

PERSONAL HEALTH AND WELLBEING – NEW PATIENT APPOINTMENTS

In order to take the best care of patients, a clinician also must attend to their own health needs and well-being. VUMC, both through its own services and those of the Vanderbilt Health Affiliated Network (VHAN), provides House Staff with numerous outlets to obtain primary health care services.

If a House Staff needs to establish themselves as a new patient with a Vanderbilt primary care physician, please send an email to pc4newHS@vumc.org and state that you are VUMC House Staff. You will get a reply email that may ask for any preferences you have. You also may sign up for My Health at Vanderbilt (the patient portal) and request a PCP through the portal at <https://www.myhealthatvanderbilt.com/>.

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For women seeking primary care through a VUMC OB/GYN practice, please contact the access center by calling (615) 343-5700 and identify yourself as a Vanderbilt House Staff.

For newly pregnant patients, you can participate in our maternity bundle. Information is available at: <https://select.vanderbilthealth.com/mymaternitybundle.html>.

VUMC health plan members now have access to a dedicated phone number for subsequent appointments or consultations — called Appointments Direct — that gives you preferred access to appointments with VUMC providers. Call (855) 724-2454 to schedule an appointment with a Tier 1 provider. <https://hr.vumc.org/news/appointments-direct-access-line-vumc-health-plan-members-now-available>

For Vanderbilt House Staff seeking providers within the Vanderbilt Health Affiliated Network (VHAN) but not specifically within VUMC, please refer to the Human Resources website, <https://hr.vumc.org/benefits>, for instructions on finding other providers within VHAN (all being Tier 1 level providers for all 3 VUMC-offered health plans).

For health care needs that are unexpected or immediate, House Staff can also use the Vanderbilt walk-in clinics. Find walk-in clinic options at <https://www.myhealthwalkin.com/>.

Effective: 07/01/2023
Page 2 of 2

If any questions regarding the above, please contact the GME office at gme.office@vumc.org.