

Role of PT/OT in the acute care setting

Elena Schiro, PT

What is PT?

- **Gait**
- **Strength**
- **ROM**
- **Balance**
- **Transfers**
- **Endurance**



What is OT?

- **ADLs**
- **IADLs**
- **Functional Cognition**
- **Visual perceptual deficits**



Appropriate Orders

- Anticipate discharge to rehab
- Recent falls
- Over 70 admitted for > 48 hours.
- Prolonged hospital stay with immobility.
- Significant change in medical status

PT is NOT....



Inappropriate Orders

- Patient refuses to get OOB or participate
- O2 sat check with ambulation
- PT/OT consult not required for return to a Nursing Home.
- Patient is dependent/total care at baseline.

Tips when ordering therapy



R_x

Discharge Options

- Inpatient rehab
- Skilled Nursing Facility (SNF)
- Long Term Acute Care (LTAC)
- Home Health PT and OT
- Outpatient PT and OT
- 24/7 care

Inpatient Rehab

- I.e Stallworth
- Patient must be able to tolerate 3 hours of therapy daily
- Need PT and OT consult

SNF

- Patient can only tolerate 1 – 1.5 hours of therapy daily
- Needs PT and OT consult

LTAC

- Vent weaning and/or complex wound care
- Receives therapy daily as appropriate
- Do NOT need PT/OT consult

Home Health

- Patient is home bound
- Receives therapy 2-3x's/week
- Do NOT need PT/OT consult

Outpatient

- Patient has transportation
- Receives therapy 2-3x's/week
- High level activity

24/7 care

- Family/friends/sitters to provide 24/7 supervision and assist
- Short term (ie a couple days to a couple weeks).

ANY QUESTIONS?

