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OFFICE OF FACULTY DEVELOPMENT DEPARTMENT OF PEDIATRICS,
GME & OFFICE FOR DIVERSITY AFFAIRS

IMPORTANT FACTS TO KNOW:

- **Key Facts about Latinx.**
  - **Highlights**
  - The U.S. Hispanic population reached 62.1 million in 2020, up from 50.5 million in 2010
  - The number of Latinos who say they are multiracial has increased dramatically
  - The share of Latinos in the U.S. who speak English proficiently is growing. In 2019, 72% of Latinos ages 5 and older spoke English proficiently, up from 59% in 2000, specially among those born in the US

- **Economic contribution of Latinx to the US**
  - **Highlights**
  - Hispanic households earned more than $1 trillion. This allowed them to pay more than $252.2 billion in taxes, including $165.9 billion in federal
income taxes, as well as $86.3 billion in state and local taxes. After taxes, Hispanic households held more than $780.7 billion in spending power
- Hispanic immigrants are more likely to be entrepreneurs. Almost 12 percent of all Hispanic immigrant workers worked for their own business in 2017, making them 24.5 percent more likely to have their own business than the overall U.S. population. There were a total of almost 2.3 million Hispanic entrepreneurs in the United States in 2017.
- Hispanic immigrants contribute greatly to our country’s entitlement programs. In 2015, through taxes on their individual wages, the Hispanic immigrant population contributed $11.4B to Medicare and $46.1B to Social Security

- **Insurance in Latino Children**
  
  **Highlights**
  - Uninsurance rate of Latinx children in poverty level of 0-137% in 2019 was 11% in the nation
  - Honduran (24%), Guatemalan (18%) and Venezulan (15%) Latiinx Children have the highest rate of uninsurance
  - State-level policies play a key role in enhancing or limiting access to health coverage for Latino children. The five states with the highest rates of uninsured Latino children are: Mississippi (19.2 percent), Texas (17.7 percent), Tennessee (17.7 percent), Georgia (16.3 percent), and Arkansas (15.5 percent).

- **Latinx in Nashville**

- **Davidson County (Census Data)**
  - According to the 2019 census, Hispanic people make up about 10.4% of the population in Nashville
  - 15% Hispanic of residents in Davidson County 18 years and older have a Bachelor's Degree or Higher vs 52% NHW (Non Hispanic Whites)
  - Percent of Hispanics In Davidson County with Disabilities is 5.3% vs 12% of NonHispanic Whites (NHW) in Davidson County
  - Unemployment rate of Hispanic Population in Davidson County 2.6%
  - 27% of Hispanics live below the Poverty level compared to 8.9% of NHW in Davidson County
  - Percent of Hispanic Adults 18- 64 with insurance 62 % vs 93% NHW
  - 18% of Children 5-17 speak Spanish at home in Davidson County (10% higher than in the nation)
  - Percent of Preterm Births Hispanic 8% vs 9% NHW
- **CDC Facts regarding Latinx Health**
  - Hispanics or Latinos are the largest racial/ethnic minority population in the US.
  - Heart disease and cancer in Hispanics are the two leading causes of death, accounting for about 2 of 5 deaths, which is about the same for whites.
  - Hispanics have lower deaths than whites from most of the 10 leading causes of death with three exceptions—more deaths from diabetes and chronic liver disease, and similar numbers of deaths from kidney diseases.
  - Health risk can vary by Hispanic subgroup—for example, 66% more Puerto Ricans smoke than Mexicans.
  - Hispanics are almost 3 times as likely to be uninsured as whites.
  - The percent of Hispanic mother who smoke during pregnancy is 1.5% and for Non-Hispanic Whites is 8.8%
  - Obesity prevalence In Mexican-American Children 2 y old to 19 year old is 24.9 % among Mexican- American children vs 16.1% among non-Hispanic White children.
  - The Office of Minority Health reports among Hispanic Americans, the infant mortality rate ranges from 3.8 per 1000 live births for Cuban Americans to 5.6 per 1000 live births for Puerto Ricans. Puerto Ricans had a 20 % higher infant mortality rate as compared to non-Hispanic whites in 2018.
  - Central and South American mothers where 2.5 times as likely to receive late or no prenatal care as compared to non Hispanic white mothers.

