

Rachel C. Forbes, MD, MBA

ADDRESS

Vanderbilt University Medical Center
912 Oxford House
Nashville, TN 37232
(615) 936-0404

EDUCATION

College:

Vanderbilt University, Nashville, TN
Bachelor of Science, *Summa Cum Laude*
May 2001 (Majors: Biology and Classical Studies)

Professional and Graduate Schools:

Vanderbilt University School of Medicine, Nashville, TN
Doctor of Medicine
May 2005

The Ohio State University, Fisher College of Business, Columbus, OH
Executive Masters of Business Administration
May 2013

Postgraduate Training:

Vanderbilt University Medical Center, Nashville, TN
General Surgery Residency, 2005-2010

Wexner Medical Center at the Ohio State University Medical Center, Columbus, OH
Transplant Surgery Fellowship, 2010-2012

Wexner Medical Center at the Ohio State University Medical Center, Columbus, OH
Surgical Critical Care Fellowship, 2012-2013

University of Delaware College for Marine Studies
Mentor: S. Craig Cary, PhD, 2000

University of Virginia Blandy Experimental Farm
Mentor: David Carr, PhD, 1999

MEDICAL LICENSURE

Tennessee

03/10/2009
Rachel Christine Forbes
44866

Ohio

05/03/2013
Rachel Christine Forbes
121115

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CERTIFICATIONS

2013 (anticipated) American Board of Surgery Certification, Surgical Critical Care
2012 American Society of Transplant Surgery Certification
2011 American Board of Surgery Certification, General Surgery

ACADEMIC APPOINTMENTS

Assistant Professor
Division of Kidney and Pancreas Transplantation
Vanderbilt University Medical Center, Nashville, TN
08/01/2013-present

HOSPITAL APPOINTMENTS

Vanderbilt University Medical Center, Nashville, TN 08/01/2013-present
Veterans Administration Hospital, Nashville, TN 08/01/2013-present

PROFESSIONAL SOCIETY MEMBERSHIPS

American Society of Transplant Surgeons
American College of Surgeons, Resident Member
American Society for Women Surgeons

Professional Activities:

Special Awards or Recognition
2013 3rd Place Clinical Forum, Ohio ACS annual meeting
2011 Beta Gamma Sigma, Business Honor Society
2005 H. William Scott, Jr Society Surgical Student Prize

Teaching Activities:

Transplant Teaching Conference, weekly conference for fellows and residents
Wexner Medical Center at the Ohio State University, 2011-2012

Transplant Module for medical students in the Lead, Serve, Inspire Curriculum
Wexner Medical Center at the Ohio State University, 2012-2013

PUBLICATIONS

Andreoni K, **Forbes R**, Andreoni R, Phillips G, Stewart H, Ferris M. Worst Results in the Healthiest Population: The Unmet Need in Adolescent and Young Adult Kidney Transplant Recipients in the United States. JAMA Internal Medicine 2013; 173(16): 1-10.

Hulbert A, Delahunty A, Rajab A, **Forbes, R**, Winters H. The Utilization of Sirolimus and the Impact on Wound Healing Complications in Obese Kidney Transplant Recipients. Clin Transplant. Submitted.

Forbes, R; Rajab, A; Pelletier, R; Henry, M. Long Term Outcome of Steroid Free, Calcineurin Inhibitor Free Maintenance Immunosuppression Based On Rapamune/Myfortic in Kidney Transplantation: A Prospective Study. Submitted.

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Ozcan A, Ware K, Calomeni E, Nadasdy T, **Forbes R**, Stoskar AA, Nadasdy G, Rovin BH, Hebert LA, Brodsky SV. 5/6 Nephrectomy as a validated rat model mimicking human warfarin related nephropathy. *Am J Nephrol* 2012; 34 (4) 356-364.

Schaefer, H; **Forbes, R**; Feurer, I; Shaffer, D. Early Steroid Withdrawal in Renal Transplant Recipients: The Effects of Race and Donor Type on Patient, Graft and Steroid-Free Graft Survival.

Ikard, R; Vavra, D; **Forbes, R**; Richman, J; Roumie, C. Management of Senescent Gynecomastia in the Veterans Health Administration. *The Breast Journal* 2011; 17 (2): 160-166.

Forbes, R; Meszoely, I. Inflammatory Breast Cancer. *Women's VU* 2007; 30 (2): 4.

Forbes, R; Pitchford, C; Simpson, J; Balch, G; Kelley, M. Selective use of intraoperative touch prep analysis of sentinel nodes in breast cancer. *The American Surgeon* 2005; 71 (11): 955-60.

Collier, B; Diaz, J; **Forbes, R**; Morris, J; May, A; Guy, J; Ozdas, A; Dupont, W; Miller, R; Jensen, G. The Impact of a Normoglycemic Management Protocol on Clinical Outcomes in the Trauma Intensive Care Unit. *Journal of Parenteral and Enteral Nutr* 2005. 29: 353-359.

Popels, L; Craig, S; Hutchins, D; **Forbes, R**; Pustizzi, F; Gobler, C; Coyne, K. The use of quantitative polymerase chain reaction for the detection and enumeration of the harmful alga *Aureococcus anophagefferens* in environmental samples along the United States East Coast. *Limnology and Oceanography* 2003. Methods 1: 92-102.

PRESENTATIONS

Continuous versus bolus tube feeds: Does the modality affect glycemic variability or insulin requirements? Presenting at Ohio ACS, May 2013

Critical Care Implications for Kidney Transplant Recipients. Renal Transplant Grand Rounds. Rhode Island Hospital, Brown University. Feb 2013

Pulsatile Preservation Parameters in ECD and SCD Donor Kidneys, Presented at ATC, June 2012
Sirolimus Use in Obese Kidney Transplant Patients Does Not Impact Wound Healing Complications, Presented with A. Hulbert at ATC, June 2012

Response to Therapy and Predictors of Graft Survival in Antibody Mediated Rejection. Presented with J. Von Visger at ATC, June 2012

Steal syndrome in primary placement of vascular access: a single center's experience over 10 years, Oral Presentation at VASA, May 2012

Living donor transplant mitigates the adverse impact of diabetes status in elderly (≥ 65 years) kidney transplant recipients. Presented at ATC, April 2011 in Philadelphia.

Steroid Withdrawal Protocol Effects over 3 Years in a Cohort of African American Patients Undergoing Kidney Transplantation. Presented at ATC, May 2010 in San Diego.

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Wandering Bullets: Case series of Bullet embolism. Presented at SESC, February 2010 in Savannah.

Comparative Analysis of Freestanding Ambulatory Surgery Center Utilization for Inguinal Hernia Repair. Presented at SAGES, April 2009 in Phoenix.

Primary Ileostomy Adenocarcinoma: Rare Condition After Proctocolectomy. Presented at the Society for Surgery of the Alimentary Tract, May 2008 in San Diego.

Primary Ileostomy Adenocarcinoma: Rare Condition After Proctocolectomy. Oral presentation at TN Chapter of the American College of Surgeons, July 2007 in Tennessee.

Use of Medical Services During Early Postnatal Life. Presented at the Pediatric Academic Societies Meeting, May 2003 in Seattle.

Developing a molecular probe: the detection and enumeration of *Aureococcus anophagefferens*. Presented at the American Society of Limnology and Oceanography, April 2001 in Albuquerque.