SEXUAL MINORITY WOMEN & PREGNANCY

LGBT health disparities are well-documented, but little research has focused on health care needs of sexual minority women during pregnancy.

5.3% of pregnant women are lesbian or bisexual, with annual births to sexual minority women totalling >210,000.

Pregnant sexual minority women are more likely to experience: barriers to care, worse health outcomes, and worse health habits like: cigarette smoking & mental distress.

More public health research and training programs are needed to ensure that perinatal care is inclusive of diverse families and sexual orientations.