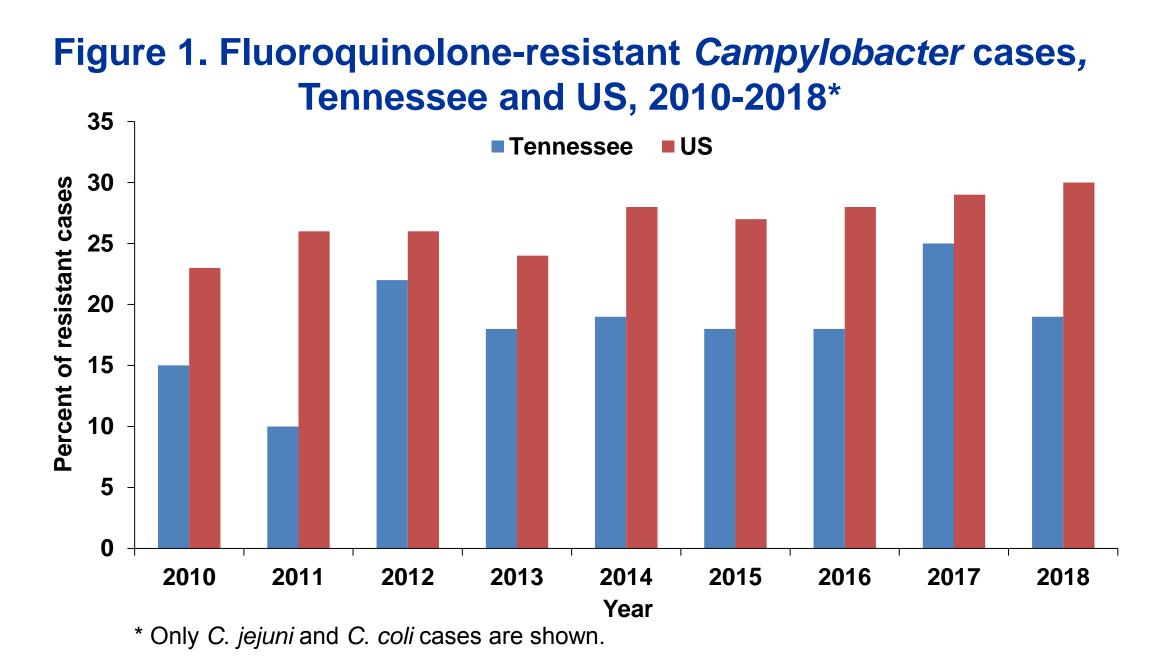
# Department of **Bealth**

### BACKGROUND

- Campylobacter causes an estimated 1.5 million infections each year in the US with approximately 448,400 (29%) infections caused by antimicrobial resistant strains
- Resistance to quinolones (*e.g.*, nalidixic acid and ciprofloxacin) has not changed in Tennessee in recent years (Figure 1). However, rates are still lower than the national trends
- Campylobacter infection is commonly attributed to consuming poultry products. However, past studies were limited for attribution
- Tennessee collected a standardized set of exposures on sporadic Campylobacter cases from 2016-2018
- We analyzed these data to test attribution hypotheses



### METHODS

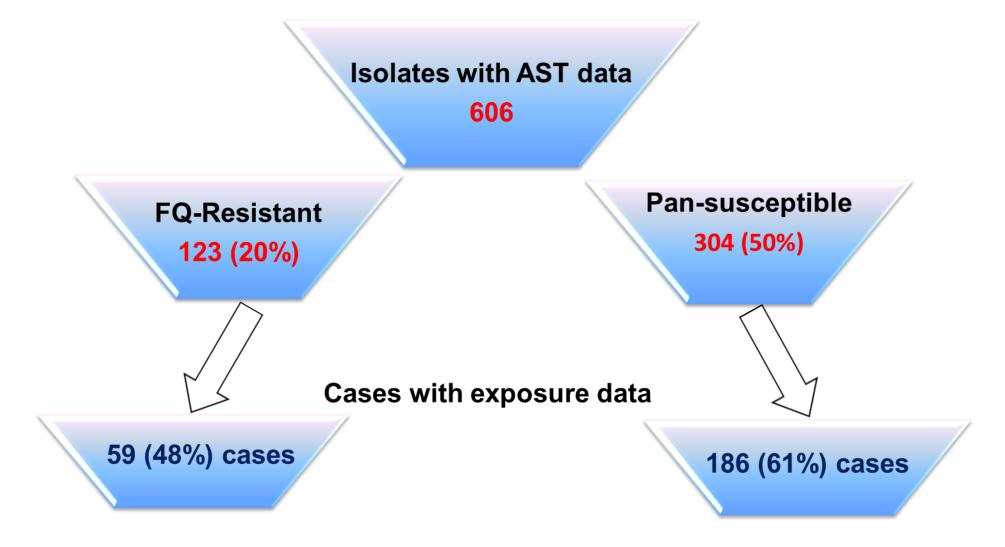
- Tennessee submitted all human *Campylobacter* isolates to CDC's National Antimicrobial Resistance Monitoring System (NARMS)
- Antimicrobial susceptibility testing (AST) and whole genome sequencing (WGS) were performed on the *Campylobacter* isolates
- Isolates with MIC  $\geq$  1 for ciprofloxacin and/or  $\geq$  32 for nalidixic acid or isolates with gyrA (86) gene, the common predictor of fluoroquinolone (FQ) resistance, were categorized as FQ-resistant cases
- Food/non-food exposures in the 7 days prior to the illness onset were compared between FQ-resistant cases and pan-susceptible cases. Outbreak-associated cases were excluded.
- Univariate analysis and cross-tabulation were performed to estimate the odds ratio (OR) and *p*-value using Epi Info 7

