

SEXUAL MINORITY WOMEN & PREGNANCY



LGBT health disparities are well-documented, but little research has focused on health care needs of **sexual minority women during pregnancy.**

5.3%



of pregnant women are lesbian or bisexual,

with annual births to sexual minority women totalling

>210,000

Pregnant **sexual minority women** are more likely to experience:



barriers to care



worse health outcomes

and worse health habits like:



cigarette smoking & mental distress



More public health research and training programs are needed to ensure that perinatal care is inclusive of diverse families and sexual orientations.

