a page to find Family Resource Centers close to you.  
| **Where to Turn in Nashville**  
| Use this guide to find resources around Nashville.  
| (615) 212-8876  
| [http://www.wttin.org/resources#](http://www.wttin.org/resources#) |
| **Metro Action Commission***  
| Provides resources to Davison County families in need.  
| (615) 862-8860  
| Hours: Monday-Friday: 8am-4:30pm  
| [www.nashville.gov/mac](http://www.nashville.gov/mac) |
| **Nashville Health Disparities Coalition**  
| Community-led organization working to empower communities.  
| [https://nhdcwebsite.wixsite.com/website](https://nhdcwebsite.wixsite.com/website) |
| **Tennessee Justice Center**  
| Free legal services to help enroll individuals in public assistance programs to get healthcare and nutrition assistance.  
| (615) 255-0331  
| Hours: Monday-Friday: 8am-5pm  
| [www.tnjustice.org](http://www.tnjustice.org) |
| **2-1-1 Tennessee**  
| To call, just dial 2-1-1  
| [tn211.mycommunitypt.com](http://tn211.mycommunitypt.com) |
| **Tennessee Disability Pathfinder***  
| Visit website to find free resources for residents with disabilities and their families.  
| 1211 21st Ave South, Ste. 539, Nashville, TN 37212  
| 1 (800)-640-4636  
| [www.familypathfinder.org](http://www.familypathfinder.org) |
Hope Clinic for Women*
1810 Hayes Street, Nashville, TN 37203
(615) 321-0005
info@hopeclinicforwomen.org
Hours: Monday-Friday: 8:30am-5pm*
*Closing time varies by day. Call or visit website for details.
www.hopeclinicforwomen.org

Family & Children’s Services*
201 23rd Ave North, Nashville, TN 37203
(615) 320-0591
Hours: Monday-Friday: 8am-5pm
www.fcsnashville.org

Sexual Assault Center*
Counseling and Education
101 French Landing Dr., Nashville, TN 37228
(615) 259-9055
www.sacenter.org

Presbyterian Church in Tennessee
222 3rd Avenue North, Nashville, TN 37220
(615) 256-4329
www.presbyterianchurchintn.org

Family & Children’s Services
201 23rd Ave North, Nashville, TN 37203
(615) 320-0591
Hours: Monday-Friday: 8am-5pm
www.fcsnashville.org

Hispanic Family Foundation*
3927 Nolensville Pk., Nashville, TN 37211
(615) 562-2222
Hours: 9am-5pm
www.hispanicfamilyfoundation.com

Gentlemen and Not Gangsters (G.A.N.G.)
Mt. Carmel Missionary Church
Mentoring for youth who are currently affiliated with gangs and on probation.
Contact: Bishop Marcus Campbell
(615) 636-0012
mt.carmelmbcnashville@gmail.com

Employment and Career Development – Job Bulletin
Mt. Lebanon Missionary Baptist Church
222 Franklin Limestone Rd, Nashville, TN 37212
(615) 596-0456
The bulletin is posted inside the church.

Financial Management and Home Buyer Education
Fifteenth Avenue Baptist Community Development Corporation
344 Jefferson St, Nashville, TN 37208
(615) 256-4329
Call or visit website (www.fabcdc.org) for more information on how to register.

Other Community Resources – cont.

Job Training and Career Assistance Programs
Fifteenth Avenue Baptist Community Development Corporation
344 Jefferson St, Nashville, TN 37208
(615) 256-4329
Call or visit website (fabcdc.org) for more information on how to register.

Faith Family Medical Center
326 21st Avenue North, Nashville, TN 37203
(615) 341-0808
FaithMedical.org
Monday – Friday. Cost from $20-$55. Call or go online to learn more.
### Other Community Resources – cont.

<table>
<thead>
<tr>
<th><strong>Developmental Disability Services</strong></th>
<th><strong>Healthy Families Tennessee</strong></th>
<th><strong>Nurturing Parenting-Prevent Child Abuse Tennessee</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Vanderbilt Kennedy Center</strong></td>
<td>In-home support for families (pregnancy through kindergarten)</td>
<td>In-home support for caregivers taking care of children 12 years or younger.</td>
</tr>
<tr>
<td>For individuals, families and the community.</td>
<td>(615) 383-0994</td>
<td>600 Hill Ave. Suite 202 Nashville, TN 37210</td>
</tr>
<tr>
<td>110 Magnolia Circle, Nashville, TN 37203</td>
<td>Call or visit website (<a href="http://www.pcat.org/support-for-parents">http://www.pcat.org/support-for-parents</a>)</td>
<td>(615) 866-0501</td>
</tr>
<tr>
<td>(615) 322-8240</td>
<td>for specific programs and details.</td>
<td>Call or visit website (<a href="http://www.pcat.org/support-for-parents">http://www.pcat.org/support-for-parents</a>)</td>
</tr>
<tr>
<td>Call or visit website (<a href="http://vkc.mc.vanderbilt.edu">vkc.mc.vanderbilt.edu</a>)</td>
<td>for specific programs and details.</td>
<td>for specific programs and details.</td>
</tr>
</tbody>
</table>

*Indicates bilingual services available.
ACKNOWLEDGEMENTS
The Faith and Health Collaborative

Clark United Methodist Church
Meharry Medical College
Metro Public Health Department
Nashville General Hospital
New Life Thru Christ Ministries
Open Table Nashville
Saint Thomas Nashville
Siloam Family Health Center
Vanderbilt University

EarthMatters TN
Meharry-Vanderbilt Alliance
Middle TN YMCA
Nashville Health
New Unity Church
Rooted Community Health
Second Harvest of Middle TN
Tennessee Department of Health
Vanderbilt University Medical Center
For more information about this Community Resource Booklet or to submit additional resources, please contact the Jacquelyn Favours at Jacquelyn.s.favours@meharry-vanderbilt.org or call (615) 963-2820.

Visit the NHDC website: https://nhdcwebsite.wixsite.com/website