

Faculty and Physician Wellness Program



Experienced licensed clinicians elevating the psychological resilience in Vanderbilt faculty, physicians, and their spouses

Confidential Coaching and Counseling

- Stress
- Relationships
- Depression
- Burn out
- Career concerns
- Grief/Loss
- Anxiety
- Workplace conflict
- Alcohol and Substance Abuse

Critical Incident Stress Management



Departmental Resilience Skills Training

Performance Coaching



Management Consultation

<https://www.vumc.org/health-wellness/work-life>

Call **615-936-1327** to schedule a confidential appointment with one of our EAP counselors.

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