

SEEDS OF EQUITY

Presented by the Health Equity Workgroup
of the Healthy Nashville Leadership Council

PLANTING SMALL SEEDS OF CHANGE
TO ADVANCE EQUITY FOR ALL



WHAT IS THE SEEDS OF EQUITY TRAINING?

1-HOUR TRAINING

The Seeds of Equity is a one-hour training for businesses, decision-makers, nonprofits, grassroots organizations, health systems, academic organizations and others.

INTRO TO EQUITY

The Seeds of Equity training provides an introduction to equity, includes Nashville-specific examples and explains how using an equity lens improves health outcomes for all.



Source: Robert Wood Johnson Foundation



CALL TO ACTION

Participants are encouraged to get involved and advocate for equity at the individual, organizational and community levels.

SMALL SEEDS OF CHANGE

By the end of this training, participants have the awareness to begin to create more equity individually, organizationally and in their communities to improve health outcomes for all.

REQUEST A TRAINING



[Click here](#) to request a Seeds of Equity training.

Learn more at
www.VUMC.org/HealthEquity

