

# Maintaining your License

Continued Competence Requirements – *must show proof that nursing knowledge and skills are in order to protect public from harm.*

## Tips for Licensure Renewal

- Nursing skills include critical thinking assessment, evaluation, etc.
- Need 5 contact hours – can use journals and online continuing education
- Retired Nurse Association IS participating in the profession
- Volunteer work can be particularly relevant for retired nurses
- Church volunteer work – attention to the spiritual needs is part of the scope of practice.
- Political activity to improve the profession of health care.