

Recommended car seats based on your child's age and size

Age (years)

Birth | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12+

Rear Facing Car Seat

Forward Facing Car Seat

Booster Seat

Seat Belt



Rear Facing Car Seat



Forward Facing Car Seat



Booster Seat



Seat Belt

Best practice is for children to ride in rear-facing car seats for as long as possible until reaching the weight or height limit allowed by the car seat manufacturer. Parents are often worried about the legs of a child getting injured in a motor vehicle crash. Children are not at an increased risk for leg injuries when rear-facing because they will find a comfortable position with their legs crossed or on the back of the vehicle seat.

Also, children should remain in a booster seat until he or she is big enough to fit in a seat belt properly. For most kids it will be when they reach 4ft 9 inches.

Information provided by [National Highway Traffic Safety Administration](#)