

RESOURCES FOR THE IMPAIRED PHYSICIAN

Greater awareness regarding the impaired professional has led to increased recognition of addictions, depression, stress management, inappropriate anger displays, and behavior problems and a continued interest in the treatment of the impaired professional. Problems often manifest in ways that can harm the patients whom they serve, the institutions that employ them, their families, and the colleagues with whom they work. Physicians may have difficulty admitting their problems with drugs or alcohol, and may not get the help they need until a crisis is reached. Early interventions may be needed and if necessary, intensive treatment programs for the compromised professional can be made available. If advice or recommendations are needed, please contact the Faculty and Physician Wellness Program within Work/Life Connections-EAP at (615) 936-1327.

(See Medical Center Information, [Section VII.A.C.](#))