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## MY HEALTH AT VANDERBILT

My Health at Vanderbilt is a secure health information portal through which Vanderbilt patients can contact their physicians, request appointments, and view medical information and lab results. If House Staff are also patients of VUMC (including off-site locations), they may learn about it and sign up at <a href="https://www.myhealthatvanderbilt.com/">https://www.myhealthatvanderbilt.com/</a>.