**WATCH:**

- **Documentaries**
  - Once upon a time in Venezuela by Anabel Rodríguez Ríos

**Movies and Series**
• Motorcycle Diaries by Walter Salles
• La Llorona by Jayro Bustamante (on Amazon prime)
• Song without a name by Melina León (on Amazon prime)
• I am no longer here by Fernando Frías (on Netflix)
• Maria full of Grace by Joshua Marston
• Y tu Mama Tambien or Roma by Alfonso Cuaron
• A Fantastic Woman by Sebastian Lelio

Online Talks and Videos
• "Why do we say Latino?"
• Spoken Word Latino Voices
• AANHPI and Latinx
• Afro Latino

READ:

• You can get books (and movies) FOR FREE from the Nashville Public Library, offering ebooks, audiobooks, and curbside pick-up.
• Free Books in Spanish for Children

Non-fiction Books
• A Biography of Frida Kahlo by Hayden Herrera
• The House on Mango Street by Sandra Cisneros
• The Open Veins of Latin America by Eduardo Galeano
• The Motorcycle Diaries by Ernesto Guevara
• The Poet X by Elizabeth Acevedo

Fiction Books
• One Hundred Years of Solitude or Love in the Times of Cholera by Gabriel Garcia Marquez
• The Brief Wondrous Life of Oscar Wao by Junot Díaz
• The Undocumented Americans by Karla Cornejo Villavicencio
• The House of the Spirits by Isabel Allende
• Before Night Falls by Reinaldo Arenas
• Adios Muchachos: a Memoir of the Sandinista Revolution by Sergio Ramirez

Articles and Essays
• Editorial Providing equitable care to patients with limited dominant language proficiency amid the COVID-19 pandemic. L.C. Diamond et al. [Brief Editorial] https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7304953/

LISTEN:

Podcasts and Interviews
• Alt Latino NPR- spotlight on Latinx arts and culture
• Cafe con Pam podcast
• Latina to Latina podcast

Podcast in Spanish
• El Hilo
• Radio Ambulante

EAT:

• 2021 InterNASHional Dining Guide for restaurants from all different nationalities
Plaza Mariachi - food, drink, dancing, events

ACT:

Resources to Support Children and Families
- [Your Kids Aren’t Too Young to Talk About Race: A Resource Roundup](https://example.com) by Katrina Michie
- [Talking Race with Young Children](https://example.com) from NPR
- [Talking to Children about Separation at the Border](https://example.com) from Common Sense Media

Local Organizations to Follow and Donate
- Tennessee Immigrant and Refugee Rights Coalition
- Tennessee Justice for Our Neighbors
- Tennessee Justice Center
- Conexion Americas
- Nashville Area Hispanic Chamber of Commerce
- Hispanic Family Foundation
- Siloam Health
- STEPS TN- Spanish advocates Empower parents with information and training to support Children in Special Education (bilingual advocates)

National Organizations to Follow
- UnidosUs

Excellent Resource Sets to Continue Learning

Policies:

Important policies affecting the Latinx community, both locally and abroad
● DACA
  ○ What is Daca? (Video 3:06)
  ○ Who are the Dreamers?
  ○ DACA stories in Nashville (Tennessee Community)
  ○ Growing up as an undocumented youth in America
  ○ Dreamers in Nashville
● Unaccompanied Minors
  ○ Who is an Unaccompanied Child? (National Immigrant Justice Center)
  ○ Facts and figures: Unaccompanied Children (Amnesty International)
  ○ Unaccompanied Children Explained (Video 3:11)
  ○ Nashville and unaccompanied minors
● Public charge
  ○ What is Public Charge and How Does it Affect Patients?
  ○ Public Charge and Effect on Immigrant Families in Nashville
  ○ Resources
● Child Tax Credit American Rescue Plan
● The Bar Act and Resources

INTERSECTIONALITY:

LBGT Latinx and Resources
Latinx with Disabilities