October 17 - 21

Medical Assistants are the HEART of VUMC!
Ideas to celebrate their team and patient contributions...

Motivational Monday
Greet their week with a decorated workspace made up of appreciation notes and trinkets!
Pick a theme from crazy socks to sports teams!
Have the team wear it with pride in honor of your MA!

Team-Spirit! Tuesday
Treat your MA to a bit of self-care including soothing sounds, stretch breaks, or a mindfulness moment.

Wellness Wednesday
Continue to say thank you today and all year round!
MA of the Year recipients to be announced this day!

Thankful Thursday
Food is never out of fashion!
Celebrate the end of MA Appreciation Week with sweet treats or a potluck feast.

Foodie Friday

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