

FITNESS FACILITIES

THE DAVID WILLIAMS II RECREATION AND WELLNESS CENTER

For membership and operational information please visit vu.edu/vandyrec. For additional questions, please connect with the Director of the Rec at recdirector@vanderbilt.edu.

House Staff are eligible to receive partial reimbursement toward the cost of their Vandy Rec membership if: 1) all three (3) steps of the Go for the Gold program have been completed (Platinum benefit); 2) they enroll in the Vanderbilt Health Plan for the following calendar year; 3) they Join DWRWC or are an existing member; and 4) attend the DWRWC at least 30 days per quarter and document as outlined. All incoming House Staff joining the DWRWC will be immediately eligible for the Platinum benefit on their start date and until the end of the calendar year in which they are hired.

For details, please see <https://www.vumc.org/health-wellness/go-gold-incentives-vumc>.