## Case-Case Comparison of Exposures among Fluoroquinolone-Resistant & Pan-Susceptible Campylobacter Cases, Tennessee, 2016-2018

### RESULTS

- A total of 606 *Campylobacter* cases had susceptibility profiles (Figure 2): 20% were resistant to FQ
- 50% had no resistance to antibiotics (pan-susceptible)
- Exposure history was available for about half of the cases in each group:
- 48 % of FQ-resistant cases
- 61% of pan-susceptible cases

### Figure 2. Fluoroquinolone-resistant and pan-susceptible *Campylobacter* cases with exposure data, Tennessee, 2016-2018\*



\* The remaining isolates, 179 (30%) of 606, were resistant to traditional antibiotics and were not included in this analysis

- All 59 FQ-resistant cases with exposure data were resistant to both ciprofloxacin and nalidixic acid by AST and included in the analysis (Table 1): 28 were also resistant to tetracycline
- 9 were also resistant to other traditional drugs.
- Genetic resistance patterns were available for 54 (92%) of 59 FQ-resistant isolates:
- 85% of them expressed gyrA (86) gene mutation

### Table 1. Phenotypic and genotypic profiles of Fluoroquinolone-resistant cases with exposure data, Tennessee, 2016-2018

Resistance pattern*	Number of cases identified by AST	Number of cases identified by WGS	<i>gyr</i> A (86) gene	
CipNal	22	19	16	
CipNalT	28	26	25	
CipNal + ≥ 2 more drugs	9	9	5	
Total * Cip (ciprofloyacip) Nal (palidivic act	59	54 (92%)	46 (85%)	

Cip (ciprofloxacin), Nal (nalidixic acid), T (tetracycline)

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Table 2. Most commonly reported exposures among FQ-resistant and pan-susceptible cases*						
	FQ-resistant cases	Pan-susceptible cases				
Exposure	(N=59)	(N = 186)	OR	<i>p</i> -value		
	n (%)	n (%)				
Food						
Handled raw fish/seafood	8 (14)	9 (5)	3.1	0.03		
Ate chicken/food containing chicken	48 (81)	126 (67)	2.1	0.03		
Ate any seafood	10 (17)	15 (8)	2.3	0.05		
Ate any fish or fish products	9 (15)	18 (10)	1.7	0.16		
Ate pork/food containing pork	25 (42)	63 (34)	1.4	0.15		
Drank pasteurized cow's/goat's milk	22 (37)	51 (27)	1.3	0.21		
Handled raw poultry	22 (37)	58 (31)	1.3	0.23		
Ate soft cheese as queso fresco/brie	12 (20)	30 (16)	1.3	0.28		
Handled raw meat	26 (44)	74 (40)	1.2	0.33		
Ate or drank any dairy products	48 (81)	145 (78)	1.2	0.36		
Non-food						
Reported international travel	9 (15)	7 (4)	4.6	0.00		
Visited/worked/lived on animal setting	13 (22)	31 (17)	1.4	0.22		
Used water from a private well	11 (19)	27 (15)	1.3	0.28		
Had household with diarrhea	8 (14)	22 (12)	1.2	0.43		
Had contact with any live poultry	12 (20)	37 (20)	1.0	0.53		

\* Exposures are sorted in order by magnitude of the OR from the biggest to the smallest

 Consumption of chicken (OR 2.1, *p*-value 0.03) and handling raw fish/seafood (OR 3.1, *p*-value 0.03) were significantly associated with FQ-resistant cases





- No significant differences among other food exposures noted
- Non-food exposures were reported by fewer cases.
- International travel was more likely associated with FQ-resistant cases (OR 4.6, p-value 0.004)

## CONCLUSIONS

- Pairing susceptibility data with exposure data was useful for testing hypotheses about *Campylobacter* source attribution
- Consumption of chicken and handling of raw fish/seafood were significantly associated with fluoroquinolone-resistant cases
- Fluoroquinolone-resistant *Campylobacter* infections can be acquired domestically or internationally

### LIMITATIONS

- Small sample size of isolates submitted to SPHL
- NARMS susceptibility data for some isolates were not available for analysis
- Limited exposure data collected from cases

### RECOMMENDATIONS

- Improve submission of Campylobacter clinical isolates to the SPHL for confirmation, molecular subtyping and susceptibility testing
- Whole Genome Sequencing (WGS) of Campylobacter isolates will provide additional predicted resistance data but must be coupled with rigorously collected exposure data to better understand the source attribution of different strains
- More control efforts are needed to understand and reduce fluoroquinolone resistance

### ACKNOWLEDGEMENTS

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