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## RESOURCES FOR THE IMPAIRED PHYSICIAN

Greater awareness regarding the impaired professional has led to increased recognition of addictions, depression, stress management, inappropriate anger displays, and behavior problems and a continued interest in the treatment of the impaired professional. Problems often manifest in ways that can harm the patients whom they serve, the institutions that employ them, their families, and the colleagues with whom they work. Physicians may have difficulty admitting their problems with drugs or alcohol use or other circumstances that may impair their ability to provide safe patient care, and may not seek the help they need until a crisis is reached. Early interventions may be needed and if necessary, intensive treatment programs for the compromised professional can be made available. Mandatory referrals may be required in the event of impairment that may impact work or the workplace. If you have concerns about yourself or a colleague, please contact your Program Director, the DIO, or the Faculty and Physician Wellness Program within Work/Life Connections-EAP at (615) 936-1327.

(See Medical Center Information, [Section VII.A. Professional Conduct](#))